The Amazing Work Of Leonora Carrington

BY EDGAR GONZALEZ

Have you been to the San Jose del Cabo Marina? If your answer is yes you probably have seen the beautiful sculptures and paintings adorning the walkways. These are all original pieces created by famed artist Leonora Carrington.

You have seen them right? You know, the ones with people with bird heads ... or birds with a human body? Whichever it is they are often in very grim panoramas or dreamy gardens seemingly doing secret magical rituals.

Leonora Carrington was an English artist and later nationalized Mexican. She is most famous for her paintings but her work also includes sculptures, engravings, set designs, costumes, tapestries and jewelry. She also did work in the form of theatre, novel and short stories. She thought of humans as the worst of animals, as we are always destroying nature.

Miss Carrington was a part of the surrealist movement of the 20th century and had a close relationship with some of the most important representatives of this artistic current, this included Dalí, Tanguy, Picasso and Breton, not to mention her first husband Marx Ernst.

She was a feisty one too. In an interview, she said that one time Miró (also part of the gang) gave her some money and told her to go and buy some cigarettes, she gave him the money back and told him to bloody go get them.

Local Resort Adorns Its Landscape With A Sculpture

Sculptor Arturo Berned (Madrid, Spain, 1966) was in San Jose del Cabo last week to supervise the installation of his very heavy “Head Meccano” metal sculpture at an esplanade of the still-under-construction Ritz Carlton, located within the Puerto Los Cabos development.

Berned is an architect and sculptor whose work is based upon the reinterpretation of both shapes and metal. With an abstract approach, his works are conceived on the basis of the laws of mathematics and highly symbolic geometric impulses, the result of which is a series of works created on the basis of the golden ratio (also known as the golden number or phi).

Graduating in Madrid in 1993 with a Degree in Architecture, it was in 2000 that he began to seriously follow his vocation for sculpting. Since then he has produced an intense body of sculptures, most

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Cinco de Mayo is almost here! And you can enjoy it by building a sand castle, eating hot-dogs and hamburgers, drinking cold beer, or choosing from a secluded, romantic hotel restaurant menu.

The VidaSoul hotel and its Crossroads restaurant are celebrating Cinco de Mayo with a sand castle competition that has for several years, been all-day fun for the family with live music, ocean and pool swimming, pinatas and lots of food.

The sand castle competition starts at 12 p.m. and is always a fun activity for children and their parents. VidaSoul is located about an hour drive from San Jose, and it’s a fun drive for 4x4 vehicle fans, although you can get here in a 2x4 car, SUV or pick up truck. Food is delicious, the live music is a treat, the beach is secluded and you can either book a room in the hotel or their ocean-front suites with a huge bathtub, or simply camp in the area and use their facilities if you buy some food and booze from them.

For reservations or information contact them at info@vidasoul.com, joan@vidasoul.com, www.vidasoul.com. By phone local 624 154-6966 for English or office 624 142-1165 for Spanish. U.S. numbers 626-840-0485 or SKYPE 415 670-9068 or What's App. See you there!

Sick of car wrecks.

Did you read our email on car wrecks just recently? No? Oh, c’mon, wise up! You can subscribe to receive the latest news on your email by going to www.gringogazette.com. Well, in recent months, there have been up to eight car accidents on the four-lane that goes from Cabo San Lucas to San Jose, sometimes involving several vehicles. People have died.

Although the speed limit is 90 km/hour, some vehicles go as fast as 140, aware that very few highway patrols are doing their rounds.

There are no stoplights, and nobody is watching. So, why not? But many residents, civic and business associations are tired of this and are putting pressure on both, the city and the federal government. As a matter of fact, last Sunday a caravan of vehicles demanding more control over speed paraded from the entrance to Cabo San Lucas to Punta Ballena and back.

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Hunker Down!

Twenty four storms are forecast for this hurricane season. The season stretches from May to November, but realistically, we only need to pay attention in late August and September. Hope we didn’t just jinx the season.

A list of names has been issued for the coming season, most of them boring. Why not a Jose or a Jesus? We would love to write about the coming of Jesus. Or Flossie, we could get flossed by Flossie. Then there’s Henriette. She sounds like trouble just standing still.

What to Do If You Find Two Grand.
An honest Mexican lady, Vanessa Gama, found an abandoned briefcase at the parking lot of the Home Depot store in La Paz. When she opened it, she saw in excess to $2,000USD, in pesos.
She took the briefcase home, and since there was a guy’s name tag inside, she looked for him on social media, until she found him the next day and contacted him.
The lucky guy showed up to pick it up and offered her $250 as a reward, which she refused. He then gave her a bottle of wine and another one of mezcal in appreciation for her honesty.

Red Cross Alert.
“Red Cross Needs Your Help,” reads this year’s slogan to begin the can-shaking fundraiser for the Los Cabos Red Cross, which by the way, turns 45 years old in our community.
By now you have probably seen several youngsters at the main street crossroads shaking a white plastic can with the Red Cross logo on it. You are welcome to donate as much as your heart can afford, as the Red Cross in Mexico is formed mostly by unpaid volunteers. The city government pays only for gas and some mechanic work.

For information.

Last year, Los Cabos Cruz Roja attended more than 3,200 free services and conducted more than 1,000 training courses for its team members. Be ready to help, you never know when you might need them.

All That For A Canuck.
A Canadian guy was fishing 35 miles offshore when he got an owie in his ear. The crew called for a rescue, and the Navy went out and fetched him back in a hurry.

Here are our questions: Why didn’t the boat he was on, the Yellowknife, just hurry him into shore rather than wait for the Navy to arrive? And why didn’t someone think to pass the guy a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there a QTip? QTips can fix any ear problem if you jam them in there.

Go Back! Go Back! Wrong Way!
A dazed and confused whale entered the Cabo marina last week, just cruising around like it was his own back yard.
At first, we’re watching and thinking, boy, this is a big mistake. Then we’re thinking, why is this a boo boo? Who’s going to object to him in the marina? Is somebody going to drop a bailed hook? Probably not. But someone might toss him a fish, just like we do with the seals and seagulls. Maybe this big guy wasn’t dazed and confused, maybe he was just smart.
But apparently, that was not a great survival strategy because after a few hours he paddled back out to sea, just like he knew where he was all the time.

$422 Fine!!
Some 40% of drivers use cell phones while driving, and cell usage is now the number one cause of road accidents, more than even drunk driving.
The city has passed Bill 10 to 2 that punishes the use of cell phones with a fine of 8,449 pesos, which comes to more than $400 USD.

24,000 people in Mexico die each year due to distracted driving, mostly young people between 15 and 29 years old. But that’s not to say a young person couldn’t take you out while not paying attention, so drive defensively.

Watch, But Don’t Touch.
The honcho at the State Commission for the Protection Against Sanitary Risks (COEPRIS), chastised hotels for not making use of treated gray water on their landscaping.
She also acknowledged there are many stinky sewer spills around Los Cabos and assured us her office is watching these. COEPRIS is “monitoring the situation” and they “intend to carry out an anticipatory work to prevent the situation from worsening.”

“We are monitoring everything that has been spilling of sewage, especially those areas where spills are frequent, to have an anticipatory work,” she concluded.

Monitoring? Watching? Anticipating? Really? May we suggest you pull on your rubber boots and your big rubber gloves and wade in and fix it?

Now We Have To Learn Chinese?
We barely have a semi-rip on Spanish and now we have to deal with Chinamen, who have sent a new Uber-like service from China. It’s called Didi, which probably means something like ‘Foolish Tourist’ in Chinese. We put it through Google translate and came up with this: ‘DI. Hmmmm...’

PRMEDICA have a 3-5 day vacation packages that have been specifically designed so you and your loved one can combine your stem cell treatment with a wellness vacation at a top-rated Golf and Spa Beach Resort or luxury villa in Cabo San Lucas. Includes stem cell therapy, spa treatments, golf, fishing and personal concierge service. For more information about the stem cell therapies and wellness vacation packages visit the website www.prmedica-inc.com or send email info@prmedica-inc.com.
City gives prize to delinquents.
Or not? The La Paz city government announced with great fanfare that those residents who are behind in payments of their water supply will not be punished if they show up and pay their debt on time.

This means the fines and interest will be waived. Along with paying their debt with no penalties, those residents must sign a document stating that from then on, they will pay their water bills on time.

“We want to help our citizens and improve both their economy and their quality of life,” said Mayor Ruben Lopez Obrador, known as AMLO, adding that “... in the time we've been in government there have been no frequent strikes, children have continued to have classes and there has been no major issue."

Teachers’ pay had been docked in the past if they didn't show up in the classroom, a measure coherent with the Education Reform approved under former President Peña Nieto's administration to reduce strikes and protests.

The president stressed that “this is what democracy is like; when there are no more strikes it means that the political system is dead ... there must be demonstrations, different points of view ... this is democracy.”

AMLO also explained that his administration is considering analyzing a rule that prohibits the payment of salaries to teachers assigned to positions in the union. At present they must be physically present in the classroom to get paid. The policy was part of the 2013 educational reforms, “and we are for its complete cancellation, all of its policies.”

That's what CNTE members are hoping as they begin another protest today outside the Chamber of Deputies. A spokesman said teachers will continue to protest until “not even a comma remains” of the education reform of 2013. Union leaders had announced that 40,000 teachers would march at today’s rally, but the newspaper Reforma said about 1,500 turned up.

Beer truck accident becomes a gift.
An overturned beer truck was cause for celebration last week in Santa Cruz, Campeche, in Southern Mexico. About 100 people soon arrived at the scene of the accident on the Campeche-Mérida highway and carried away as much as they could. Some couldn’t wait to get home and cracked open some beers on the spot, including a woman who had to rest from the strenuous task by popping open a can and quenching her thirst.

The pillaging did not stop with the beer strewn on the roadside. Even the truck’s tires were stolen.

When state and municipal police arrived they cordoned off the area but did not intervene or attempt to stop the theft. Questioned by reporters, residents declared that stealing the beer mattered little to them.

Three young men walked away with signs from the Revolution park towards the water supply agency in La Paz, protesting for water.
The Cigar King of Cabo

BY FERNANDO RODRIGUEZ

One of the best, if not the ultimate cigar maker in Cabo San Lucas, is 25-year old Ulises Castillo, who rolls the finest tobacco in front of Pancho’s Restaurant on Miguel Hidalgo Street. The soft-spoken, Ulises, originally hails from San Andrés Tuxtla, Veracruz, and has been hand-rolling cigars for 5 years. An art and a trade he learned from his family, who have been in the cigar rolling industry since before he was born.

“My family sends me tobacco from my home town of San Andrés Tuxtla, Veracruz, but I also get tobacco from Nicaragua and the Dominican Republic so I can make different “blends” and get a more complex flavor and therefore offer a mixed variety for people to choose from,” said Ulises.

“I am only at the Pancho’s location, once a week, specifically on Tuesdays, and have been rolling cigars there for about a year now,” he added.

“Rolling cigars is an Artesanal craft, and everyone likes a hand made work of art instead of a manufactured box of cigars.”

Making good hand-made cigars requires rare ability and years of practice and hours of patience. People who have been rolling cigars for more than 15 years are considered “twist teachers.”

According to Ulises, most cigars, including those marketed to what is known in Spanish as “Puros’ meaning “pure.” The cigar tobacco rolling process, which begins with gathering the fermented leaves that are processed in a specific way to create their different flavors, is a long ordeal and requires a lot of work and care.

“Tasty tobacco like good wines, requires specific seeds, planted on good land, which must have specific characteristics; like the type of seed, the way it is grown, and the three-level process which are all very important. The first process is the cure (cured in the air, in the sun or in the fire) then the fermentation – which is done two times, and finally the ageing, which can take anywhere from 18 months or longer,” explained Ulises.

“In all of this tobacco aging process, it is necessary to take into account three important things; the humidity, the temperature and ventilation.”

“As far as my time in Cabo, this place is very beautiful. I like the year-round sunny weather, and I love the fact there is a lot of tourism here, of guests and visitors that enjoy a fine cigar. During my first year in Cabo, I was working to make my work here known, and so far, we have been invited to roll cigars in some of the hotels and high cigar consumption areas; like downtown San Lucas,” said Ulises.

Adding that “smoking a good cigar is akin to drinking a good glass of wine, and there are cigars with flavors that remind us of the woods, others are more earthy, and yet others still taste more creamy, others bitter, and some even spicy. I would say in general, the taste of a cigar is complex and changes once it has been lit and is being smoked. Sometimes, it’s not the same taste as when you first start smoking it, then when you’re halfway through.”

When asked about foreigners and tourists interest in freshly rolled cigars, Ulises noted that visitors don’t always immediately smoke the cigars they buy because they are on vacation, but those who do smoke his cigars, usually purchase and take boxes back home with them.

Ulises studied at the University of Guanajuato and was living in Leon, Guanajuato, before making his move to Los Cabos. He can be found on Instagram as master_torcedor and besides rolling his specially crafted cigars at Pancho’s Restaurant, he can also be found twisting them to every cigar smoker’s delight at The Shore Bar, Omnia, Vidanta, and in Todos Santos on the main street in a place called La San Luqueria. Recently, Ulises was involved in a minor motorcycle accident which has sidelined him for a few weeks and Angel Hernandez from Veracruz stepped in to help and roll the hand-crafted cigars from back east after Ulises’ motorcycle accident.

In his temporary absence, Angel has been in the cigar making line-up, substituting for Ulises for one week. The cigar rolling horrimenking, Ulises will be back in a few more days as of this writing.

Spa Cielo has for all of its 12 years in San Jose, been forward thinking in cutting edge preservation of youth and good looks. But now owner/manager Cathy Dammann is branching into the use of recent developments in DNA technology to guide us into being as healthy and feeling as good as she has made us look.

She can guide you into how to run your DNA, and the doctor who heads her program, Dr. Joseph Dib, reviews your entire DNA report with you, interpreting it for you so you know what you’ve got cooking in your genes.

But the value in knowing your DNA is, oftentimes the doctor can get into a gene that has run amuck compensate for it. It is a little scary to peek into the future and see your potentially gravely ill self, but wouldn’t it be worth that fright if it can be fixed? Or even if it can’t be fixed today, to know that technology is coming at us so fast, that it will probably be fixable in a few years, and that you will watch for that development?

You owe it to yourself to run your DNA now. Your future technology is coming at us so fast, that it will probably be fixable in a few years, and that you will watch for that development?

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You owe it to yourself to run your DNA now. Your future, and your loved ones, will thank you.
San Jose Del Cabo Karate Club

BY GEORGE JOBB

Jose Luis Moctezuma and his brother Enrique have been running the local Karate Club for 19 years and offer morning and evening classes five days a week and train kids as young as six years old known as tiny tigers. It’s a family-run club with three generations of karate practitioners who have taught and trained.

Jose and his three brothers are all black belts and Jose’s two sons are black belts, even his three grandchildren are brown belts.

I met Jose 10 years ago when some Judo buddies were down in the winter for some sun and fishing. I contacted Jose to see if we could rent his mat area for a few hours while they were down visiting.

We offered to pay but he wouldn’t accept anything, he just wanted to watch while we trained.

Some of the Judoist had placed nationally when they were younger, others were still competing in Master Tournaments. I guess he liked what he saw.

He wrangled me into signing up for Karate after my buddies headed home.

He then trained me and the other club members relentlessly for the next three months. I had trained for five years back in Canada in my late teens and early twenties with the National champion at the time in Kata with Shotokan Karate.

He, like Jose and Enrique, had dedicated his life to the sport. I soon realized the skill level and dedication Jose had put into the sport. Both Jose and Enrique’s skill level is comparable to the top instructors in Canada.

All hidden away in the quiet back streets of San Jose. Jose will usually start people training twice a week then encouraging them to train four times a week as your strength and conditioning improves. He is patient with novices and will challenge intermediate and advanced fighters to strive for more. The club has produced many medals at a regional and state level, and I’m sure it will continue to do so as the community of San Jose expands.

The club is well laid out with good mats, heavy bags and arm kick bags.

There is between 50 and 70 regular students both novice and advanced made up of kids, teenagers and adults. Typically drenched in sweat by the end of the class.

They usually invite top-ranking Japanese guests to put on a clinic once a year who instruct at the club for a few weeks.

The last clinic I attended was held at the auditorium by the football field downtown San Jose. It was in November, 82 degrees and 70 percent humidity. I lasted two of the three days. Then age set in.

An injury put me on the side-line and I watched the clinic from the stands after that as 50 to 60 brown and black belts had come to attend from all over Mexico.

The head instructor was from Japan and placed first at the world championships the same year. He was at the top of his game. The difference between a national champion and world champion is night and day. It’s a different level.

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Extension Mysteries

BY ORLANDO GOTAY

As we come down to the final stretch, it is important to review what must be done if you cannot file your income taxes by the April 15 due date. If you need extra time to file, you are not alone. Over 10 million extensions are granted each year, according to the IRS. An extension means different things to different people. If you reside outside the U.S. you are eligible for different treatment than your cousin in Tulsa. If as of the due date of the return you are a citizen or green card holder and live outside the U.S., you are eligible for an automatic two-month extension to file and pay the tax due on the return. It’s a special deal for expats and it exempts you from penalties for not filing and not paying by the due date. For 60 days, you would be exempt. Interest from April 15, however, is always due.

The IRS describes this extension as “automatic.” I dread the word. It is automatically granted, but the IRS is not a mind reader. To get this extension, you let the IRS know – by a statement on the return itself when filing. There is no form.

If you are unable to file within the 2-month extension period, you may be able to get an additional 4-month extension to file your return, for a total of 6 months, by using the “regular” extension (Form 4868), filed by the new extended date. The tax must be paid at that time, or the failure to pay penalty begins.

Remember, stateside people must file Form 4868 to request their “automatic” extension. Their extension is filing only; they are expected to pay tax in full by the date due.

Don’t forget to check state requirements for extensions. They will grant extensions on various terms. Some are truly automatic; some honor federal extensions (they may just mean the Form 4868 extension). Call to make sure.

The Foreign Bank Account Report (FBAR) has a deadline of April 15, but it has an actual “do nothing, relax, it’s really automatic” 6-month extension until October.

If you e-file, skip this. Time of filing is established by a post office mark stamp. If you use FedEx, UPS or DHL check for the proper physical address on the IRS.gov website. Only approved categories of service count as “day of mailing = day of filing.”

The IRS website has the details. File on time!

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For more information about the stem cell therapies and wellness vacation packages visit the website www.prmedica-inc.com or send email info@prmedica-inc.com

THE AMAZING WORK OF... continued from page 1

Orlando Gotay is a California licensed tax attorney (with a Master of Laws in Taxation) admitted to practice before the IRS, the U.S. Tax Court and other taxing agencies. His love of things Mexican has led him to devote part of his practice to federal and state tax matters of U.S. expats in Mexico. He can be reached at tax@ orlandogotay.com or Facebook: GotayTaxLawyer.
Music fest around the corner. On Friday, May 17, the first ever Alternative Music Fest will take place in Cabo San Lucas at The Roof, on the Marina in Cabo, between Plaza Bonita and Iggy Marinas. The fest will offer alternative music (jazz, blues, fusion) on an International level alternative music (jazz, blues, fusion) on an International level. The fest will feature live music. This is a you-can’t-miss-it event. You can come to Todos Santos, with food booths from at least 20 restaurants, wine from different wineries from Valle de Guadalupe in Baja California, and its copycats are legal because they are private agreements between private individuals and not established businesses and cannot be regulated by state and city governments, the powerful taxi unions throughout the city governments, the powerful taxi unions throughout the city governments, the powerful taxi unions throughout the city. Although Mexico’s supreme court has ruled that UBER and its copycats are legal because they are private agreements between private individuals and not established businesses and cannot be regulated by state and city governments, the powerful taxi unions throughout the city governments, the powerful taxi unions throughout the city governments, the powerful taxi unions throughout the city. They said, and we believe them. They said, and we believe them. We offer access to the Roof, on the Marina in Cabo, between Plaza Bonita and Iggy Marinas. The fest will offer alternative music (jazz, blues, fusion) on an International level alternative music (jazz, blues, fusion) on an International level.
the erratic distribution of potable water to the city's homes.

In response to a previous remark made by Mayor Ruben Munoz, who told the press at a public event that "they (the city residents) can bathe in trash," one of the protesting youths did just that, with his friends dumping the content of trash bags over him.

Mayor Munoz's statement was in response to a Tweet he received, calling the sender a "troll." After the protest, Munoz Tweeted that protests do not solve problems and do not improve the short availability of water.

A spokesman for the water supply agency, known as Oomsaapas for its looong name in Spanish, talked to the protester and acknowledged the extreme lack of water was caused by failures in the pumping equipment, which were being repaired.

Trump makes new threat. And Mexico retorts saying that a move by the United States to end illegals at their southern border, before the long march up Mexico stops apprehending and bringing the illegals back to where they came from, the U.S. will be forced to tariff at 25% all cars made in Mexico and shipped over the border to us. If that doesn't work, which it will, I will close the border," Trump continued.

According to Kenneth Smith, a trade official who headed Mexico's technical negotiating team in trilateral talks with the United States and Canada last year, Trump's tariff threats are nothing more than bluster that is politically motivated. "(Trump) has no basis to argue way it should be. The big flow will stop," he wrote.

"However, if for any reason Mexico stops apprehending and bringing the illegals back to where they came from, the U.S. will be forced to tariff at 25% all cars made in Mexico and shipped over the border to us. If that doesn't work, which it will, I will close the border," Trump continued.

The economy secretary said that any move by the United States to stop, "he wrote.

Prime Minister Justin Trudeau, Trump and Canadian Prime Minister Justin Trudeau signed the USMCA deal in November but it won't take effect because if he increases them ... he violates WTO rules, he violates the existing North American Free Trade Agreement, " he said.

Over 52 million in cash stolen. It took a group of armed men 3 minutes to steal $2.4 million worth of United States and Canadian dollars at Guanajuato International Airport in Central Mexico last Wednesday night, more than double the amount initially reported.

Between six and eight masked men in a truck disguised with a fake Aeroméxico logo breached security to enter the runway area, where they intercepted an airport service vehicle that was in the process of delivering the cash to a waiting aircraft.

The money had arrived at the airport in a PanAmericano armored truck at around 8 p.m. in order to be flown to Mexico City. The armed men stole 14 of 18 bags of cash from a sole unarmed PanAmericano guard and two airport employees traveling across the tarmac in a luggage transport vehicle. The thieves then loaded the money into their truck, drove to the perimeter of the airport property and knocked over a fence to escape.

Shortly after the robbery, police found the truck that was used in the robbery and recovered two of the stolen bags of cash. They later found two more bags of cash in another abandoned vehicle.

Federal and state police, as well as the army, conducted a joint search operation but there have been no arrests. Later, Federal Aerospace Fair that takes place April 24-27 at the Santa Lucía air force base in the state of México.

Defense Secretary Luis Sandoval told us that personnel will be on hand to give detailed information about each aircraft. "Those that are interested in buying these aircraft will be able to see for themselves their characteristics and the state they’re in."

President López Obrador has predicted the aircraft sale will generate revenue of some $524 million. The almost new, former presidential plane, a Boeing Dreamliner 787, is included in the sale.

The fair will be open from 9 a.m. to 5 p.m. on each of the four days. An air show will be held on the fourth day between 10 a.m. and 2 p.m.
In 1936 after seeing Max Ernst's work, she immediately felt attracted to him, even though she had not met him. Shortly after meeting him at a party, they got together and returned to Paris in spite of him still being married. She was 20-years-old and he was 47. After he separated from his first wife they settled in Saint Martin d’Arède in southern France and started creating together.

But this would not last long because the tragedy and despair appeared in her life with the outbreak of the Second World War. Ernst was arrested twice, first by the French and later by the Germans. Had it not been for Peggy Guggenheim he would not have been able to escape to America. Unfortunately, when he did, he left Leonora behind. She did not take this well and shortly after she fled to Spain where she had a nervous breakdown that required hospitalization and heavy doses of drugs, not to mention the unpleasant therapies that were used at the time in psychiatric hospitals. She would later write a book about this episode of her life. After a while, she was released with a nurse taking care of her and went to Lisbon where she escaped from her father's influence to the Mexican embassy and asked for asylum. Meanwhile, Ernst married Peggy Guggenheim.

Not long after Carrington married Renato Leduc, a Mexican writer and friend of Pablo Picasso, in order for her to get diplomat’s immunity and be able to get out of the country. So they did leave and relocated to New York. Once in the big apple, she presented her work at the Pierre Matisse Gallery in a show orchestrated by her most important collector, mentor and friend, the English arts patron Edward James. Not much later she was included in group shows at Peggy Guggenheim’s Art of This Century gallery and at the Museum of Modern Art.

After her marriage was dissolved she came to Mexico and once again married, this time the lucky guy was Emeric Weisz, a Hungarian photographer who had been Robert Capa’s darkroom manager in Paris. Wiesz appeared in her life with the outbreak of the 1968 Tlateloloco massacre happened and affected her work and career. She was heavily biased against male authority figures, and it shows in her work.

In 1949 she read about the old matriarchal religions of Europe and became engaged, the art she did at that time shows powerful women performing magical rituals often using the kitchen as a laboratory. Leonora Carrington was also a feminist and an active part of the Mexican women’s liberation movement in the 1960s. Then the 1968 Tlateloloco massacre happened and affected her work and her life, for after that she almost exclusively did political work.

Carrington and her sons had continued from page 6

We Have A Hyperbaric Chamber In San Jose!

NFL athletes, the entire Cubbies team, Michael Phelps, Tiger Woods, and Lance Armstrong all use it to gain an optimum health advantage. Why not you?

A hyperbaric chamber is a cocoon-like apparatus that you crawl into and get cozy for an hour or two. Under pressure, it crank-ups the oxygen concentration in the air you breathe and pressure that concentrated oxygen throughout your body. This concentrated oxygen, (100% oxygen), goes into any organs that may need a little pick me up, and even into your brain. The normal concentration of oxygen in your system is only about 20%.

The director of Spa Cielo, Cathy Dammann, a registered nurse back in the real world, allows this very expensive piece of equipment to be used by local autistic children for no charge, as hyperbaric concentration of oxygen has been proven to be very beneficial for these kids. She has pictures of brain scans before and after treatment that shows parts of the brain actually normalizing, and more than that, the improvement in these kids’ behavior is dramatic. So why can’t we get plenty of benefit from it as well? We can.

The increased concentration of oxygen in our blood, our organs, and our brain has been proven to result in better health, better feeling of well-being and probably better longevity.

Cathy Dammann is a Medical Aesthetics Practitioner and has certifications in Aesthetics, and Light and Laser Therapies. She is a member of the International Association for Physicians in Aesthetic Medicine and the recent recipient of the 2012 ‘Successful Women of the Baja’ by Baja Traveler Magazine. She has made numerous appearances on talk shows including Oprah. Spa Cielo’s physicians and staff are trained and certified in United States and Mexico and are bilingual. Spa Cielo Laser and Wellness Center holds a five star rating and received the “2013 Award of Excellence” from Trip Advisor and has the experience you look for in a laser medical spa, with 10 years in Los Cabos area, 14,000 patients and over 70,000 procedures performed, Spa Cielo is your answer to skin and body rejuvenation.

So, if you would like a complimentary session in the hyperbaric chamber, call Cathy Dammann at Spa Cielo in San Jose. 624 105 2209. Go to www.spa-cielo-cabo.com

Rated with five stars on

tripadvisor

April 15, 2019
Olympian Escapes Canadian Winter For Sun, Surf And Stem Cells

BY DR. FEELWELL

From -16F to +80F, Canadian bobsled pioneer, Christina Smith, sought refuge in Southern Baja on a medical vacation getaway, not only for the great weather but to pursue regenerative joint treatment recommended by her doctor in Calgary, Alberta.

Plagued with an arthritic knee due to the wear and tear of a 12-year extreme bobsled career, Christina previously received orthopedic treatment via alternative therapies in Canada (Prolotherapy and Platelet Rich Plasma (PRP)), which proved effective.

However, it was not successful enough for the active 50-year-old who used to indulge in an active lifestyle thanks to the medical safety of service.

Conscious of organic health and wellness, Christina preserves herself naturally without any cosmetic surgeries, hair dies, nips or tucks.

Known for her never-ending smile and positive energy, Christina’s additional gift to herself in Cabo was an anti-aging PRMEDICA clinic in San Jose del Cabo.

All treatments were competitive or lower in price in comparison to other regenerative retreats, without sacrificing quality and safety of service.

Having transitioned from ice on the track, to ice in her glass, Christina has returned to Calgary with fond memories and bright hopes to re-engage in an active lifestyle thanks to the medical team of PRMEDICA for the availability in this day and age of alternative and regenerative care.

QUE PASA IN CABO?... continued from page 8

at the fastest fish in the sea, the sailfish, as well as tuna, yellowtail, and dorado. The event will include an Opening Ceremony, an Award Ceremony, and both daily and species-optional pots. Named after record-holding angler Robert Ross, the tournament will offer experienced sport fishers and boaters an exclusive fishing experience on the fastest fish in the sea, the sailfish, as well as tuna, yellowtail, and dorado. The event will include an Opening Ceremony, an Award Ceremony, and both daily and species-optional pots. Named after record-holding angler Robert Ross, the tournament will offer experienced sport fishers and boaters an exclusive fishing experience on the Sea of Cortez. Jacques Cousteau coined the Sea of Cortez “The Aquarium of the World” in 1987 due to its unmatched variety of marine life.

Conveniently located between the Loreto International Airport and event sponsor Owen Perry’s Villa del Palmar Resort, Marina Puerto Escondido will offer fishing boats for rent and charter during the tournament. Competitors can also enjoy golf, whale-watching, and other outdoor experiences, as well as the following new additions to Marina Puerto Escondido: 100+ world-class slips, Fuel dock, Expanded dry storage, Newly remodelled facilities, Fish fillet and weigh station and Pepegina’s Restaurant.

Upcoming plans to enhance the marina community include additional restaurants, captains’ lounge, luxury condominiums, and a boutique hotel.

The entrance fee for the Robert Ross Fishing Tournament.

CONTINUED ON PAGE 19
It's Always Sunny In Los Cabos

BY KATHRYN REED

Sunny. Again, and again and again. Is it really necessary to be forecasting the weather in Baja? Yes, would be the simple answer.

For one, the microclimates can be amazing. What is happening on one side of a town could be different on the other. A few degrees or some wind might be the difference in needing long-sleeves or bringing down the umbrella on the patio.

The rain totals are immense-ly different. Sometimes it rains in Pescadero and there’s none here,” Andy Mical said, adding that the morning temperatures can have a big swing between locations that are just a half mile away. Mical is what is known as a citizen meteorologist. The Todos Santos resident has been providing data to Weather Under-ground since 2015.

Weather Underground has been operating since 1993 and is considered the first online weather site. Its website says, “The vast amount of weather data we collect only becomes meaningful when combined with the scientific expertise that our team of meteorologists provide. Our proprietary forecast model leverages our personal weather station community to provide the most reliable and localized forecasts available. Our meteorologists and climatologists also provide valuable insight into the science behind the data and the relationship between weather and climate change.”

There are 23 weather stations connected to the Weather Channel and another nine owned by Weather Underground since 2015. There are 23 weather stations connected to the Weather Channel and another nine owned by Weather Underground since 2015.

ATTENTION BOARD MEMBERS OF CONDO ASSOCIATIONS

What would you do if you were SUEd by a homeowner for “malpractice, inexperience or negligence, and the deprivation of any consequential lawful gain or the loss or damage of such assets”?  

YOU ARE INVITED TO ATTEND an Informational Talk on Tuesday, April 23, from 10:00am to 11:30am at the Hilton Hotel on the Los Cabos Corridor.

Hosted by Novamar Insurance Mexico, MGi Agente de Seguros, S.A. de C.V., a Full Lines Mexican Insurance Brokerage firm with more than 30 years of experience attending to American and Canadian associations and corporations in Mexico expat communities.

Keynote Speaker
Roberto Castellanos,
Managing
International Director

Introduction by
Cathie Smith LoCicero,
Los Cabos agent representative

Space is limited. Pre-Registration is required.

Contact cathiesmithinsurance@gmail.com with your name, board position, condo community name and address, email address and phone number. Property managers give your name, company name, email address and phone number. Interested parties give your name, your community name, email address, phone number, and in brief, reason for your interest.

This 90 minute agenda will address: Board of Directors Liability Insurance, Condo Associations Master Insurance, Individual Homeowners Insurance

- Property Damage
  - Identify and evaluate the risks based on daily operations
- Values and limits
  - Replacement Value Analysis
  - Analyze the assets values to establish the accurate limits and sum insured
  - Common Area Inventory
  - Equipment more than 10 years old extension
  - Audit of insurance coverage vs. replacement and or actual cash values
  - Create and gather all the documents and values requested to establish the replacement value of your assets: Inventory of Common Areas
  - Deductible and Coinsurance analysis

- Liability
  - HOA Board & Administration Directors and Officers Proposal
  - Liability exposures analysis
  - By-Laws and CCR’s analysis and suggestions
  - Claims assistance
  - File Claims with the insurance company
  - Claim process work with the adjuster
  - Claims support in every claim and follow up until it is resolved
  - Create updated files with the documents and information requested by the insurance companies in case of a loss and a claim
  - Frequency and Severity Analysis
  - Emergency Fund

Paid Advertisement

Vidasoul Hotel and The Crossroads Restaurant

East Cape Surf Season has officially begun

We are a destination restaurant and hotel. Take a ride, stop for lunch, spend the day in the pool, check out the surf breaks, or Cabo Pulmo for snorkeling and diving. Spend the night and let us pamper you.

April 12 CLOSED TO THE PUBLIC PRIVATE EVENT.
April 13 Stamina back by popular demand always a great show. Paulee on lights.
April 20 (420 wink wink party) starring Brian Flynn and Mike Kelly from Canada.
Saturday May 4 Double header weekend with The Tim Lang and Ashbolt Stewart, a very talented drummer from US and Oregon. Ashbolt will be a fun addition to Tim’s band.
Sunday May 5 Cinco de Mayo Sand Castle Competition Celebration starts at 12:00 pm. All day fun for the family. Swimming, pinatas, food and music by The Black and White Band, a fun and very versatile band with Latin favorites, of course Santana and Rock ’n Roll, good dance music.
May 11 for Mother’s Day weekend Kids Monster a family of 7 musicians in a very entertaining musical style.

For reservations or information about events, weddings, retreats or photo shoots contact us at info@vidasoul.com, joan@vidasoul.com, www.vidasoul.com. By phone local 624 154-6966 for English or office 624 142-1165 for Spanish. US numbers 626-840-0485 or SKYPE 415 670-9068 or What’s App.

Andy Mical has been collecting Todos Santos weather data with the device on his roof for Weather Underground since 2015. Photo by Kathryn Reed
Rancho San Lucas... The Best Address in Cabo

Long beach-walks, sultry sunsets, modern comforts surrounded by the charm and tradition of Baja’s premiere destination.

- Private master-planned community
- Greg Norman signature golf course
- Exclusive beachside estate homes and high-rise residences
- Ocean and golf view Villas starting in the low $600's

CALL TOLL FREE (844) 645.2292 | WWW.RANCHOSANLUCAS.COM
New Development Comes To Town

It’s named the Old Lighthouse Club and is located inside Quivira Los Cabos, a multi-faceted resort and private community built on 1,850 acres fronting the Pacific Ocean in Los Cabos.

Quivira is the vision of the Coppel Family and has set a standard of excellence for hospitality, vacation and whole ownership real estate sales reaching into the hundreds of millions of dollars since opening in 2002.

The Old Lighthouse Club is an exclusive, new gated-community perched above the stunning Jack Nicklaus Signature Golf Course and looking out over the deep blue of the Pacific Ocean, and is a setting steeped in history.

Faro Viejo, the Old Lighthouse, was erected in 1905 to guide adventurous mariners who navigated the Pacific Ocean and the Sea of Cortez.

The vistas are breathtaking with dramatic cliffs, awe-inspiring rock formations, endless ocean views, and warm, sandy beaches which belong to those who will call Old Lighthouse Club home.

Currently, the club has limited the sales to only 14 Founding Owners of this exclusive property.

Private amenities are tailored to the specific owners at Old Lighthouse Club.

Owners will enjoy fresh-catch meals nestled cliffside at the Old Lighthouse Club restaurant, 300 feet above the ocean, a family-focused recreation center catering to all ages; and a casually-elegant barefoot bar that gazes west towards the unparalleled sunsets. To complement these owners-only amenities, Old Lighthouse Club Founders will have preferred access to all other Quivira amenities, including the Jack Nicklaus Signature Golf Course, the...
Featured Property

Casa Valhalla $5,900,000
4 Bedrooms | 4.5 Bathrooms
| 5,543 Ac Sq. Ft. MLS # 18-2197

This outstanding home is located on one of the truly outstanding, oceanfront locations in Los Cabos, with steps down to the semi-private beaches of Palmilla with views over the Sea of Cortez and Palmilla Bay. Caleta means ‘little coves’ and once you are walking the beaches you appreciate how appropriate the name is.

Perched on a small bluff, you can lose yourself in a daydream just staring out at the sea under the cove’s palapa or grasp the beauty of the magnificent whales which go by the bay.

The main living area leads to the ample pool and patio areas with graceful arches covering the sprawling covered patio. There are twin master suites with private patios, guest bedroom with patio and a guest casita.

This home, built in 1996 by Malver Construction, was one of the first homes built in Caleta – the home site chosen for its unique location.

It is in original condition and is very well maintained. For information contact: Janet Jensen. Phone: +52.1.624.141.6726. Email: janet@theagencyloscabos.com

OPEN HOUSES

Wednesday April 24th, 3pm - 6pm T’s Beach Bar La Playita, Ocean front zoned commercial, great price MLS# 19-349 5750,000. Janet Jensen +521 624 141 6726. Eduardo Espinosa Colli +521 624 129 9511

Wednesday April 24, from 11am – 2:00 pm, Casa Grande Ventanas 35 Phase 3 MLS# 16-1895. THE ONLY CASA GRANDE VENTANAS RESALE IN PH 3. Outdoor-Recently Upgraded! 3bd / 3.5ba. Price $625,000. Nick Fong, Los Cabos Agent info@loscabosagent.com 619.831.2000 (US & WhatsApp) 624.227.5766 (MX) *The calendar may change. Please visit facebook.com/cabohouses for updates

Thursday April 25, 2019 from 11am – 2:00 pm, Casa Besos, Cabo Corridor MLS #18-1568. Exquisite Contemporary; bright and open single-story home located in the pristine community of Hermitage. 3bd / 4ba. Price $799,000. Nick Fong, Los Cabos Agent info@loscabosagent.com 619.831.2000 (US & WhatsApp) 624.227.5766 (MX) *The calendar may change. Please visit facebook.com/cabohouses for updates

Saturday, April 27th, 11am to 1pm. Casa Schrader - Cresta Del Mar - Cabo Corridor. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Lands End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997

Tuesday April 30th, 11am to 1pm. Casa Schrader - Cresta Del Mar - Cabo Corridor. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Lands End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997

Tuesday April 30, 2019 from 11:00 am – 2:00 pm, Ocean View Blue Bay Penthouse 304, CSL. MLS #19-293. Beautiful Penthouse breathtaking views to the Sea of Cortez, City Lights and the Mountains 3bd / 3ba. Price $499,000. Nick Fong, Los Cabos Agent info@loscabosagent.com 619.831.2000 (US & WhatsApp) 624.227.5766 (MX). *The calendar may change. Please visit facebook.com/cabohouses for updates

**SOLD**


**SECTION**

THE REAL ESTATE SECTION

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OF BAJA CALIFORNIA SUR

Wednesday April 16th, 3pm - 7pm Casa Mia Oceano Baja and Homesite Three Palmilla Oceano Baja, San Jose Corridor, great price $2,900,000.00 MLS #19-806 & MLS#19-810. Janet Jensen +521 624 141 6726. Martin Posch +521 624 147 5857

Thursday, April 18th, 11am to 2pm. Casa Schrader - Cresta Del Mar - Cabo Corridor. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Lands End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997

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**SOLD**

FOR SALE IN PALMILLA


FOR SALE IN CABO SAN LUCAS

PALMILLA. CALETA LOMA 82 BEACH FRONT. reyna@loscabosproperties.com Cell 624-355-3896 2225 total with 1356.26 square meters buildable. Guard Gated, Dramatic Ocean & Fairway Views, Safe Swimming Beach, Golf Memberships Available. Social Memberships to the One & Only Palmilla available.

FOR SALE IN PEDREGAL

EXCITED TO BE HERE FULL-TIME. Jason has committed to seeing the beautiful community of El Sargento grow in a responsible manner. Contact Jason at La Ventana Bay Properties. Email: jason@lvpb.mx

FOR SALE IN CABO SAN LUCAS

3 BEDROOM HOME IN TELZAL. $299,000. NO HOA FEES. Small gated community only 8 homes. Fully finished, 3-beds, 3.5-baths, office, maid's-quarters, pool, garage... and more. Contact Craig Whipple. 624-205-0309, craigw@CCLcabo.com

FOR SALE IN CASA ANITA


FOR SALE IN RANCHO PARAISO

CASAS MAGNOLIA, RANCHO PARAISO. 3BR, 3BA Villa, tennis court, pool, jacuzzi, great outdoor entertainment area and spectacular Lands' End views. Close to beaches, shopping and schools. $875,000 Geraldine 624 121 2163

FOR SALE IN CABO SAN LUCAS

SEXED TO BE HERE FULL-TIME. Jason has committed to seeing the beautiful community of El Sargento grow in a responsible manner. Contact Jason at La Ventana Bay Properties. Email: jason@lvpb.mx

FOR SALE IN CABO SAN LUCAS

PUERTA CABOS VILLAGE. Just steps to the Famous Medano Beach. 1,731 Sq Ft, 2 BR, 2 Ba, Oceanview Condo. Granite and Travertine. Fully Furnished. Reyna Cabo San Lucas. gredemans@hotmail.com

FOR SALE IN PEDREGAL


FOR SALE IN CABO SAN LUCAS

CASA ANUI #4, COPALA AT BAHIÀ DEL TEZAL 505B. La Paz. MLS #19-343. Nikky Ochoa at 624-117-1497

FOR SALE IN EL TEZAL

LOS ARIZPES (Big Ruby’s rest). MLS 18-2580. La Paz. Great opportunity! Totally equipped beachfront restaurant and home on 21,000 sqft lot. Big open areas for weddings and events. Eduardo Ramirez (613)1087449

TWIN PALMS. La Paz. MLS 18-2950. Hacienda style 2,162 sqft 2br/2ba, pool, spectacular bay views. Must see to appreciate the quality craftsmanship of this home! Eduardo Ramirez. (613)1087449

VILLA LA PAZ. MLS 19-211. Minutes to the Marina, beautiful contemporary home 2br/2.5ba sparkling pool plus furnished guest loft. This house has it all! La Paz. Eduardo Ramirez. (613)1087449

BAHIA DEL TEZAL 505B. MLS # 19-565 Beautiful 2 bedroom 2 bathroom condo with great features such as ceiling fans, stainless steel appliances, filtration water system, tankless hot water heater, Energy efficient inverter washer/dryer, Fridge and mini splits. Desirable 5th floor end unit on one of the newest buildings in Cabo with easy access via an elevator, just walking distance to the beach and Riu Hotel. This unit comes fully furnished and is a great rental potential due to the proximity to the beach, shopping stores and restaurants. Common area consist of a pool, Jacuzzi, 360 degrees view of the beach city and mountains, equipped with open exercise area, a beautiful pool and 24 security. For showings it’s needed 24 hours notice Call Julia Iancu 624.110.0909 or Marty O’choa at 624-117-1497

GOLF COURSE LIVING! 2BR / 2BA Copala condo. $10K+ in upgrades and views!! MLS# 17-1408, $279K. Justine Schock, loscabosliving@gmail.com

EVERY PIECE OF THIS PLUS 8,650 M2 OF LAND is an amazing view. Close to mountain bike trails and the Sea of Cortez: http://bit.ly/BallenaGrisLaPaz

LOOKING FOR A WELL-BUILT OASIS? Solid and turn-key, let Hacienda De Piedra wow you on all levels! http://bit.ly/HaciendaDePiedra

NEW PRICE FRESHLY RENO-VATED FULLY FURNISHED VILLA 4 bed / 4.5 bath. Gated community (SC) - Turnkey- Wide Open Spaces and stunning ocean views $399,000 Contact: Nick Fong Los Cabos Agent. info@loscabosagent.com. 619.831.2000 (US & WhatsApp) 624.227.5766 (MX) MLS#: 18-493

SINGLE LEVEL HOME TURN-KEY READY TO MOVE IN Incredible views 3 bed + den/ent room (or 4th bed) / 4 bath - Fully Furnished - $829,000 Contact: Nick Fong Los Cabos Agent. info@loscabosagent.com. 619.831.2000 (US & WhatsApp) 624.227.5766 (MX) MLS#: 18-1568

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Confused by All The Acronyms?

Just like in your own home country, Mexico has various acronyms that have become a part of the language, but stand for longer names or phrases. Whether you live here, own property or are just visiting, some, if not all will be part of your experience here. Here are a few, demystified:

IVA - Impuesto Sobre el Valor Agregado. For foreigners, think of Value Added Tax or Sales Tax. Currently, in all of Mexico, the amount is 16% of all goods and services.

SAT - Servicio de Administración Tributaria. Also affectionately called “The Hacienda.” SAT is the Mexican version of the IRS in the United States or the Canadian Revenue Agency in Canada.

ISR - Impuestos Sobre la Renta. A tax on income gained. It could be either a straight income tax on money earned in Mexico or Capital Gains, say, from a real estate transaction.

ISABI - Impuesto Sobre Adquisicion de Bienes Inmuebles. Literally, an acquisition tax on the purchase of or transaction involving real estate. Here in Baja Sur, initial transactions are at 2% of the sales price. Elsewhere in Mexico, it may be as high as 4.5%, like in Mexico City.

IMPUESTO PREDIAL – No acronym, but sometimes just called “Predial.” This is your property tax.

RFC - Registro Federal de Contribuyentes. This is your tax ID number. For U.S. citizens, think of your Social Security Number when used for tax purposes. It is required for all permanent residents and nationals. And it is a good idea to obtain if you own property here.

CURP - Clave Única de Registro de Población. This is a unique number/letter code issued to each citizen or foreign resident in Mexico. Think of it as a registry of the residents but it is issued for life and like the Social Security Number in the United States when associated for social programs or for identification.

NEW DEVELOPMENT...
continued from page 14

Quivira Owners’ Beach Club, hiking and biking trails and resort restaurants.

The Old Lighthouse Club properties are poised to be the keystone of the Quivira experience and Los Cabos lifestyle.

Old Lighthouse Club is releasing just fourteen custom homesites through a Founders Reservation Program. The reservation program allows buyers like you to secure a priority position for selecting a homesite right now while allowing time to visit the property later this season. With a reservation in place, you can plan a visit to take in the views from Quivira Los Cabos and experience the lifestyle first-hand, confirming it is the right choice for you and your family.

With such a limited release, the development anticipates many more interested parties than available Founder Homesites, and in only a few weeks a much broader audience of prospects and clients will learn about Old Lighthouse Club.

If you would like to secure a Founder Reservation, or if you would like to know more about Old Lighthouse Club, Quivira Los Cabos and our Founder Program, please call their office at 1-800-479-0154 from the U.S. and Mexico, or email: OLC@imiliving.com.
If you have ever eaten at traditional Mexican food joints, markets or carts, chances are you have tried gorditas or at least heard of them or saw them and asked yourself what they were. They look similar to pupusas or arepas but are so different. Latin American countries share a lot of similarities and ingredients but the magic lies in the different ways of marrying similar ingredients and making a whole different dish.

The word gordita means chubby, and it is sometimes used as a loving pet-name or nickname. I believe this particular dish was named so because of its looks, that simple.

Gorditas are a thicker version of a tortilla and preferably smaller in diameter, although this latter trait depends on the region where it’s made. José N. Hurriaga, author of the book “La cultura del antojito: de tamales, tortas y tacos” (Antojito culture: tamales, tortas and tacos) tells that in prehispanic Mexico, there was a great variety of tortillas, different sizes, colors, flavors and thicknesses, in various regions of the country. Most of these variations came from the use of ingredients added to the corn base of the tortilla.

Bernardino de Sahagún, a religious man who dedicated his life to writing about pre-colonial Mexico, has a very large chapter on authentic native Mexican cuisine. Many tortillas are described by him as “gorditas,” as in thicker than regular tortillas, not a separate dish. Knowing this, we can now separate the two kinds of “gordita,” tortilla and the thick corn patty known as “gordita” as well. Tongue twister extravaganza.

The most characteristic and famous “gorditas” are sold in Villa de Guadalupe, near Mexico City during the popular festivities of the slums and religious neighborhoods.

They’re small, lightly sweet and toasted in a Comal. Some of us Mexicans know them as “gorditas de nata.” This special kind of gordita is eaten as a dessert, with a café de olla, and sold as soft cookies wrapped in brightly colored tissue paper.

If we go to the north of the country, there’s a whole genre of gorditas in Aguascalientes, Durango, Ciudad Victoria, Tamaulipas, and well, northeast. Gorditas if you ask there, are the size of regular corn tortillas, opened carefully and stuffed with different stews and other dishes and compliments such as chicharron in green or red salsa, picadillo (ground meat with vegetables), chorizo and potatoes, fresh cheese, beans, and the possibilities are endless.

Seventy years ago, a new type of franchise in Mexico appeared, CONTINUED ON PAGE 25
to move from Mexico, the boys were students at the UNAM (the university that harbored the revolt) and because of this, they were in danger. After this, she spent long periods in New York and Chicago. She did return to Mexico but only for short periods, mainly to prepare exhibitions. She died in 1994 in Mexico City at the age of 94.

So please take a moment from your hectic schedule to enjoy the reproductions in the marina and let yourself be transported to her world full of magical beings and events whose actions are the bas- is of the reality we dwell in. For I’m sure she was able to see that other reality and thankfully she described it for us. Go meet her, you will not regret it.

OLYMPIAN ESCAPES CANADIAN...
continuing from page 11

ment is $1,000USD. To learn more about the event, contact Javier Fuerte at harbormaster@marinapuertoescondido.com or visit robertcrossingtourtainment.com.

Celeb’s report of the week. Like, who in the A-List was in town this week? Well, let’s start with pop singer Jessie J and boyfriend Channing Tatum who enjoyed a late night pool party with pals during their Mexican getaway as they attempted a synchronized swimming routine.

Jessie J proved that she and her beau Channing Tatum, 38, can have fun as she shared a series of clips of them and their pals attempting a synchronized swimming routine under the cover of darkness in Cabo San Lucas, Mexico on Wednesday.

The footage shows the 31-year-old Domino hitmaker as she leads the way during their choreographed diving sequence. Keeping up her stylish persona, Jessie J can be seen flaunting her toned physique in a white bikini and large gold hoop earrings.

The group holiday included Channing’s daughter Everly - whom he shares with his estranged wife Jenna Dewan - as he and Jessie stay in the vacation home with Maroon 5 frontman Adam Levine, his Namibian wife Behati Prinsloo, and their two small daughters.

THE AMAZING WORK OF...
continued from page 10

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continuing from page 11

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Monday to Saturday. 8:00 a.m. to 5:00 p.m. Ranch market in Todos Santos. Featuring homemade products from rural areas. Artisanal cheeses, organic chicken and eggs, licores and virgin honey, as well as handicrafts such as furniture made with regional woods, leather goods and clay pottery all made by ranch hands. The Mercado (market), Todos Santos on Calle Morelos between Rangel and Cauhntemoc inside the San Diego Feed Store.

**Every Tuesday.** 8:00 a.m. Rotary Club at the Sheraton Hacienda del Mar resort. In the Chapel, RSVP: 172-0009 or 172-0010

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All of the above information is from the **April 15, 2019** edition of the *Gringo Gazette*. To get future editions, please subscribe at the Gringo Gazette website. Visit: **www.gringogazette.com**.
Calendar of Performing Arts

**April 15, 2019**

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**Community Reading Lounges**

At AMELIA WILKES PLAZA Main plaza downtown CSL,

Every Saturday from 6:00 to 8:00 pm. Herman Ita de Ysabela Reading club has a different book to read and comment. Saturdays starting April 6. Spanish mostly. Book donations are welcome. More info and special activities with Nixania email: todossomosolotro@gmail.com Free.

At PLAZA COTA,

From Monday to Friday: From 7:00 am to 9:00 pm. Reading club. Books available to all. Lazarro Cardenas one block before to the main park in Cabo San Lucas. Spanish and some in English. Free.

At HOLLYDANCE CAFÉ, Leona Vicario St. And 12 de Octubre St, 2º Floor, downtown Cabo.

Every Tuesday from 4:30 pm to 6:00 pm. Trotamundos Reading Club. Spanish mostly. More info and special activities on Facebook: https://www.facebook.com/saladellectrotamundos/timeline

At KINESIS GYM, El Chamizal barrio near the Convention Center.

From Monday to Friday: 6:00 pm to 8:00 pm. La Maroma Reading club. Books available. More info and special activities on Facebook: facebook.com/Sala-de-lectura-La-Mar%C3%B3n-Kinesis-Fabuladanza-691039797650803/timeline

At LA CIRCO, Libroteka Reading Club.

**From Monday to Friday:** From 4:00 pm to 8:00 pm. Books available and circus drama style reading on Thursdays at 7:00 pm. More info with Sara Flores on Facebook: https://www.facebook.com/LaCirco-577897035537337/timeline

**Every Tuesday from 6:00 p.m. to 10:00 p.m.** Green of the Arts. More than forty local artists show and sell their works, including paintings, sculptures, photography and engravings. Open area. Spanish with some English. Mijares Main Plaza in downtown San Jose. More info on Facebook: Jardín del Arte Los Cabos.

**Every Tuesday, 8:00 p.m.** Documentary Movie Club. A different documentary every week. Documentary Movie Club.

**Every Saturday, 6:00 p.m.** Hermanita de Ysabela Reading lounge. At Cultural Pavilion’s Cinema lobby. Cabo San Lucas downtown next to the marina.

**Every Sunday, 8:00 p.m.** Vagabond Movie Club presents a different artsy movie in the original languages with Spanish subtitles. Free. More info: 624-156-8522. Casa Roots. Corner of Mayas and Cuilaluac in the 4th of Marzo neighborhood, Cabo San Lucas. (Only for adventurous people.)

**Monday through Friday, 8:00 a.m. to 8:00 p.m.** Art, painting, literature, theater, music, dance, folk dance, singing, painting, literature, theater, guitar and more.facebook.com/casadecultura/call6231469836 in office hours. Spanish. Alvaro Obregon St. Downtown San Jose.

**Every Thursday 8:00 p.m.** Art Walk, at the Art Galerries district in Downtown San Jose. Art, paintings, photography, sculpture, live music and more national and internationally recognized artists. San Jose.

**Monday to Saturday. Different hours.** Arts, crafts, and other cultural workshops at San Jose’s Cultural House. Ballet, Pop- nesian dance, folk dance, singing, painting, literature, theater, guitar and more.facebook.com/casadecultura/call6231469836 in office hours. Spanish. Alvaro Obregon St. Downtown San Jose.

**Wednesday to Monday.** From 10:00 a.m. to 5:00 p.m. Bota de Plata Museum at El Triunfo. Discover the rich mining history and settlement of the Cape Region. Enjoy exciting, interactive exhibits. Explore the complex, the gift shop, places to wine und dine, and the historic village. Spanish and English. 100 pesos entrance fee. Info: museoartedelplata.com, Ayuntamiento St. (Progresso y Márquez de León St), El Triunfo. Closed on Tuesday.

**Every Thursday, 8:00 p.m.** Vagabond Movie Club. He original movie club is back at the Cultural Pavilion, the gray building at the ma- rina. Downtown San Lucas. Every other Friday. 8:30 p.m. Vagabond Movie Club.

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**Every Thursday, 8:00 p.m.** Magic. Art exhibition by Ian Collins. Drawings about the feelings and joy of dance. Spanish with some help in English. Free. SPORTFIT; Revolution St between Morelos St and Zaragoza St. Downtown San Lucas.

**April 18, Thursday, 5:00 p.m.** Art Walk, at the Art Galerries district in Downtown San Jose. Art, paintings, photography, sculpture, live music and more national and internationally recognized artists. San Jose.

**Monday to Saturday. Different hours.** Arts, crafts, and other cultural workshops at San Jose’s Cultural House. Ballet, Pop- nesian dance, folk dance, singing, painting, literature, theater, guitar and more.facebook.com/casadecultura/call6231469836 in office hours. Spanish. Alvaro Obregon St. Downtown San Jose.

**Monday to Saturday.** From 6:00 p.m. to 8:00 p.m. Vagabond Movie Club presents. Various movies in their original languages with Spanish subtitles. Short films and art videos before the movie. Free. Playa Migrino St. up from Miguel A. Herrera St. Turn right 2 blocks before the gas station (Pueblo Bonito Sunset area). San Lucas.

**April 18, Thursday, 5:00 p.m.** Art Walk, at the Art Galerries district in Downtown San Jose. Art, paintings, photography, sculpture, live music and more national and internationally recognized artists. San Jose.

**Monday to Saturday. Different hours.** Arts, crafts, and other cultural workshops at San Jose’s Cultural House. Ballet, Polynesian dance, folk dance, singing, painting, literature, theater, guitar and more.facebook.com/casadecultura/call6231469836 in office hours. Spanish. Alvaro Obregon St. Downtown San Jose.

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**April 18, Thursday, 8:00 p.m.** Vagabond Movie Club presents. Birds of Passage. (2018) Drama. Centered on the Wayúu indig- enous people during a crucial period in recent Colombian history. During the marihuana bonanza, a violent decade that saw the origins of drug traffick- ing in Colomba, Rapayet and his indigenous family get involved in a war to control the business that ends up destroying their lives and their culture. Original language with English subtitles. Free. Open air theater. Cultural Pavilion. Boulevard Marina Cabo San Lucas.


**April 27, Saturday, 5:00 p.m.** Todos Santos Blues Fest. Show by The Toscos, Firewater Band, Deep Sensation, Divier, Bryan Flynn Band. To benefit for To- dos Santos Firemen. Spanish and English. Tickets at door 300 pesos. More info 612 154 9859. Zaragoza St between Rangel St and Colegio Militar St. Down- town Todos Santos.

**April 29, Monday. All day.** Dance International Day. Main theater at Cultural Pavilion. All day with different activities and shows by the different dance academies. More info: 624 141 6061.

**May 4. Flute Concerts.** Playing works from Vivaldi, Mozart, Debussy, Saint- Saëns, Bricci- cialdi, Tchaikovsky by Emmanuel Agundez Encarnacion, Flute; Fernanda del Peón Pacheco on Saturday at 7:30 p.m. Piano and Aureos ensemble. Spanish with some help in English. Free. Antonio Mijares Plaza. San Jose.

**May 25, Saturday. 5:00 p.m.** Jam Battles. Freestyle Battles. Show by Doble Z, No Justice, Luis Diaz and Mexican Demons (Break Dance). IMSL Cultural open air center. Paseo Álvaro Ob- regón y Colegio Militar, La Paz.

**June 14. Flute Concert on Friday at 7 p.m.** Playing Works from Vivaldi, Mozart, Debussy, Saint- Saëns, Briccialdi, Tchaikovsky by Emmanuel Agundez Encarnacion, Flute; Fernanda del Peón Pacheco on Saturday at 7:30 p.m. Piano and Aureos ensemble. Spanish with some help in English. Free. Centro Municipal de las Artes. La Paz.

**Compiled by Karina Urquizo.** If you would like to see your event listed here, email her at ninaur- quizo@hotmail.com.
Ask a Mexican

AMLO will soon approve a law that allows Mexican citizens to have guns in their homes. Federal law will determine who, under what circumstances, what kind of gun and if the house is safe enough to have them. Military grade guns will not be allowed. What do you think? Would you have one if you could?

Brandon Corral, 21, student.
I think there’s no Mexican homes that are safe enough for this. Probably just the rich people’s houses but most of them are hunters and probably own guns already.

Laura Garcia, 33, secretary.
I thought that was already a part of the laws in the country, I don’t see a point and I think we don’t need more guns in the hands of inexpert people, like me.

Facundo Gómez, 45 years old, mechanic.
I had no idea a new law would allow this but I have had a gun since my father died. It was his father’s too, and it works like a charm. I will probably end up selling it because it’s so beautiful and old, it wouldn’t stand a chance with a new gun if someone decided to hurt me, and my children would not know how to handle one. I have never had problems with the law but I have a couple of friends who work in the police force, and they never told me it was forbidden.

Samuel Velasco, 38 years old, painter.
I heard about it and thought he was lying, if we have crazy kids and murderers now, what will happen later? Once everything is legal it will turn into those movies where everyone is allowed to kill anyone. I guess it would be okay if people had proper training before being allowed to have one, but honestly Mexicans are not like that.

Ximena Arias, 23, pharmacy worker.
I think it’s a great idea as long as there is education involved. I know a lot of people who have died from being shot by accident or a lost bullet, because some kid got hold of a gun and threw some shots in the air. But I also know a lot of people who have had family members killed in a cowardly way, like robbers who freak out and shoot innocent people, or drug dealers who want to scare someone and shoot a close friend or relative to make a point.

Jose Gonzalez, 25, recent graduate.
I don’t really care about a gun law when education is so bad, there are less jobs than people and things are spiraling out of control. A good measure would be to enforce education rather than violence, like Cuba. Nobody there uses violence, but most people have an education even if they can not get out of the country. In the U.S. there’s an open policy about laws and school shootings are regular. This president is just stupid.
Fish Report

BY CARY GRAHAM
THAT BAJA GUY

April 15, 2019

Numbers at a glance: Billfish 39%, tuna 6%, Dorado 4%, other species 63%.

Marlin numbers stayed consistent in Cabo with warmer water temperatures and clearer water; the top boat released six striped Marlin in one day. The striped Marlin fishing was more productive on the Pacific side, with most boats averaging one to two fish per day. Successful yellowfin tuna fishing was also on the Pacific side and counts were up with many limits of “football-sized” tuna in the 15-30 pound range. Dorado was a bit scarce, but the outlook was much improved as the water warmed up both outside and inside. Wahoo seemed to turn off with only spotty success. There were a few reports of bonus action side. Robatic mako shark off the San Andreas Bank with Sierra and Jack were showing in good numbers from skipjack with Sierra and Jack with nice catches of schools of amberjack near 100-pounds.

Favorite Bait: Slow-trolling live mackerel was the favorite for the striped marlin, and cedar plugs were the favorite for the yellowfin along with feathers. Hoochies were by far the preferred and most productive lures for the sierra. Poppers near the surf were the most successful for jack and roosterfish. Dead bait was the ticket for the striped marlin, and ce-

this month – the ideal time to visit.
Charters are using a combination of bait sources — ba-
dy hoo, slabs of squid, as well as limited supplies of sardina. Chihuahua action has faded, and some imported red crabs were obtained for red snapper action by the commercial panga fleet. Anglers were also using some yo-yo jigs and Rapalas. The most common catch has been the Eastern Pacific bonito, schooling over high spots throughout the area, and averaging 4 to 6 pounds, with some as large as 10 pounds. These are a good-eating fish, like tuna, and they are from the same family species — scrappy fighters on light tackle. Also caught were a few cabrilla, pargo, snapper and amberjack, and of course, lots of triggerfish. Some quality-sized huachinango and one monster amberjack near 100 pounds were landed from a panga recently; they were using a whole bonito for bait!

Wahoo, marlin, and dorado were not easy to find, though as the water warms there should be more activity. Yellowfin tuna are being hooked into every day, mainly using strips of squid for bait; the best spot was the Iman Bank, though the yellowfin is also being seen on the Gordo Banks. The tuna is very finicky though, and anglers were fortunate to land one -- sizes ranged from 25 to 90 pounds. These fish can become shy when they have plenty of natural food source to gorge on and when water conditions fluctuate daily.

Not much heard about fish along the shoreline, such as roosterfish, Sierra and Jack crevalle.

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and biology add depth to his ability to understand the science of weather.

The desire to have accurate local weather led Mical to invest in a personal weather station. “When I went online I always got weather for La Paz or Cabo. It said Todos Santos, but it was way off,” Mical said. “That is what prompted me to provide real data for Todos Santos.”

Another driving component was his interest in kite flying. A good day in his neighborhood often turned out to be less than spectacular at the beach. Those microclimates were wreaking havoc on his fun. A little more knowledge via the weather station helped.

Inside his house is a device not much larger than a paperback book. With a touch of a finger the screen suddenly reveals an incredible amount of data in real time. The outdoor temperature, wind – speed-gusts-sustained, rain, humidity and barometric pressure are some of the data collected. Looking at the graphs can be mesmerizing. Information is obtained every minute. It is stored for about a year.

All of these facts are collected from the device attached to the highest point on his home. The twirling gizmo almost looks like a child's toy spinning in the wind.

While the investment in equipment is a few hundred U.S. dollars, Mical does not receive any compensation for providing data to Weather Underground.

His stats are automatically fed to the company. Weather Underground then takes it and uses other models to come up with the forecast, which is then provided for free to anyone who wants to see what the weather is going to be in cities around the world.

Mical says Todos Santos is in a bubble, especially in the summer. “It can rain in Pescadero and look like rain here, but it skirts around Todos Santos,” Mical said.

Mostly what he has documented in his time as an amateur weather guru is the fluctuation in seasons. “We get a marine layer in the springtime. It is usually here in May and June, sometimes in April. One year it lasted well into July,” Mical said.

He has also noticed the computer models continue to improve. Mical starts his day by looking at the data coming off the weather site and going online to watch the predictions.

“People freak out as soon as a hurricane is in the forecast. I see all the posts online. I just watch,” Mical said. “Two days out it’s pretty accurate. That's plenty of time to prepare.”

CONTINUED ON PAGE 27

and “Doña Tota,” a lady from Ciudad Victoria opened her gordita business, which her family still runs today. It is so successful more than 60 stores have opened in the country and one in Los Angeles. A particularity about Doña Tota’s gorditas is that they also make them with wheat dough.

The state of Tabasco also has a very famous recipe for gorditas, stuffed with fried garlic, lots and lots of fried garlic, finely chopped enough to make a vampire cry. Also, these kiss repellent gorditas are toasted a little more than usual, so they are quite the stinky crunch.

However, around the center of the country many states do not usually stuff gorditas but rather place the main ingredient on top personally, that makes me question the difference between a sopa and a gordita, but we’ll talk...
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david@gringogazette.com
And Kent Keebaugh
kent@gringogazette.com

At Hotel Palmas de Cortez, Los Barriles, East Cape. The heaviest Wahoo (well, the angler) will win a SUV. Entry fee $500 per team. Registration at Baja Mark, Call 877-777-8862. www.vanwormerresorts.com

October 26, Saturday. Tuna Shoot Out. At Hotel Palmas de Cortez, Los Barriles, East Cape. $21,000 purse based on 60 teams. $500 per team. Call 877-777-8862 or visit www.vanwormerresorts.com.


To get your event listed here, email the details to david@gringogazette.com There is no charge.

Y ellowfin were taken off Rincon just north of Pulmo, under porpoise. Nice-sized fish from 20 to 30 pounds and almost all taken on Cedar plugs.

A few 5 to 10-pound dorado, most of which were caught on live mackerel, were taken very close inshore; there were also lots of medium-sized pargo, cabrilla, and amberjack taken, with the closer inshore drop-offs producing the most fish.

La Paz
It’s what we call “transitional” time, although it usually doesn’t hit for another month. However, it’s when it’s not win-

and flat.
Air- Beautiful, clear days with cool mornings. Highs in the low 90s.
The warming water has helped the fishing. Good inshore fishing in Palmas Bay. The yellowfin mixed with a few wahoo finally showed, and a few dorado were also taken close to the beaches in front of hotels.
COOKING LIKE A MEXICAN...
continued from page 25

about those on another occasion. These are also usually paired with a slap of beans, grated queso fresco, sour cream and salsa. Lots of salsa, quite spicy.

Gorditas are one of those dishes that will never be fully discovered, and it is so versatile, new recipes keep being invented. You ask me. INGREDIENTS

2 cups masa (tortilla dough if you can buy it in a tortilleria, skip the liquids listed below or use maseca from the supermarket and follow the recipe)

3 3/4 cups to 2 cups water

Mix together masa, water and salt to create a dough. (skip if you want to cheat a little. It makes the dough easier to handle and hold the gordita (it should still be hot but not hot enough to burn you), use a butter or paring knife to cut a slit down the edge of one side. The gordita should open up and have a little pocket to stuff all the fillings.

TIPS FOR MAKING GORDITAS

I recommend using a zip-loq gallon-size bag instead of plastic or saran wrap when flattening the masa balls. Simply cut it open down the side seams and leave the bottom seam uncut. Then place it on top of the open tortilla press and voila! It’s a perfect size and it doesn’t tend to stick together like plastic wrap can.

Use a tortilla press. If you want to cheat a little. It makes the process so much easier and is a must-have item in the Mexican kitchen!

If you want to try frying them, flip it over and let that side cook for another 10 to 15 seconds. This helps to sort of seal the dough so that an air pocket can form more easily. Flip it once more time and cook each side for about 1 minute, until they have beautiful brown spots.

At this point, you should notice that the gordita inflates a little bit and starts to bubble up in the middle or the sides. This is exactly what you want. I’ve seen the ladies at my favorite gordita joint sort of slap the middle if they don’t rise. And then just like a stubborn toddler, they do. Remove it from the griddle, place it on a plate and cover it with a light kitchen towel.

As soon as you can make all the gorditas as outlined above but don’t slice them open until fried. Then add some frying oil to a medium skillet over medium-high heat until shimmering hot. You don’t need to use a lot of oil, just enough to fully submerge one side of the gordita. Add the cooked Gordita and fry on both sides for about a minute or two, until crispy. Remove from the oil and place on a paper towel to soak up any excess oil. Stuff them like normal and enjoy!

Stuff them with whatever you have leftover, or whip up one of my previous ask a mexie recipes! Here’s what one of our anglers had to say:

“Another great day of fishing. We caught almost 70 mackerel for bait this morning. For the third day in a row, we ran out of bait by 1 p.m. because of just too many hook-ups! Today’s catch included seven yellowtail, five nice-sized cabrilla, one large barred pargo, and one sierra. They were tough on our equipment. The first thing they did was run for the rocks. We lost more than we baited! We also snapped one of the heavy rods on a hook-set, which has never happened before!”
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