East Cape Art Festival
More than art, it’s a happening

BY ARTISTA EN HIDIN

As the Asociación de Artes, the Art Association of Los Barriles, enters our second quarter century, we are going back to our roots for the Festival de Artes. The 2019 festival held in this expat enclave an hour and 20 minutes north of San Jose is Sunday, March 17 from 10 to 4 and could be the start of your celebration of St. Patrick’s Day. Come and enjoy the sunshine, the vendors, the traditional entertainment, the food booths and our second to none beverage garden. Featuring but not exclusive to beer.

This year we are going to get back to our glory days of the early festival by bringing in a higher caliber of artists and reaching out to newer artists with specializing in various mediums. Artists must produce 90% of their own pieces which ensures you get a one of a kind original design. We have added a new category of adventure vendors that we hope to appeal to a wider variety of our active and experience driven guests.

We are also refining and expanding our food vendors, bringing back our favorites like San Antonio Gourmet burgers and pizza, Palmas Carne Asada Taco Stand, the Sausage Ladies and their delicious brats, and bringing in some new vendors with a wider variety of tasty things to eat.

CONTINUED ON PAGE 9

El Pescadero
Dare we call it the anti Cabo?

BY CARRIE DUNCAN

El Pescadero is a rural area 45 minutes north of Cabo San Lucas which is still affordable, quaint, and livable. It’s bordered by Cerritos to the south and Todos Santos to the north. Unless you squint hard, you don’t even know when you’re going from one of these places to the next, and they all fall under the administrative jurisdiction of La Paz.

El Pescadero, which means the fish monger, is sometimes incorrectly called El Pescador, which means the fisherman. People who live there often affectionately call It Pesky.

Although El Pescadero’s boundaries are pretty vague, there are three distinct and very different areas. The boundaries between these areas are vague also, but they are unmistakable in their character.

There is the beach sprawl,

CONTINUED ON PAGE 6
It’s Fiesta time! Yes, it’s fiesta time again, this is Mexico, we don’t slack off in that department. The annual fiestas of San Jose will take place this year from Friday, March 15 to the 19th, at the main park in downtown San Jose, from 4:00 to 11:00 p.m. Entrance is free, and the place is usually crowded as every night different Mexican artists and live bands will be featured.

Some streets around the plaza will be closed to vehicle traffic, so it’s best to avoid going downtown unless you are attending the fiestas. Cool photo op, mingle with the locals, and enjoy some real good street food, risk your life on carny games. There will be lots of trinket booths, but this will be different merchandise, as this is for locals. Best we can say is, this will be interesting for you. And caution, don’t trip over all the extension cords snaking willy nilly among the foot paths, because they control the Ferris wheels and such.

The big parade, the one that stops traffic, will be Tuesday, March 19, at 5 PM to about 7:30 PM. It starts in front of the Dolphin Center in the hotel zone and shambles toward the main downtown park & city hall.

Run for a cause And make that a better cause than that you just held up an Oxxo. Locals and visitors are invited to run to help the Sarahuaro foundation to “Raise Strong Children. One Mother at a Time,” as their motto says. The foundation’s goal is to help low-income family women learn new skills and become economically independent.

In past years, actress Jennifer Aniston learned about their quest and came to visit them. She fell in love with the pretty Mexican rag dolls they were manufacturing by hand and ordered 1,000 of them to take home to her friends while promoting Sarahuaro’s cause.

Whether you are a local Los Cabos business or on the International stage, you can have the Iron Women of Los Cabos represent your brand while helping the mothers and children of Sarahuaro Foundation.

This coming Sunday, April 7, 2019, join the foundation at the Cabo San Lucas marina for their 1st Annual 3k and 5k run. Sponsors are needed to help fund the race and continue Sarahuaro’s health-style programs. Sponsorship must be confirmed by March 11, 2019.

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You Spilled It, You Clean It Up

The Supreme Court has ruled that Pemex doesn't have to clean up after people illegally tapped into their pipelines. There were almost 15,000 illegal taps in 2018, and these folks were not tidy about it. They left behind an ecological mess that Pemex is refusing to clean up.

Then who will? It looks like nobody will. Ever.

This is why we're chopped liver

A new pier is under construction in Zihuatanejo, a resort town not nearly as nice as we are. This will cost US $5 million and Zihuatanejo also gets a new seaside promenade.

A few years ago a pier was proposed for Cabo in front of what is now the Hacienda residences. At that time the land was owned by the three Parr brothers, sons of the original developer of the Hacienda hotel. They fought the pier, knowing the huge ships would block the view from their land. They even cooked up a phony ecology organization that announced it would kill the fish. So now we have to tender cruise shippers in, and as a result, many people, and their wallets, stay on the ship.

A bad FICO score is a bitch

Pemex is shopping for a seven billion loan, and they're looking for it in the United States. Mexican companies are not interested in lending to the notoriously poorly run, corrupt government agency.

So tell anyone you know in your neighborhood to be careful lending to Pemex. Ourselves, we don't live in the neighborhood Pemex is looking in.

This is gonna be a toughie

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March 4th, 2019

You started it, you finish it. A group representing maquiladora factory owners is calling on President Lopez Obrador to help with a rash of strikes that followed his decision to double minimum wages at the U.S. border. Looks like he awakened a sleeping giant who’s feeling the power.

Index, as the group is known, published full-page newspaper ads and took to Twitter after workers at the maquiladoras — foreign-owned factories at the U.S.-Mexico border — demanded a 20% raise and a $1,662 bonus and walked off their jobs in January in the border city of Matamoros. The first dozen companies who were struck, quickly capitulated, emboldening more workers.

Electric bills. Mexican President Lopez Obrador announced that contracts private companies have with the government-run electricity utility called CFE should be reworked to keep electricity prices low. Of course this sent CFE shares tumbling right into the toilet.

The government subsidizes electricity prices, but we want private companies to help, “he said. Let private companies that had legitimate contracts take the hit.

We’ll take one of those tickets. The Utah Public Employee Health Plan has a voluntary Tourist Railway. For certain PEHP members who use 13 prescriptions, the insurer will foot the bill to fly the patient and a companion to San Diego, then drive them to a hospital in Tijuana to pick up a 90-day supply of medicine.

The average cost of an eligible drug in the U.S. is over $4,500 per month and is 40-60% less in Mexico.

Mexican Grand Prix. So it’s out with gas-guzzling Formula One cars and in with zero-emission trains after the Mexican government announced it will pull funding for the country’s Grand Prix to bankroll a new tourist railway.

The government subsidizes the car race to the tune of about $20 million U.S. and tickets to VIP seats are traditionally gobbled up by politicians. According to our new President, that money is needed for his tourist train through the jungle near Cancun. Conservationists have major concerns about the environmental impact of the railway, which is set to run through a biosphere reserve, the second largest expanse of tropical forest in the Americas. Estimates suggest a third of the railway will cut through wildlife-rich jungle, which would have to be cleared.

Mexico is home to an estimated 12 per cent of the world’s biodiversity, but its forests and mangroves are being cleared at an alarming rate. Well, alarming for conservationists who claim the railway would exacerbate deforestation, heaping more pressure on species such as jaguars, which are classed as “near” threatened.

The railway, which will use hydrogen-powered trains, will also cut across land belonging to indigenous communities. However, according to Mexican law, those communities will have to give prior consent before the estimated $8 billion project can go ahead, and these communities are not looking kindly on it. Not one to be bothered with small details, the President is pushing
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EL PESCADERO...
continued from page 1

which is dozens of mostly Gringo owned individual houses built alongside dusty roads laid out in a somewhat cohesive grid. These houses are of various size, value, style, and era, scattered widely, with many empty lots between the homes. The neighborhood is beachside, and since it is on a hill, most of the homes, even in the fifth and sixth rows, have nice ocean views.

Then there’s the Pescadero east of there, that straddles highway 19. This is the fourlane that rushes between Cabo San Lucas and La Paz. That neighborhood, anchored by the Pemex station, has seen a lot of growth lately, as tacky taco stands spring up, each wanting to be on the front row of the highway. This makes this part of Pescadero elongated, and hazardous to people who are constantly running across it, to and fro, for one reason or another. Cyndi Williams, owner of one of those businesses, Oasis bar and restaurant, has petitioned officials for speed signs, speed limits, or speed bumps, but she was only able to secure two cardboard cut outs of cop cars, pounded into the roadside at both ends of the busy strip.

The third area of El Pescadero is the original old downtown. Yes, there is a downtown, you just don’t go there because you’re screaming down the fourlane at an insane speed. The downtown area is on the east side of the highway. There are real stores, although small, a pretty nice baseball/soccer stadium, and even a car wash. The town is laid out in a tight grid, not the loose grid of the Gringo centric west side, or beach side.

Although sandwiched between Cerritos and Todos Santos, and although boasting of three distinct neighborhoods, El Pescadero nevertheless has its own personality. Birds of a feather and all that seems to apply here because nobody kicks up much of a racket in Pesky, it’s very quiet and most of those living there are over 50. Cerritos to the south has a lot of bars and restaurants and now is sprouting hotels, condos, and even timeshares. To the north Gringos in Todos Santos like to think of themselves as artsy fartsy, and it does have that flavor of charm.

But Cerritos has tranquility. Ask anyone living there where they go for fine dining, and they start talking about Cerritos. Ask them where they go for fun and they start talking about Todos Santos up. Pretty much nothing happens in Pescadero, it’s just people quietly living the Mexican experience.

Despite being named The Fish Monger, there isn’t much fishing happening in Pescadero, it’s just a somewhat cohesive grid of the Gringo centric west side, or beach side.

The facilities include a Poolside Palapa Bar, Newly built kitchen and Prep Area and a full service Outdoor Covered Grill Area

Initial proposal will require a three year commitment and include the Contractor to provide a variety of food and beverage services to include a Full bar, Pool-side service, including the potential of Room-service at the Marina Sol consistent with those services and pricing offered by similar facilities in the Cabo San Lucas area.

(Full details are included in the Request for Proposal requirement sheet)

Please contact Ivonne Hyswick, General Manager at: 624-143-2154 or by email at: generalmanager@marinasolhoa.com with questions regarding a Request for Proposal requirement sheet or to schedule an appointment for a facilities tour.

RFP is also available on our website: http://www.marinasolhoa.com

Completed proposal packages must be returned no later than 5:00 pm, April 3rd, 2019, to: Ivonne Hyswick, General Manager Asociacion de Usuarios de Marina Sol, A.C. Condominios Marina Sol, Oficina #1 Calle Acuario entre Ave. Del Pescador y Paseo de la Marina S/N Col. El Medano S/N Cabo San Lucas, BCS 23410

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Despite being named The Fish Monger, there isn’t much fishing going on. There are only about three descent beaches, none accessible enough or safe enough to develop, so for now at least, they’re safe from attracting noisy crowds.

Agriculture is big here, with wide swatches of cultivated fields adding to the feeling of living in the past, more tranquil time. The area is rich in underground water, although it’s being pumped out at an unsustainable rate. Most but not all of the water is held communally by Ejidos, similar to American Indian reservations, and they can’t be stopped from pumping, nor can they be interested in a more orderly, sustainable use of the water. As a result, the water table is dropping and sea water is creeping in. Every crop rotation is seeing more salt deposited in the fields, left behind by irrigation that’s got too much salinity.

These fields of produce are contractually bound to sell nearly all under contract; they are interested in a more orderly, sustainable use of the water. As a result, the water table is dropping and sea water is creeping in. Every crop rotation is seeing more salt deposited in the fields, left behind by irrigation that’s got too much salinity.

These fields of produce are nearly all under contract; they are contractually bound to sell their crops to large produce...
Operators standing by. Or more likely, laying down.

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Here Comes The East Cape Play Again
19th season of the most professional, and usually the funniest play in Baja

BY FRANCIS BACON

Baja Shakespeare is presenting their annual play, and we hesitate to say Shakespeare has anything to do with it because, for one thing, he’s dead, and secondly, people tend to think his plays are dead. But not this play, which was freshly written yesterday.

It’s called The Sea Princess & the Frijole

This troop has been known to enhance play titles of classics in the past, but “The Sea Princess & the Frijole?” Well, it’s their special adaptation of the 1959 Broadway musical, Once Upon a Mattress, based on the fairy tale, The Princess and the Pea. Carol Burnett’s career was launched in this story of a medieval kingdom where no one can marry until a Princess is found for the Prince. Not an easy task when the Queen (and ‘Mommiest Dearest type) doesn’t think anyone is good enough for her son.

It seems a little kooky, psychologically, but KS keeps things ‘light’. Of course, there are lots of hilarious characters played by your favourite local actors and will once again host the shows. Opening night is Friday, March 8 at 7 p.m., running Sat. March 9 and a 1:30 p.m. matinee on Sunday March 10. Shows return on Wednesday, March 13 and running the 14, 15, and closing Saturday, March 16. Doors open one hour early.

Ticket price is $20 USD or 400 pesos and can be purchased in Los Barriles at Homes and Land of Baja, or through Anne at Will Call: nanatemben@yahoo.com 624-141-0314.

Now this year is the hotel’s pre-show, beachside dinner offering, a fantastic Mexican buffet with salad bar on both Friday performances (March 8 and 15) and both Saturdays (March 9 and 16), beginning at 5:30 p.m. The price is only $17.50 USD and includes one drink (margarita, wine or non-alcoholic beverage) plus tax. Reservations can be made up to the day before. Sign up for it when you purchase your theater tickets at Homes and Land Of Baja; let Anne at will call know; call the hotel directly 624-142-0999, or email them at hortencia@hotelbuenavista.com.

For other shows, the regular dinner menu is available. And for out-of-towner, the hotel is offering their super, overnight package: $185 USD for two persons, includes room, dinner, one drink per person, play tickets and breakfast, all taxes included. That’s quite the deal, because there’s nothing like a weekend on the East Cape! The Festival des Huracan is March 17 and BS’s closing night show sells out first. Visit their website: hotelbuenavista.com to book now.

If you’re interested in becoming a Friend of Shakespeare, for an annual minimum donation of $120 USD or $2,500 pesos patrons get two tickets to the performance of choice with preferred seating, an invitation to the exclusive FOS-Baja Shakespeare cast and crew dinner party Tuesday, March 19. For more information call 1-888-1377-9237 or visit www.shakespearebaja.com.

The New Frontier of Anti-Aging Medicine

Mesenchymal Stem Cell Exosomes

About Aging

After 40, we gradually experience the telling signs of old age: poor concentration, memory loss, fatigue, aches and pains, mood swings, hair loss, wrinkles, age spots, reduced sex drive, insomnia, and frailty. A significant amount of these changes happens due to a depletion of the cells responsible for repairing our organism and maintaining us.

When aging, our body’s repair cells dwindle after being used over time. This process, however, can be reversed by replenishing aging stem cells with younger cells. New stem cells will regenerate tissues that have been lost or damaged because of aging.

PRMEDICA’s Anti-Aging Treatment

Scientists have recently developed an advanced bio-cellular and nanoparticle approach to reverse aging that exalts the regenerative effects of stem cells. Exosomes are micro-vesicles harvested from the membranes of stem cells and the key for cell interaction. Due to their minute size, they pass through the blood brain barrier and deliver growth factors and the anti-inflammatory bio-molecules of stem cells directly into the brain. Inside the brain, exosomes promote communication among brain cells and start protective mechanisms that translate in better cognitive and motor skills. In the rest of the body, exosomes stimulate the repair of multiple tissues and modulate abnormal inflammatory responses.

The new anti-aging protocol developed by PRMEDICA replenishes the body’s stem cells with placental mesenchymal stem cells from carefully selected donors. A patient receives 75 to 150 million stem cells by IV infusion plus 5 ml. of exosomes (each ml. contains over 1 billion exosomes). An additional 5ml. of exosomes is administered 10 to 14 days later.

The treatment includes TA65®, a telomerase activator supplement to lengthen telomeres and extend chromosome replication, a stem cell booster implant, oxygen therapy, supercharged IV vitamins, antioxidants, and chelation therapy.

This comprehensive plan will repopulate your stem cell supply, restore memory, regenerate degenerated tissue, reduce swelling, boost energy levels, adjust sleeping patterns, increase sex drive, improve mood and cleanse the bloodstream. As a result, your body becomes rejuvenated. You will also notice overall aesthetic improvements such as better skin and stronger hair. The anti-aging protocol offers the latest breakthrough in bio-cellular technologies for neurological conditions such as Alzheimer’s Disease, Parkinson’s Disease, and Autism to improve brain function and quality of life.

Douglas Spiel MD, a specialist in exosome research and clinical applications, and medical director of Kimera Labs in the USA, will be holding a seminar in Los Cabos in early March to discuss the new anti-aging protocol and exosome therapeutics. To reserve a seat telephone 624 688 8497.

Contact PRMEDICA for more information about the anti-aging treatment or check our website www.prmedica-inc.com and view the videos about the benefits of exosomes and other stem cell treatments. Call us for a free consultation with one of our specialists.

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MARCH 4TH, 2019

PAID ADVERTISEMENT
EAST CAPE ART FESTIVAL... continued from page 1

You will be able to hear the ice cracking on the beverages in our bar hosted by Hotel Palmas de Cortez and Asociación de Artes, and if we are lucky, we will have green drinks to celebrate with.

We will continue with our fantastic traditional folkloric Mexican entertainment featuring our local school kids, along with dancers from the La Paz Ministry of Culture and music from some of our musically talented residents. We will tighten up our grounds to offer more parking space and bring in more tables, chairs and shade, and make the experience for our guests even more memorable.

There will be plenty of seats in our beer garden, which is right by our dance stage, and in the center of all the activity and vendor booths. You can browse through the booths, shop, eat and drink, enjoy the entertainment, and then finish by browsing the booths. There will be so much to see and do, you can enjoy breakfast and then later, have lunch all while enjoying the sights and sounds of the event. We also offer you a raffle and silent auction. This is the most memorable.

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QUE PASA IN CABO?... continued from page 2

The home made theater out in the tulies called ominously, El Otra Lado. The other side. They do a good job, and it will be fun, lished first in Kerala, India, as an homage to P. N. Panicker, who ignited a popular cultural movement in Kerala which resulted in the area acquiring total literacy in the 1990’s.

Que pasa opens. Well, not new, it’s actually very old. The former Marbella hotel on the fourlane at km 17, was badly damaged by hurricane Odile almost five years ago and closed its doors for several years.

In comes the Velas group, developers of the huge but very nice but over priced Velas Resort on the fourlane which took over the road but it has 46 one and two bedroom suites and two penthouses. It is built into the side of the hill, so it has rooms spilling down the hillside. The new people pretty much just tossed a big bucket of white paint everywhere. Everything is white. But in a pretty way.

It is the group’s first European plan boutique hotel as the other five, located in the Mayan Riviera and Puerto Vallarta are all-inclusive properties. That’s where they chain you to the property by feeding you every meal.

More money to us. Los Cabos will be one of the only 15 municipalities that will receive federal funds this year to improve our sewage system, potable water supply, pavement, street lighting and land titles in 13 impoverished neighborhoods.

The feds have announced that a check’s in the mail for more than $27 million as part of the Whole Urban Improvement Program. We were chosen thanks to a study carried out by the IPN, Mexico’s technologies institute.

Locally, the program will employ our very own construction, architects and engineers associations to help supervise the works. Tour de France 2019 Sort of, kind of. Dubbed La Etapa (The Leg) by the real Tour de France, a 20, 40, 70 and 125 Kilometer bicycle race will take place along the Malecón in La Paz on March 30 and 31. The organizers are holding several of these races around the world, to “let people experience the excitement of a professional Tour de France race.” And to get them all worked up around the real one, how, on TV? It is kind of neat to watch, you get to see a lot of the country side of France.

CONTINUED ON PAGE 20
Zocalo Gets A Facelift
That got the attention of those who don’t know what a zocalo is

BY EDGAR GONZALEZ

Plaza Amelia Wilkes just got a facelift. What? Where? Maybe you’re not familiar with this plaza or it’s name but we’re sure you’ve been there or at least passed by it. This is the plaza where the Museum of Natural History of Cabo San Lucas is located. Right in front of the Church of St. Luke the Evangelist. Cabo 30 Years ago: Los Barriles, a small beach town 1 hour north of the airport.

This sign is a little cryptic, but that’s what we’re here for, and why you pay the big bucks for the paper: It reads KM. 0 and marks the start of the road that goes 1,059 kilometers to the border.

The plaza was named for a do gooder who lived here in the early last century when we were called Pueblo nuevo. Translation is New town.

This lady, Mrs Wilkes, was a famous teacher who was involved in the development of Los Cabos as we know it today. She was the first female to hold a public position. She was also founder of the Professional Women’s club. She asked the government for the land to build a school called “article 123” which was built which is on the corner of the park where the museum is today. And if this was not enough do gooding, she also was part of the committee that brought electricity and water services to the area.

The cost of the remodeling of the park was about 2.3 million dollars, and that included all the electrical system, 33 new street lamps, 52 new benches, 3 bicycle racks, 19 trash cans, 40 bollards, and a renewal of the museum’s façade. We also got a brand new gazebo, marble flooring and beautiful landscaping with lots of nice looking bushes.

The trees that were taken out and stored were brought back. It truly is a beautiful park now. The only thing we didn’t get that we were expecting is bathrooms. The plaza wasn’t too old or terribly ugly to begin with but it was not inviting, either. It lacked good handicapped accesses, which it has now. It is also better suited for hosting crowds for cultural events. Besides, who does not like a facelift?

Before the remodel job, the
The Rundown On The Baja Race
We’re talking about the big one, of course

BY EDGAR GONZALEZ

Who hasn’t heard of the Baja 1000? you? Really? Well it is a wild off-road race, one of the most famous in the world, attracting competitors from all over the globe. This race runs for approximately 1,000 miles through the Mexican desert, from top to bottom of the Baja California peninsula. Billed as the longest non-stop point-to-point race in the world, it’s a perfect recipe for adrenaline junkies. Entry costs from year to year, but the driver and co-driver must be members of SCORE and registration / entry fee depends on the class of vehicle competing. At the top end, entry fees can exceed $4,000 for trophy trucks and start at about $2,500 for “sportsman” motorcycles and quads.

The race is the final round of a four-race annual series, including the SCORE Desert Challenge, the SCORE San Felipe 250, the SCORE Baja 500, the 2017 Baja 1000 marked the 50th anniversary of the race. The Baja 1000 has been held since 1967 and was founded by Ed Pearlman. Several vehicle classes compete in this race. Cars, motorcycles, ATVs, buggies, and custom vehicles.

It all really started in 1962 when two wild thrill-seeking Gringos, Dave Ekins and Bill Robertson Jr. wanted to test the reliability of a Honda motorcycle, raced each other running from Tijuana to La Paz. They checked in the telegraph offices along the way to officially keep track of their times. They were also accompanied by two journalists in an airplane who reported on this event to tabloids and motorcycle magazines. The plane also served as a guide to choose the best route while also landing several times to help refuel the motorcycles’ tanks and provide food and drinks. Ekins won this first race by an hour, racing 39 hours 56 minutes with a total distance of 952.7 miles. Between 1962 and 1967 the record was broken several times and by then buggies were also part of the race. The route became so popular that an organized race was the next logical step, so Mr. Pearlman took this step by creating the National Off-Road Racing Association (NORRA) and then announced the first official race the “Mexican 1000 Rally.”

The Baja 1000 grew in popularity when ABC’s Wide World of Sports covered the 1968 event. This attracted several high-profile drivers and big sponsors. This new batch included Mickey Thompson, Indy 500 winner Parnelli Jones, movie actor James Garner, and Mary McGee, the first woman to compete in the event.

From 1967 to 1973 NORRA organized the event, but in 1973 the Mexican government took away the concession. Adding this to the fact that the oil crisis was in full bloom, the race was cancelled in 1974. Then the government got a clue that they couldn’t run it and sold it to Sal Fish and it became SCORE. In 2012 Fish retired and sold it to racer Roger Norman, who remains president to this day.

In the beginning, the Baja 1000 only had a few types of vehicles competing. But today a SCORE race will host close to 40 classes based upon vehicle type, skill level and age. The vehicles range from the relatively inexpensive motorcycles and quads all the way up to the powerful trophy truck and class 1 vehicles that cost hundreds of thousands of dollars to build. In between there are classes for buggies, Jeeps, ATVs, UTVs, stock Volkswagens called Baja Bugs, production vehicles, trucks, custom fabricated race vehicles and many more.

Five Turtle Rating System

That’s what the local businesses in the communities of Todos Santos and El Pescadero are calling their efforts in banding together to eliminate single-use plastics to protect the health, wildlife and environment of their community. Here’s the plan:

1. No Plastic Straws - Just say “sin popote por favor.” When you order a drink please let the server know immediately that you do not want a plastic straw.
2. No Plastic Bottles - Refuse water served in single-use plastic bottles. Ask for water in a glass poured from a garrafon, a large container of potable water.
3. No Styrofoam - Bring your own take-out containers and/or demand restaurants use a compostable alternative to styrofoam.
4. No Plastic Bags - When shopping refuse plastic bags and let stores know you do not want them to offer plastic bags.
5. Patronize Turtle-Rated Restaurants, Shops and Hotels - The businesses that are striving to protect our community by eliminating single-use plastics.

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The Baja 1000 attracts racers from all over the world. We're talking about the big one, of course.

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He says the particles may be carcinogenic. That means, causing cancer, Bunky.

What really pisses off the La Paz people is the plant is producing electricity for what they believe is mostly going down the road to San Lucas and San Jose. Translation: Going to foreigners. They have a point, as the La Paz City hall is millions of dollars behind in their electric bills, causing them to be cut off, and to briefly fire up a portable generator to keep the city's lights on, so they aren't a big consumer of electricity.

Maybe La Paz is broke because they don't have enough foreigners visiting? Just sayin'.

El Chapo Convicted This Week

A man from El Chapo’s home town said, “We know that near his home town, he’s helped a lot of people, building roads, schools, churches. People here will suffer now due to lack of support and trafficking drugs will continue,” he said. “Nobody can stop it. Even now that they’ll give him the life sentence they think he deserves, it’s not going to change anything here.”

One of the signs held up by a pretty young woman said, El Chapo, “Give me a child”.

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EL PESCADERO...

north while the runty food is left behind.

Those who don’t farm in El Pescadero, are either retired Gringos, or if they are Mexican, live off the retired Gringos. They build Gringo houses, or feed Gringos.

This town is definitely the home of independent people, as there is only one housing development, aptly named Pueblo Pescadero. The houses start at about $260,000 and are mostly sold out. It’s a smallish development of about 40 two and three bedroom homes. If you don’t want the headaches of building your own home, and want the peace of mind of knowing how your home was built, this is a good option. Well, it’s your only option in this sleepy part of Baja called El Pescadero. There will be no danger of it changing in our lifetime.

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Zapata

More than a street or a shoe, this is a hero of the Mexican Revolution

BY ALEJANDRA BARBOLLA

This is one of a continuing series of street names explained. In Mexico you can go from town to town and see the same street names, and nearly all are of past national heroes. No Main St here, not even Maple St., Just heroes. Emiliano Zapata is one such hero, so of course we have a Zapata St in San Jose, in downtown Cabo, and in La Paz. Yes, it means shoe, but it was so much more important as a man’s name. What, you thought Mexico has a lot of shoe streets? No.

Zapata was a village instigator, farmer, and horseman who became an important leader in the Mexican Revolution of 1910. He was key to bringing down the corrupt dictatorship of Porfirio Díaz in 1911 and joined forces with other revolutionary generals to defeat Victoriano Huerta in 1914. We don’t have Huerta on the other end of the spectrum. The revolution was a bloody and destructive time for Mexico; it turned Mexico into a nation not a country.

Spa Cielo a Laser Medical Spa

These days everybody wants to look beautiful. As 78 million “baby boomers” approach retirement, age is beginning to show. But with the fast pace of today’s aging society, people now want that fresh look without spending weeks of painful recovery. A rejuvenation vacation is the solution. Spa Cielo Laser, Wellness and Weight Loss Center named “2009 Best Medical Spa”, is located in San Jose del Cabo, and has built their business over the past 10 years here in Los Cabos to meet those vacationer desires.

“People want to look better, but they don’t want to give up any time from their daily lives or vacation” said Cathy Dammann, Medical Aesthetics Practitioner and Owner of Spa Cielo Laser, Wellness and Weight Loss Center. “The public is demanding transformation with little pain or downtime” states Dammann. Spa Cielo, which specializes in the latest light and laser treatments, offers a variety of treatments from LED and Photo-facials, to TITAN™ Skin Tightening and Lumenis Acupulse™ Fractional CO2 Laser. With the recent addition of the award winning HydraFacial™, voted Best Non-Laser, Non-Surgical Skin Rejuvenation 2012, Spa Cielo now has something for everyone, whether it is a bride the day before her wedding or someone who wants to go home looking five years younger.

The HydraFacial™ is the first step in skin rejuvenation for someone in their 30’s or 40’s who doesn’t really need laser or for someone who is looking to maintain their skin in their 50’s and 60’s. HydraFacial™ were even featured in InStyle magazine in 2009 as the “hottest celebrity pre-bridal facial”. All the notoriety is with good reason. The HydraFacial is the only system to vacuum extract; wet-microderm and vortex infuse serums, following a computerized customized treatment plan based on the individual’s skin type and needs. “It is truly amazing!” exclaims Cathy.

On the other end of the spectrum, Spa Cielo offers fractional CO2 laser treatments, named #1 in Anti-aging Skin Rejuvenation by WebMD, which offers a superior solution for rejuvenating and resurfacing the skin. The fractional laser can be used effectively to treat fine lines, wrinkles, acne, stretch marks, acne and burn scars, skin pigmentation, discoloration, sun damage, precancerous as well as benign lesions and uneven skin texture. This is the only laser treatment at Spa Cielo that requires any downtime, typically less than 5 days.

All of the other laser treatments at Spa Cielo, including TITAN™, the non-surgical facelift, recipient of the Aesthetic Medicine Award for “Best Customer Experience and Satisfaction” can be performed the day before a media or public relations event. Lifestyle Lift Now Available at Spa Cielo. Spa Cielo offers a complimentary VISIA™ computerized complexion analysis, which allows a customized treatment program for efficient rejuvenation with least amount of time. Make your time here a rejuvenation vacation. Call 624-105-2209 to schedule your complimentary VISIA™.

Carol Dammann is a Medical Aesthetics Practitioner and has certifications in Aesthetics, and Light and Laser Therapies. She is a member of the International Association for Physicians in Aesthetic Medicine and the recent recipient of the 2012 “Successful Women of the Baja” by Baja Traveler Magazine. She has made numerous appearances on talk shows including Oprah. Spa Cielo’s physicians and staff are trained and certified in United States and Mexico and are bilingual. Spa Cielo Laser and Wellness Center holds a five star rating and received the “2013-2017 Award of Excellence” from TripAdvisor and has the experience you look for in a laser medical spa, with 10 years in Los Cabos area, 14,000 patients and over 70,000 procedures performed. Spa Cielo is your answer to skin and body rejuvenation.

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Local Real Estate Could Add To Your Retirement Fund

It’s a lot more steady, Eddy

BY NICK FONG

With a fluctuating stock market and faltering money market returns, many Americans have discovered an innovative method to move their retirement account investment money to a place where it can do some good.

Specifically, Cabo real estate!

Real property can either be purchased or sold for your benefit using your qualified retirement plan and/or IRA funds. When purchased, these properties become assets of your plan or account.

Another plus to this type of investment is that the restrictions are relatively few. They are:

- The IRS code does not specify which types are permitted, however, typically you can purchase investment property such as single or multi-family dwellings, apartments, condos, commercial buildings, raw land, vacation property, mobile homes etc.

You can also lend money against these types of properties.

You cannot buy a property, or invest in a secured loan that involves yourself, a son, a daughter, parent, or other disqualified party - such as a fiduciary or your sole proprietorship. However, this rule does not apply to siblings or any third party. You can buy a house and rent it to your sister or brother, or an unrelated third party. If you rent the property to any qualified party, all income and expenses must first flow back to your IRA. If you decide to use some of the income produced, such distributions will always be subject to taxes, and possible penalties (if they are received prior to age 59 ½).

You may not personally own the property which you intend to purchase with fund plans and you must ensure that your intended purchase is not a prohibited transaction.

It must be for investment purposes only.

Neither you, your spouse, nor your family members (other than siblings) may have owned the property prior to its purchase by your plan.

Neither you nor your family members (other than siblings) may live in or lease the property while it’s in your plan.

Your business may not lease or be located in or on any part of the property.

If you are tired of losing money in the stock market or of watching your IRA account’s value increase by only a modest yearly fraction, this could work well for you. Maybe now is the time to explore potentially higher yielding Cabo real estate investments that you self direct and can control.

By Nick Fong of Los Cabos Agent “Someone You Can Trust”, info@loscabosagent.com, www.loscabosagent.com, 312-725-3664 (US), 624-157-3170 (Cabo)

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Home Inspections Are Vital
The Sleuth’s Guide to Home Inspections

BY WILLY WISE

So you’re a smart buyer and know your written offer to buy should be conditional on a home inspection. Smart sellers may even arrange a home inspection prior to listing a property to identify and/or fix deficiencies to limit price negotiations. Good move on both sides - but what if the inspector missed something and you’ve signed off on the final deal? Check the fine print on the inspection report and you will see a disclaimer absolving the inspector of any liability for his omissions. Now you’re pulling more pesos out of your wallet to fix it.

What could you have done differently? Before rushing into ‘let’s make a deal’, take a second look past the wall colours, past the stone countertop and the nice furniture and check for clues on potential home inspection outcomes. I’ve reduced my initial offer price significantly by finding deficiencies on my own, before the professional home inspection and still had the offer accepted.

Face it, once you make an offer you are emotionally invested in getting the deal done. You will likely accept certain deficiencies after seeing the formal inspection report with less vigorous negotiation. Your best position is to consider which deficiencies are deal breakers and which you use to justify your initial offer price.

Deficiencies fall into degrees of severity from ‘walk away now’ to ‘I can get that fixed.’ The two most critical deficiencies are cracks in walls and ceilings and water damage. Next on the list are slow drains, the slope of balconies and shower floors and termites; then it’s the condition of appliances and window coverings.

Let’s start at the top. Cracks mean the building is moving and that’s never good. Buildings in Mexico are usually made from cinder block and if done properly steel rod (rebar) and concrete are put in the vertical channels of the blocks to fortify them. Roofs are corrugated steel decking with poured concrete containing rebar or steel mesh for strength with some type of sealing product or terracotta tile to finish it off. Given cement is hard there is a degree of brittleness which means small cracks from settling are normal. Large cracks on the other hand are problematic. Even with older buildings, which should be fully settled look for cracks that have been patched and reopened signalling a building in motion. Newer buildings have yet to prove the workmanship trustworthy so it can be a gamble. Look at the site – a flat property suggests a sand base and a sloped lot or rocky outcrops is apt to be on bedrock.

Cracks and settling naturally lead to big problem #2 which is water leaks. In years gone by Cabo was in a 10 year drought but that ended and tropical storms have exposed major deficiencies in a lot of complexes. Ideally, seeing a location during or just after several inches of rainfall will reveal any sins of construction that worsen over time. However, given more sunny days than rainy (that’s why you’re here, right?) look for water marks around ceiling lights or rust on ceiling fittings implying they have been wet. Ceiling leaks are the worst but also look for peeling paint, paint bubbles and even a lot of Fresh paint as potential clues the underlying walls have been wet in the past. Check carpets and furniture feet for water marking or mold. Does it literally pass the cement to pressure fumigate. If subterranean termites are present, intervention means having exterminators drill holes in the cement to pressure fumigate inside the walls. Note to sell for termites in cabinets or walls. BIG price adjustment.

Subterranean termites leave a small brown or grey trail up a wall in which they are burrowing. If subterranean termites are present, intervention means having exterminators drill holes in the cement to pressure fumigate inside the walls. Note to sell for termites in cabinets or walls. BIG price adjustment.

Lastly, have a good look at the appliances. Older appliances aren’t necessarily bad but expect to be replacing them in the next few years. Hot water tanks fail regularly (5-7 years) due to the “hardness” or calcium content of the water. Icemakers in fridges are a perennial problem as the plastic water lines disintegrate in the summer heat after just a couple of years and burst (seemingly always when the home is unoccupied). That leads to an even bigger problem especially if you’re in a condo with units below as you will be responsible for their damage too.

Once again informed buying decisions can avoid buyer regrets and paying twice for the home you purchase.
OPEN HOUSES

March & April-Friday, 3pm-6pm. CASA MELINA, Rancho Paraiso Estates. 3 Beds, 3.5 Baths. 4519 Sq Ft. Ocean view. $899,000 USD. Roberto Gonzalez-624-157-0052/Sotheby’s International Realty.

Tuesday March 05, 2019 from 11:00 am – 2:00 pm, Casa Moderna, MLS# 18-2295. Contemporary Home in immaculate conditions. SJ 3bd/3.5ba. Price $249,000. Manny Rosas ph. (686) 134-0870, Los Cabos Agent.

Tuesday March 5th, 11am to 2pm. Casa Schrader - Cresta Del Mar. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Land’s End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997

Wednesday March 6th, 2019 from 11:00 am – 2:00 pm, Margarita Villa, MLS# 18-2757. Captivating New home with stunning Ocean and Golf Course Views. CSL 4bd/ 4.5ba. Price $1,790,000. Manny Rosas ph. (686) 134-0870, Los Cabos Agent.

Wednesday March 6th, 3:00pm - 5:00pm Casa Salida del Sol | Querencia, San Jose Corridor. -Total Sq Ft: 7,633.04 , MLS # 19-468 $2,590,000.00 USD. Janet Jensen +52 624 141 6726 & Martin Posch +52 624 147 5857

Thursday, March 7th, 10am to 1pm. Casa Schrader - Cresta Del Mar. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Land’s End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997

Thursday March 7th, 2019 from 11:00 am – 2:00 pm, San Jeronimo #10, MLS# 18-1239. Beautifully upgraded with Ocean Views Home. CSL Corridor 3bd/ 3.5ba. Price $235,000. Manny Rosas ph. (686) 134-0870, Los Cabos Agent.

Friday, March 8th, 3:00pm - 6:00pm Casa Suzanna 60 Palmilla Estates | San Jose Corridor. Ocean and Golf view. -Total SqFt: 5,713.56, MLS # 19-310 $1,650,000.00 USD. Janet Jensen +52 624 141 6726 & Martin Posch +52 624 147 5857

Monday, March 11th, 1pm to 4pm. Casa Schrader - Cresta Del Mar. MOTIVATED!!-4 Bdrm, 4.5 ba, 2G, Pool/Spa/Outdoor kitchen, 3400+ a/c SF 6047 ttl SF. Unblockable, Panoramic, Ocean, Land’s End Views & City! Cabo Premiere Real Estate. Call me if running late or to set up an appointment. Lara, 624-129-8997
Living Off The Grid

Go solar, go desal, go look at those who did

BY EDGAR GONZALEZ

Living off the grid is a widely used term that has several different meanings. For some people the first thing that comes to mind are the Armageddon preppers: long haired weirdos talking about conspiracy theories, hoarding non perishable foods, weapons and equipment in their underground lairs, while preparing for the apocalypse or the inevitable zombie invasion. While this is a reality in some cases, (not the zombies but the people who live this way), there are different and more sane ways to live off the grid.

Let's start with a definition. The grid is the common name for the "power grid" which is the linked system that delivers electrical energy to the household. A typical house is connected also to natural gas, water pipes and telephone lines. Going off the grid means shunning these public utilities in favor of creating your own energy. By doing this a lot of people create autonomous houses that depend as little as possible on the government provided energy services. Services that also seem to perpetually keep rising in cost.

We talked with Jim Hart, who owns a real estate company that specializes in the East Cape. The East Cape is the zone that's north of San Jose and La Playita, extending all the way to Cabo Pulmo and a little beyond that. This is an area that is just recently getting paved roads, (no thanks to the government, but thanks to a big resort going in), and has been largely without services up to this day. But in spite of this hardship, there are a good number of houses in the area, big houses. And they have been there for a long time now. The area doesn't seem to grow much, the house don't appreciate much. Maybe we've run out of pioneer type people? Hart tells us "living off the grid" is a lifestyle.

The houses do have all the services a Gringo requires, and they get it mostly with generators and solar.

In los Cabos it makes a lot of sense to live off the grid he told us. First of all there is so much ocean front and ocean close property that is off grid and cheap that it's too tempting for some to pass up. You buy in knowing you're going to be roughing it off the grid.

We have so much sunshine here that it makes a lot of sense to take advantage of that and build a property that is totally self sufficient with solar. With today's technology you can do virtually anything with solar power and of course a backup with a generator of gasoline or propane gas. In the last 15 years there have been so many advances in this technology that it now costs about a third of what it was when the community on the East Cape first emerged.

For instance, the batteries available now are lithium, which are a third the size of the old ones and give energy for 15 years rather that five or six like the old batteries.

You can build a house on the oceanfront with a building permit that will allow you to build a well of salt water from the ocean that with the right equipment will be desalinated and provide you water freeing you from depending on the familiar water truck that comes trundling out over tough roads.

Of course you will also need to set up your house with sewage and waste disposal systems, usually septic. Being completely off the grid is a little like being out to sea.

Living off the grid is going to take a lot more specialized knowledge by the homeowner and more work and way more capital investment, but it will be a cheaper way to live in the long run.

Realtor Hart tells us he sees more people investing more money than ever before in multi million dollar homes out on the East Cape. Maybe they're tired of waiting because for years they've been told the pavement and power lines are coming "soon". The government isn't going to do that, because it's richy rich foreigners who don't vote who are whining for it. The government needs to bring pavement and services to its hard working impoverished citizens first. And actually, many people living out on the East Cape do not want city services and all the people they believe that will bring. They moved out there to rough it and live in their own pioneering style.

Although the solar industry has changed in recent years, it remains the cleanest and safest source of energy with the least amount of impact on the environment. Private desalination plants is an expensive way to go, as they use a lot of energy. It takes power to drive water through those salt catching membranes, so throw more solar panels up on the roof if you're going to shun the water truck and desal yourself.

If you want to see that living off the grid is not only for the doomsday preppers and antisocial hippies, but also for the people who enjoy living surrounded by nature without giving up the easy life, drive out to the East Cape. Go through La Playita, and onto the coast road. And bounce around until you get to the first settlement, Zacatitos. Zac's bar and restaurant is great, we recommend the ribs. Saturday is all the ribs you can eat. •

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March 4th, 2019
Mouse Patrol
This year they are a bigger problem than usual

BY CINDY RAY

This year a bad year for mice on the East Cape. Everyone is having the problem here; if it’s not Mickey, it’s packrats, or rats. No bueno. Even my neighbors with several cats are having issues. The mice seem to be getting the best of us.

I found a rat in the garage and two dead mice. Ick. But when I was standing in my kitchen and had a mouse sprint across the top of the oven and then dive down behind it - I was mortified. Not only started me; but it was very fat which perhaps meant it was pregnant! I have read that they can give birth to 23 babies at a time. My imagination ran wild with visions of hoards of mice running around my house. I immediately removed all garbage food; and water from the kitchen area and sanitized the counters. I had nightmares that night. So I did what everyone would in this day and age. I went on line for suggestions. Living a good hour from a town where I could purchase mouse traps, I thought I would try some other options. One option suggested that mice cannot burg and that large quantities of soda (with real sugar) would cause them to basically explode inside and they would die overnight.

So I left out two dishes full of Coke in different areas where I had found mouse droppings. It did feel a bit like I was setting a mouse from carbonation poisoning. Unfortunately; it loved the cola, drank almost all of it, but alas, did not explode and die. I think then I had only created a hyperactive mouse because as I watched a movie that night it bounded off the kitchen counter and onto the bus; race on across the coffee table right in front of me. What a brazen little creature.

The next night I tried another option. I have stainless steel sinks which are at least a foot and a half deep with slick sides. I filled one with about five inches of water thinking it would go to take a drink and hopefully not be able to climb out and ultimately drown. Poor mouse. Well not surprisingly that did not work either.

So off to town I went to purchase mouse traps and worst case scenario poison. I bought the sticky traps small ones and a couple boxes of the 4 by 8 inch size sticky traps.

I put two of the sticky traps on the counter where I had seen it sprint across, baited with chocolate brownies in the middle. (Yes I actually bought the brownies for the mouse.) I was excited and a little apprehensive hop-CONTINUED ON PAGE 22
day, Feb. 26. Your name will be included in the playbook on the Friends of Shakespeare page. If you respond by Feb. 15 you will be granted the status of a super-patron of this long-standing community theater company. Contact Anne Herschleb at hereschleb@gmail.com.

Shows sell out fast, so pick your date and make your reservations soon. Groups are welcome. Baja Shakes promises you another great production. Every year their fans come out of the theatre saying, “This is my absolute, all-time favorite! For more details and updates go to www.facebook.com/pages/Baja-Shakespeare. Oh, and not to worry, this has absolutely nothing to do with Shakespeare. »

QUE PASA IN CABO?... continued from page 9

The race’s spokesperson said that 1,500 amateur bikers are expected to participate. The Malecon and several blocks of Abasolo avenue will be closed those days. You’ve been alerted. Do you think you’ll remember and avoid that area those days? Not likely.

For information or to sign up go to: https://laetapamexico.com/lapaz. Hey, you can do this, the shortest of the divisions is only about 12 miles and then you’ll have bragging rights to the Tour de France. »

ZOCALO GETS A FACELIFT... continued from page 10

The plaza held a weekly kermesse where local families offered delicious snacks and Choyera style cuisine, as well as handicrafts. This was displaced during construction, but will probably be back, look for notice of it in our calendar. It was Friday nights. The cool whale’s skeleton on display is gone. It even had a name “the ‘Thalia,” but it was missing bones and was not preserved properly. Authorities say they are working on either completing it or getting a complete one to put there for visitors to gawk at and get interested in going into the museum. The museum has collections on botanic, paleo-biology, anthropology and zoology. There is also an archeology room where you can see the remains of a Pericu woman, one of the earlier inhabitants of the Baja. You can also find exhibits on astronomy and history, and there is space for temporary expositions.

The inauguration event took place a couple of Friday afternoons ago, with the State’s Governor Carlos Mendoza in attendance. So was our Mayor, Armida Castro. At the event taking credit also, were the secretary of urban planning and a plethora of local politicians with course many speeches.

There is a new sign pointing at km. 0, the start of the 1,059km. road to the border. So enjoy the new plaza, visit the museum, or take a coffee or a meal while sitting on one of the 52 new benches. Be sure to use one of the 19 new trash cans. »

ZAPATA... continued from page 14

Zapata and Madero did not stay in cahoots for very long, as Madero did not really believe in land reform, which was all Zapata cared about. When Zapata, (shoe), figured this out, he turned against Madero, (wood), are you still with us?

In November of 1911, Shoe wrote his famous Plan of Ayala, which declared Wood a traitor, named Pascual Orozco head of the Revolution, and outlined a plan for true land reform. But before he could overthrow Wood, General Victoriano Orchard beat him to it in February of 1913, ordering Wood arrested and executed.

We’ve all seen Carranza St and Obregon St, and those guys were involved with this, but this is Wood, Shoe, and Orchard’s story, we dare not complicate it any further or you will surely be lost.

Here are the major accomplishments of Zapata, which might be in your quiz: He allowed women to serve as combatants. Although other revolutionary armies had women followers, in general, they did not fight.
Machaca is a traditionally dried meat, usually spiced beef or pork, that is rehydrated and then used in popular local cuisine in Northern Mexico and the Southwestern United States. The essence of machaca is an ancient technique to preserve food that has been used by many ancestors in many cultures, in various eras and places. It’s amazing there are so many similarities in food cultures that are so different. Dried meat is one of the most typical ingredients in the north of Mexico, reaching the Baja in a way that almost makes us believe it is a typical dish from here too.

Prepared machaca can be served any number of ways, such as filler in tightly rolled flautas, tacos, or burritos, or on a plate with eggs, onions and peppers (chiles verdes or chiles poblanos). Machaca is almost always served with flour tortillas, that tend to be large, up to 20 inches in diameter.

The native Mexicans who lived in the north of the country realized they could preserve their meat and transported it in long rolls, sort of like edible sleeping bags. They would eat it dry, no seasoning or condiment. Dried meat was usually hard to take a bite out of, so they would take a couple of rocks and smash it until it broke down, giving it the name “machaca” (to grind). Later, they discovered quail eggs, and soon scrambled eggs with machaca was born. Also, since beef had not really made it to the Americas yet, deer meat was used. It still is used and very typical in northern Mexican cooking.

Nowadays machaca is quite different from what it originally was, and like all the good Mexican dishes and ingredients, there is a legend behind it. The most popular says that around the seventeenth century, northern Mexico’s economy revolved around mines and cattle. A bunch of miners grew tired of just dried, plain meat, so they asked a cook to change it up a little bit. She added whatever she had on hand which was onions, tomatoes, chiles and eggs and so was invented the typical machaca scrambled eggs.

Another of the stories says that in Nuevo Leon, around 1928, a lady called Tía Lencha (aunt lencha) was in charge of feeding the engineers and builders who were working on the road to Laredo. She felt bad for them, poor men eating dry meat with lime juice, so she went in her kitchen and made machaca friend in pork lard, with tomato, onion and chiles. She threw some refried beans on the plate and handed them flour tortillas. They loved it.

After the arrival of refrigeration, dehydration was no longer needed for preservation. Nowadays most dried beef is sold in the U.S. as jerky. In Mexico, it is still sold for cooking and snacking; this is done mostly in the north and in small-scale operations. Most machaca dishes now are made from beef that has been well-cooked, shredded, and then cooked in its juices until the desired consistency is achieved, which in Phoenix can be soupy, dry, or medium. In Tucson and south, the preparation is almost always dry, and approximates more closely the taste and texture of the original dish prepared from dried meat. Carne seca (dry meat), is an alternative name for machaca in Tucson and Sonora.

Whichever story is real, machaca was spread all through the north of Mexico, even the parts that were sold to the United States, but they call it jerky. Each state claims it as their own and has their special recipe.

This recipe is to make “artisanal” machaca, meaning a small batch, and some people might always prefer store bought, but I believe there is a magic in making things, at least once, so you can appreciate the real value of

CONTINUED ON PAGE 27
Cabo’s First Chess Tournament

Started by a well known and beloved musician

BY BOB FISHER

Local musician Mauri Acuna is well known to Cabo San Lucas Gringos. He plays guitar on his own and several other instruments with local groups. He plays to the expat crowd in Tanga, Sancho’s Cabo Cantina, and anywhere else he can get a gig. Another of his passions is chess, and he’s posted online his ambition of holding a Cabo San Lucas Chess Tournament.

Most people who frequent downtown Cabo know Mauri, at least by sight, because he plays at several venues around town, among them Tanga, Tanga and Cabo Cantina.

Cabo has its origins in India, in the 6th century, making chess one of the oldest games that is still played. We said one of the oldest, we know Go is 2500 years old.

Chess has its origins in India, in the 6th century, making chess one of the oldest games that is still played. We said one of the oldest, we know Go is 2500 years old.

Mauri says, “I posted a photo of the chess board on Facebook, and almost immediately, seven of my friends wanted to participate in this tournament. One of them, my friend Petulas, owner of Los Corrales restaurant, is an avid fan of the game, and said that we could use tables at her restaurant to host the first edition of The Juanito Memorial Chess Tournament.”

The tournament is named in honor of Juan Ramon Tatemura who passed away from esophageal cancer in 2015 at the age of 40. Juanito as he was known, owned Cabo Lounge, a bar very popular with the expats.

Because everyone has a career and jobs during the day and all week, we chose Saturday, February 10, as the date for this exciting first edition event,” added Acuna. They used serious, international rules.

“When I first heard about it, I said yes, right away,” Leo Poblete told us. He originally hails from Arizona and has been playing chess for more than 16 years.

The first victorious tournament winner was Ernesto Valdes. The tourney was best two out of three games and featured 12 players. All of them Mexican. Of the four expat Gringos invited to play, none of them showed up.

Mauri Acuna plans to hold another, similar event, during the spring season at the same Los Corrales Restaurant and Cantina, inviting the very same enthusiastic contestants and anyone else who wants to sign up. Talk to Mauri Acuna at any of his performances or call him at (624) 156-0983.

MOUSE PATROL...

continued from page 19

I have specialized in the sale of timeshare resales in the Los Cabos area for over 22 years.

Sellers: Never an Upfront fee to sell your timeshare. I get paid when you get paid.

Buyers: Prices on the resale market are significantly less than purchasing directly from the resort.

For straight talk about your options when buying or selling a timeshare, please call Caryn at 800 320 2345 or email me at caryn@mytimesharebroker.com.

MOUSE PATROL...

continued from page 19

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Fish Killer Of The Week

Roger Thompson, formerly from Long Beach, Calif., has a house at La Ventana near La Paz and was slow-trolling a sardine in about 20 feet of water when this hog yellowtail hit! He got three to the boat and lost a freight train he couldn’t stop on a Salas jig.

Photo, Jonathan Roldan’s Tailhunter International

CONTINUED ON PAGE 30

Fish Report

BY CARY GRAHAM
THAT BAJA GUY

Cabo San Lucas

The striped marlin have continued to spread from the Pacific side out around the corner to the east as they follow the schools of bait. Dorado counts and yellowfin tuna counts have been sparse again and are down a bit from previous weeks.

The striped marlin fishing has continued to concentrate around the Lighthouse, out to the Golden Gate and San Jamie Banks with good results on the Pacific side, though the seasonal migration has begun to turn the corner up into the Sea of Cortez, again, following schools of bait.

Stripers have been reported off Palmilla and around the Gordo Banks, but the inside fishing has been a bit slower. The fleets have been concentrating around the Lighthouse and out to the Pacific Golden Gate and San Jamie Banks, but the inside fishing has continued to concentrate around the Gordo Banks, Punta Gorda and north to the Herradura, the 110, the 120, the 140 and the 160 Spots.

Sea Conditions: Seas have been relatively calm in the mornings with swells and chop showing up in the afternoons as breezes increase. Forecast is for more of the same with winds in the 8- to 11 mph range through early March, mostly out of the West and WSW. Humidity is expected to run in the mid-60s into early March.

Cabo San Lucas only authorized dealer, servicing all of Baja Sur

Bait Supply: Live bait is available at the $3.00 per bait upon exit from the harbor. Mackerel, when available, is popular with the captains.

Puerto Los Cabos

Bait options have been caballito, slabs of squid, chihuil, ballyhoo and the limited schools of sardina that appeared inside the marina channel, which were quickly netted; this resource is now gone again. Anglers have been relying on slabs of squid, ballyhoo, mackerel, sardina and chihuil. Despite the cooler weather, the all-around fishing action has improved.

Fleets have been fishing from Chileno, Palmilla, Gordo Banks, Punta Gorda and north to Iman Bank. Water temperatures cooled off some, down to the 70- to 72-degree range, though clarity has remained good. The most constant action in recent days was found closer to shore.

The billfish action has been scattered, no concentrations found, though the striped marlin are spread throughout the area. Most of the Cabo San Lucas fleet is fishing in the direction of San Jose del Cabo.

There have been encouraging signs of yellowtail action; inshore off Chileno and Santa Marina, the areas were producing good numbers of striped marlin to El Arco. Roosterfish are occasionally showing in the surf from Solmar around the point at the Lighthouse as well as in the Palmilla area.

Cabo Climate: Mid-February has been a bit cooler with a mix of mostly sunny-to-partly cloudy skies. The outlook is for more of the same with average daytime temps in the mid-70s and evenings in the low 60s. Winds are expected to lower a bit into the 8 to 11 mph range through early March, mostly out of the West and WSW. Humidity is expected to run in the mid-60s into early March.

Sea Conditions: Seas have been relatively calm in the mornings with swells and chop showing up in the 6 to 15 mile range. Good numbers of striped marlin have been showing in the Golden Gate and San Jamie areas. The yellowfin are being found 25 to 30 miles out to the South and SW near the Herradura, the 110, the 120, the 140 and the 160 Spots.

Favorite Bait: Trolled black/green or green/silver mackerel looking lures along with live mackerel and caballito were the favorite bait for the billfish. Trolled feathers and cedar plugs were the ticket for the yellowfin. Hoochies were by far the most productive lures for the sierra and poppers were the most successful bait for jack and roosterfish.

Bait Supply: Live bait is available at the $3.00 per bait upon exit from the harbor. Mackerel, when available, is popular with the captains.

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There have been encouraging signs of yellowtail action; inshore off Chileno and Santa Marina, the areas were producing good numbers of smaller-sized yellowtail with trolled hoochies and smaller-sized Rapalas. Most of these fish were in the 3- to 8-pound class. Typically, the smaller fish appear first, then the larger-sized yellowfin move in on the same grounds; hopefully this will continue in the coming months.

There was decent wahoo action close to shore off Punta Gorda and the Iman Bank where fish ranged up to 40 pounds. They were striking on slow-trolled bait and yo-yo jigs. Dorado action was very good. Same deal. More dorado ranging up to 15 plus pounds were found closer to shore and the bite was often better later in the morning; many boats scored as three to five dorado which has to be considered very good, considering this is not the normal season for these gamefish.

Inshore action also produced a few roosterfish to 15 pounds, jack crevalle to 20 pounds, sierra, bonito and needlefish. Off the bottom, the fish have been smaller-sized red snapper, hogfish, triggerfish and an occasional leopard grouper or amberjack. A few glasseye snapper, baqueta, grouper and golden-eyed tilefish were found in the deeper water on the outside of the Gordo Banks.

East Cape

Inconsistent weather has stymied most of the fleet, even though a couple of days a few boats made it out and found some yellowtail up to 50 pounds. The Tin Boat fleet managed to make it out early to mid-morning scoring a few bonito, small skipjack along with a few nice-sized sierra.

La Paz

At times, the winds blew strong and consistently. Gusts up to 30 knots pushed a lot of white water around which made it hard to find bait. But that’s how it is during these months and it’s a big reason few folks are out fishing.

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Amazing mother of all palapas on the cliffs gives view to China. Facebook @GuaycuraHotel Email reservations@guaycura.com Ph +52 (612) 175 0900. Hard to find, but worth it.

**Every Sunday.** 7:00 to 11:00 am. Bicycle, walk, skate or drag your pet around downtown Cabo. The main drag in Cabo San Lucas closes to vehicle traffic. Great opportunity to exercise and mingle with local families. Each week a different activity, like spinning, aerobics, zumba lessons. Email clubcaptusbike@gmail.com for information.

**March 7th, Thursday** Baja SAFe annual Fundraiser Gala at Flora Farm, live Music with Pura Vida Group.

**March 8th, 9th & 10th & 13th, 14th, 15th, 16th** Baja Shakespeare's 19th Season presents The Sea Princess and The Frijole at Hotel Buena Vista Beach Resort's Convention Center in Spa Buena Vista. It's a wacky adaptation of The Princess & The Pea. All shows at 7:00pm except March 10th, a matinee at 1:30pm. Tickets $20usd or 400 pesos at Homes and Land of Baja in LB or Will Call, 624-141-0314 nanatembden@gmail.com. Hotel has great pre-show buffet & overnight rates, call 624-142-0099. For all details go to www.facebook.com/pages/Baja-Shakespeare/220397878011557.

**March 8 & 9, 15 & 16.** Theater in Todos Santos. 'The Wake' is a hilarious and interactive play of an Irish Wake set in a pub. Of twists in the story, as well as jigs & jokes, stories and songs. It will take place at Teatro Luna Azul in Todos Santos over two weekends - Dinner Theater on FridaySaturdays. The Pea. All shows at 7:00pm. $20usd or 400 pesos in advance. Sunday Matinees on March 10 & 17 - show only at 4:00 pm. Tickets at Tecolote Bookstore. Out of town? Email Luna Azul at bluenoonina @yahoo.com. Info: https://lunazultodossantos.wordpress.com

**March 10 & 17 Sunday Matinees.** Theater play. In Todos Santos. At 4:00 pm. 250 pesos in advance. Play set in a pub. Twists, jigs and jokes, stories and songs. Tickets at Tecolote Bookstore in Todos Santos. bluenooninabaja@yahoo.com. Info: www.lunazultodossantos.wordpress.com

**March 14-17, Thursday to Sunday.** "Festival de Arte Todos Santos." At The Central Plaza in Todos Santos. Four days of fine arts in Todos Santos. Ph @festivaletodossantos. www.facebook.com/festivaletodossantos

**March 15 to the 19th.** 4:00 to 11:00 p.m. Annual fiestas of San Jose. Main park in downtown San Jose. Free. Various Mexican artists and musical bands, food booths, carny rides, carny games. Some streets around the plaza will be closed to vehicle traffic. Cool photo opp, mingle with the locals, and enjoy some real good street food.

**March 16, Saturday.** 7th Los Cabos Cheese and Wine Festival Sheraton Grand Los Cabos. All the cheese and wine you can shoal down. Live music. 624-145-8000

**March 17, 2019.** Festival de Artes at Palmas de Cortez Resort in Los Barilles. 10:00 am – 4:00 pm. Artists selling, traditional

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**Monday to Saturday.** 8:00 am to 5:00 pm. Ranch market in Todos Santos. Featuring homemade products from rural areas. Artisanal cheeses, organic chicken and eggs, liqueurs and virgin honey, as well as handicrafts such as furniture made with regional woods, leather goods and clay pottery all made by ranch hands. The Mercado (market), Todos Santos on Calle Morelos between Rangel and Cuauhtemoc inside the San Diego Feed Store.

Every **Tuesday.** 8:00 am. Rotary Club at the Sheraton Hacienda del Mar resort. In the Chapel. RSVP: 172-0009 or 172-0010

**Every Tuesday and Saturday.** 8:00 am to 1:00 pm. La Paz organic market. Postal Park, Constitucion and Madero streets. Free.

**Every Wednesday.** 9:00 am to 1:00 pm. At La Esquina in Todos Santos. Organic eggs, honey, locally made jewelry and beauty products, traditional baskets and more! Info: marimardelmar@gmail.com, facebook.com/laesquinas.

**Every Wednesday.** 5:00 to 10:00 pm. Art Day. Art, paintings, books, live music. At El Merkado, in the Koral Center in Cerrro Colorado.

**Every Wednesday.** 5:00 to 6:00 pm. Art classes at the Palapa Society campus in Todos Santos. Every Wednesday. Classes are free to children ages 6 and up, class size is limited to 16 students.

**Every Wednesday.** 7:00 am to 12:30 pm. The Organic Market at Pedregal. Fresh, organic produce, coffee, fish, seafood, eggs, whole lambs, (Little Bo Peep!) pigs. (Porky? Is that you?) & handicrafts.

**Every Thursday.** November 1st to June 30th. San Jose Art Walk.

**First Thursday.** 8:00 am to 2:00 pm. YoReciclo sets up tents to receive clear glass bottles, metals, plastics (except Styrofoam), thick cardboard, computer equipment (except monitors), small home appliances (except TV’s & all kinds), cellphones and accessories, edible vegetable oil, ink cartridges and toners of HP, Samsung and Xerox only, please. In San Jose at Centenario corner with Ildefonso Green. In Cabo San Lucas at the parking lot of the baseball stadium. Email info@yorecilco.org.mx for more information.

**Every Thursday.** 8:00 am. Rotary Club Breakfast at the Playa Grande Resort, above the Sports Bar, Cabo San Lucas.

**Every Thursday.** 12:00 to 8:00 pm. Artisans Market at Mako (Vegetarian restaurant). On the road to the Hacienda Beach Resort (behind the Puerto Paraiso mall), across from the Marina Fiesta hotel.

**Every other Thursday.** You guess which one. Los Cabos Tomatoes, ladies’ social group. All women who aspire to be a tomato are welcome. Email loscabortomatoes@gmail.com for more information.

**Every other Thursday.** (alternate to the Tomatoes meeting). You guess which one. From 3:00 to 5:00 pm at Marina Sol. Los Cabos Writers Group resumes. Marina Sol clubhouse. Cabo San Lucas. Writers, poets or dreamers, all welcome. Call Adriana 624-109-2095

**Every Friday.** 6:00 pm. Trivia Night. Todos Santos Brewing. English and Spanish with short rounds and prizes available each round. Alvaro Obregón (between Militar & Rangel). Facebook @TodossantosBrewing. Ph 612 1450203 or email info@todossantosbrewing.mx

**Every Friday.** 11:00 a.m. Al-Anon Family Group. Next to Calvary Chapel Corner of Degollado and Margarita Maza de Juarez in San Jose. Call 624-165-3333 for more information.

**Every Saturday.** 7:00 to 12:30 pm. The Organic Market at Pedregal. Fresh, organic produce, coffee, fish, seafood, eggs, whole lambs, (Little Bo Peep!) pigs. (Porky? Is that you?) & handicrafts.

**Every Saturday and Tuesday.** 8:00 am to 1:00 pm. La Paz organic market. Postal Park, Constitucion and Madero streets. Free.

**Every Saturday.** All day. The granddaddy of all markets. In addition to organic produce, there are handicrafts, books, critters to adopt, food to eat and who knows what. Behind the town of San Jose. Go to their website and study the map: www.sanjono.com.

**Every Saturday.** 10:00 am to 1:00 pm. Children’s library open. Story tellers at 10:30 and 12:30. Looking for gently used books. theranchkids@yahoo.com, Todos Santos, Spanish.

**Every Sunday.** 6:00 pm. Sunday Sessions Live Music. Todos Santos Brewing. Enjoy the beautiful star filled Baja sky, live acoustic music, fabulous handmade craft beers and delicious food. Alvaro Obregon street (between Militar & Rangel). Facebook @TodossantosBrewing for more information, 612-145-2023 or email info@todossantosbrewing.mx

**Every Sunday** 12 to 4pm. 1 acre secured park like setting open to all dogs. Off leash, but be friendly please. Info/map at cabok9corral.com 624-136-2971

**Every Sunday.** 5:00 to 8:00 pm. “Live Jazz Sunsets”, featuring pianist Bill Levine. At El Mirador Restaurant in Todos Santos.

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Wayne Long and his dog Ike were last seen in Loreto on January 17th, before he probably headed into the back country in his white pop up camper on his Toyota truck. If you have seen him please contact: Park Kitchens 541 815 5299 or on Facebook ParkKitchens.
Every Tuesday from 6:00 p.m. to 10:00 p.m. Garden of the Arts. More than forty local artists show and sell their works, including paintings, sculptures, photography and engravings. Open area. Spanish with some English. Mijares Main Plaza in downtown San Jose. More info on Facebook: Jardin del Arte Los Cabos.

Every Tuesday. 8:00 p.m. Documentary Movie Club. A different documentary every day, every week. In the original language with Spanish subtitles. Free. Alfredo Green Cultural House Downtown San Jose.

Every Wednesday. 3:00 to 5:00 p.m. Los Cabos Writers Group. Marina Sol club house. Cabo. Writers, poets, or dreamers. Adriana 624 108 2095

Every Wednesday. 5:00 to 10:00 p.m. Art Day. Art, paintings, books, live music. Spanish and English. El Merkado at Koral Center. The Live Hostel. Kilometer 24.5 on the fourlane to San Jose.

Every Wednesday, Thursday and Saturday 6:00 to 10:00 p.m. Art Fair. Food sampling and wine tasting at the restaurants and shops in the mall. Live music and local artists showcasing their work. Plaza el Pescador across from Cabo Azul resort in the hotel zone. San Jose.

Every Saturday. 6:00 p.m. Hermannita de las Abel. Reading lounge. At Cultural Pavilion's Cinema lobby. Cabo San Lucas downtown next to the marina.


Monday through Friday. 8:00 a.m. to 8 p.m. Saturday, and Sunday from 10:00 a.m. to 8 p.m. On permanent display. Man, Nature and Culture. A permanent photography exhibition of cultural identity of Baja California Sur. Video also. Text is in English and Spanish. Free. CODEX Peninsula salon at The Centro Cultural La Paz. The old city hall on the main square in the corner of Belisario Dominguez, across from the Sears store. Downtown La Paz.

Monday and Wednesday 5:00 p.m. to 7:00 p.m. Short Film Script Workshop. For 13 to 18 years old. Spanish. 300 pesos/month. Hierro St. corner with Cobre St., El Dorado neighbor, La Paz. Tel: 612 128 1612.


Every Thursday 5:00 pm. Art Walk, at the Art Galleries district in Downtown San Jose. Art, paintings, photography, sculpture, live music and more form national and internationally recognized artists. San Jose.

Monday to Saturday. Different hours. Arts, crafts, and other cultural workshops at San Jose's Cultural House. Ballet, Polynesian dance, folk dance, singing, painting, literature, theater, guitar, and more. Freefacebook.com/casadecultura/call 624 146 9836 in office hours. Spanish. Alvaro Obregon St. Downtown San Jose.

Wednesday to Monday. From 10:00 a.m. to 5:00 p.m. Ruta de Plata Museum at El Triunfo. Discover the rich mining history and settlement of the mining region. Enjoy exciting, interactive exhibits. Explore the complete gift shop, places to wine and dine, and the historic village. Spanish and English. 100 pesos entrance fee. Info: museorutadelapla.com, Ayuntamiento St. (Progreso and Universidad Sts.). El Triunfo. Closed on Tuesday.

Every Thursday. 8:00 p.m. Vagabond Movie Club. The original movie club is back at the Cultural Pavilion, the gray building at the marina. Downtown San Lucas.

Every other Friday. 8:30 p.m. Vagabond Movie Club. Various movies in their original languages with Spanish subtitles. Short films and art videos before the movie. Free. Plaza Migrante St. up from Miguel A. Herrera St. Turn right 2 blocks before the gas station (Pueblo Bonito Sunset area). San Lucas.


March 5. Tuesday. 10:00 am and 6:00 pm. Akeletos. The Numbers Enchanter. Monologue with Mauro Spinelli and Claudia Lobo about the Ada Lovelace life and work as a pioneer of the programmatic calculation, borne in 1815, one century before modern computers. Spanish. More free: 612 128 8570, ext. 102. La Paz City Theater, downtown La Paz.

March 7. Thursday. 8:00 a.m. and 6:00 p.m. Ada, The Numbers Enchanter. Monologue with Mauro Spinelli and Claudia Lobo about the Ada Lovelace life and work as a pioneer of the programmatic calculation, borne in 1815, one century before modern computers. Spanish. More free: 612 128 8570, ext. 102. La Paz City Theater, downtown La Paz.

March 7. Thursday. 8:00 p.m. Vagabond Movie Club presents Birds of Passage. Drama. Free. Cabo San Lucas, Cultural Pavilion.


March 16. Saturday. 9:00 p.m. Traditional San Jose poetry contest celebrated as part of the Fiestas Tradicionales San Jose. Juegos Florales Margarito Sánchez Villarino 2019, 46th Edition. Main plaza in downtown San José. Spanish Free.


March 17. Sunday. From 10:00 am to 4:00 pm. Festival de Artes at Palmas de Cortez Resort. This is a family friendly event with traditional music and dancing, lots of food and drink and the biggest St. Patrick’s Party in the Baja Sur, all starting at 10:00am!!! This is one of the longest running art festival in the Baja Sur. Details and information at www.estacapearts.com.

March 21. Thursday. Annual International Reading Week. At the small Cultural House, on 5 de Mayo street at the hill behind the now abandoned Aramiruro supermarket, downtown Cabo.

All-ages all-languages event to read and write reading, starting at 7:00 pm. For one entire week.

March 21-24, Thursday to Sunday. “Todos Santos Film Festival”. At the Central Plaza in Todos Santos. Town square at the Teatro-Cine Manuel Marquez deLeon. Facebook @festivalcinetodosantos

March 30, Saturday. Beer Fest. Todos Santos. Information: beerfest.todos santos@gmail.com

March 30 and 31. Tour de France 2019. Well, not really, but they do say they are in cahoots somehow with the Big One. Ama- teur bikers from all over the world will compete. It will be broadcast on TV so everyone look sharp!

April 7, Sunday. Sarahuan Foundation’s 1st Annual 5k and 5k run. A “Race Against Chil- dren. One Mother at a Time.” Foundation helps low income family women learn new skills and become economically independent. For sponsorship and gallop, Pam at cell 624 122 2460 or email: pamsu pyoga@gmail.com.

June 1 - 4. The Proombres Mexico (Let’s taste Mexico) national congress of Gastronomy and culture. A food fest with recipes of the 32 states of Mexico, featuring 32 traditional female chefs who will prepare the most iconic meal of their state. The lady chefs will present more than 192 traditional dishes and beverage at the Delmar international school located here in El Tezal. Folk music and 200 exhibitors selling Mexican traditional products, workshops, conferences and shows.

To get your event listed here, email the details to david@grin gogazine.com. There is no charge.

And, if an event we list here does not go off when stated, please don’t shoot the messenger, this is Mexico, and every event is, well fluid.
ahead with his pet project, moving dirt already.

Union grief. Mexicans work longer hours for less pay than citizens of any other OECD member country; according to some stats from the intergovernmental economic organization. Mexico also has high rates of forced and child labor.

Proposed reforms will prevent employers from signing so-called "protection contracts" with unions behind workers’ backs, with money often exchanging hands. New laws will also seek to eliminate the common union practice of appointing leaders to long-term roles via non-existent elections or opaque processes.

The daily minimum wage is 88.36 pesos (U.S. $4.50), seven pesos below the threshold set by the federal government as the poverty level.

Not scholarship programs! Scholarship funds have been embezzled by the National Council of Science and Technology in a massive government corruption scheme that was exposed by two newspapers.

Published under the title The Master Fraud, the papers uncovered a scheme in which 11 agencies diverted or misused $395 million at today’s exchange rate, between 2013 and 2014. Well, better late than never, but good luck getting that money back.

The Council of Science and Technology has also been in the spotlight recently due to the fact that the two deputy directors were not obviously qualified for their roles.

Both are 28-year-old fashion designer Edith Arrieta Meza and communications student David Arelxí have now forced into resignations.

Hey, get off the tracks! A teachers’ union in the state of Chihuahua said the state had agreed to pay bonuses and other money they wanted, so they will pack up their tents and skedaddle off the train tracks. The union leader made it clear that the teachers’ fight would not be over until the previous federal government’s education reform was abolished, a central demand by the union since it was introduced in 2013.

That reform requires teachers to take a competency test and stop selling their jobs to unqualified people.

The train blockade is estimated to have cost $1.55 billion U.S. and stolen four weeks of education from more than 10,000 students.

Get a clue, taxistas. Taxi drivers claim ride sharing apps like Uber have taken 50% of their earnings since they arrived in Mexico. They want the ride-hailing services banned from Mexico.

More than 200 taxi drivers from Mexico City and Mexico state protested against the “disproportionate growth” of companies like Uber and Cabify. Well, just maybe that’s because the ride-hailing apps offer better service at a better price? The Mexican supreme court has ruled they are legal. Our local politicians are stalling their blessing on them, although Uber and Adalante are here, wink, wink. Regulations of them have not been agreed upon yet.

Speeding, drinking, and overloaded. What could go wrong? Six people are dead and at least 38 injured after a grisly bus accident in Campeche.

The 26-year-old driver was seen drinking shortly before the bus left the station full. But he took on more passengers as the miles went by, probably taking cash from them.

The driver lost control of the bus, which rolled over. There were 42 seated passengers and 20 more standing. The bus’s speed repeatedly triggered the speed limit alarm, which sounds at about 55 miles an hour. The accident is being treated as a homicide.

In related stupidity. At least two people are dead and four injured after a tanker truck carrying gasoline was struck by a freight train in Aguaucalientes. The gasoline truck was attempting to beat the train to a crossing. The driver of the tanker and a passenger died trapped in the truck’s cab after it exploded and caught on fire.

The world is watching. The United Nations will provide Mexico with an extra set of eyes through an agreement just signed.

The UN will provide supervision and tracking of federal contracts, projects and tenders as well as oversight on big projects such as the sale of government vehicles and aircraft, economic policies, the purchase of medications.

The Mexican government asked for this help.

In related corruption. Nine former public officials, including ex-president Felipe Calderón, awarded energy contracts to private companies they would later work at or hold shares in.

All of the ex-officials now work as consultants at energy firms.

Calderón, who has already engaged intensely tit-for-tat with President López Obrador claims of corruption, said in a radio interview that he had done nothing wrong by accepting a board position with United States subsidiary of.

“If they have a single piece of proof that shows that I benefited illegally from any company and that I should present it. If not, they should shut up,” he said.

RUNDOWN ON BAJA RACE...

Sunday, March 10th, 1-5 pm

What’s the cost of your vehicle? A 2018 CanAm Maverick X3 Turbo 1000cc turbocharged 235. We represent the CanAm factory team.

What’s the cost of your vehicle? The vehicle itself costs about $29,000 – $35,000 but what we add in equipment will cost from $120,000 to $150,000 USD.

How much of that equipment do you have to replace after a race like the Baja 1000? About 40-50 per cent of the equipment was replaced on previous years. But this year was a very good one, we replaced almost nothing just over $2,000 USD. The whole vehicle lasted for the whole race, all thousand miles of it. Not even a flat tire.

What’s your experience with the booby traps, have you encountered any?

Not me but the guys at the pits talk about it all the time. I have encountered some hostile people though, but this is the exception because most people along the way are very kind and helpful.

There are other long races in the world but none of those have booby traps and incoming traffic. Welcome to Mexico!
March 4th, 2019

ZAPATA...
continued from page 20

On April 10, 1919, Zapata was double-crossed, ambushed and killed by Colonel Jesús Gua-jardo who doesn't deserve a street named after him.

Zapata's supporters were stunned by his sudden death. Without him, the rebellion in the south soon fizzled.

In the short run, Zapata's death put an end to his ideas of land reform and fair treatment for Mexico's poor farmers. In the long run, however, he has done more for his ideas in death than he did in life. Like many charismatic idealists, Zapata became a martyr after his treacherous murder. Even though Mexico still has not implemented the same sort of land reform he wanted, he is remembered as a visionary who fought for his countrymen.

When you drive down Zapata St., give his daring and selfless deeds some solemn thought.

COOKING LIKE A MEXICAN...
continued from page 21

them. Machaca is traditionally hung and dried in a cool room, but it can be made in a dehydrator or an oven too. If you try the room method, you’ll have to get creative because the meat has to be hung.

Machaca can be made with any cut of meat, but the best ones are thin and have low fat, like black pulp, rump and loin.

Machaca needs a little sun dry process, so it is best to make it on a sunny day. It also will take a while, from two hours to two days.

This recipe makes one pound of dried meat.

Ingredients:
1 pound of beef meat.
Pepper to taste
1 ½ spoonfuls of salt
Procedure:
Prepare the meat. Trim all the fat and slice in thin, long strips.
Sprinkle the salt evenly on both sides, until a thin crust of salt is formed. You can use more salt if needed.
Place all the strips of meat on a clean, flat surface, leave to “cook” under the sun between 3 and 30 minutes. This depends on the type of meat, until it becomes light brown. Cover it with a big plastic bag or a piece of fabric. Make sure that the covering is not in direct contact with the meat and there is no holes where insects can get in.

Turn over the meat once it reaches a light brown color, and repeat the process. Make sure, however, that you don’t leave it under the sun for too long, and if it turns a greenish hue it is no longer edible.

Sprinkle with pepper and finish the process.

In a room: hang the meat to dry in a cool and airy room. Leave to dehydrate for 48 hours, until completely dry and even a lighter brown. You can place a fan in the room to quicken the process.

In the oven: preheat the oven to 158ºf. place all the strips on a baking sheet making sure they don’t touch each other. Place in the oven for 1 to 3 hours, until they are very well cooked and dry. They should also turn a lighter brown.

Smash the meat until it reaches the “machaca” consistency, or place it in a blender, but I wouldn’t recommend the latter.

That's it! Enjoy with some scrambled eggs!

ZAPATA...
continued from page 20

Get Noticed

Whether you are a local Los Cabos business or on the International stage, have the Iron Women of Los Cabos represent your brand while helping the mothers and children of Sarahuaro Foundation.

On Sunday, April 7, 2019 at 7:30am, join us at the Cabo San Lucas Marina for our 1st Annual 3k and 5k run.

Sponsors are needed to help fund the race and continue Sarahuaro’s health-style programs.

Please help us continue to Raise Strong Children. One Mother at a Time.

Sponsorship and registration deadlines are coming to a close - please contact Pam now at Cell 624 122 2460 OR pamsupyoga@gmail.com.

www.sarahuaro.org #BETTERTOGETHER.

MOUSE PATROL...
continued from page 22

Well Houdini had nothing on these two pests. Not only did they get free of the sticky goo; but they wiggled their way out from under the weighted pile. Apparently the lid had just enough unseated space around it for them to get out. Not only did I lose them, there were now two and not just one. Time for round 5.

I relayed all of this to my husband who was not here at the time. He told me that the big traps are for rats and that the mice are lighter and can get free.

Apparently the small traps have deeper goo and the mice sink into continued on page 31

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Ask a Mexican

The new President, commonly known as AMLO, has closed down many of the government supported day care centers, saying it is the duty of the grandmothers to care for the children, that it’s not the government’s responsibility.

The families are pushing back, saying things have changed since the grandma days. Grandmothers now are more spry and still out working and goofing around, not sitting home waiting to die and keeping the kettle on the stove. The families also say Mexicans are more mobile now, for instance, moving to Cabo from the mainland because this is where the jobs are, far away from their primary family.

The big problems are that some women will have to quit work to care for the children, or very often the oldest child is pulled out of school to care for the young ones, and that’s the end of the teenagers’ education.

This week we asked: What do you think of this plan to save money on day care centers?

Hugo Candelas, 35, waiter.

I don’t think it’s that bad honestly, my grandmother was the one who raised me and my siblings and cousins, we are 12 kids that she was responsible for, and she didn’t even get paid. All of our parents just gave her groceries and picked us up after their work all fed and homework done. It was paradise. My grandma used to make our toys because we didn’t have any money and I think that is part of what has been lost in recent generations: we were raised right.

Daniela Ruiz, 36, stay at home mom.

I think it’s not as bad as it sounds. My mom helps me with my kids as I am a single mother and we all live together, I take care of her economically. I think that initiative just needs a little more work, since it’s something very natural for some of us and very outrageous for some others. We as a family always have each other’s back, and both of my kids are getting education which would not be possible if it wasn’t for my mother.

Julia Mendez, 42, teacher.

I think it’s another one of his moves to appeal to the poorer spectrum of Mexican society. People who need their kids taken care of are the ones who need the double income, and they would be more than happy to cut corners regarding any expenses, even if it’s their own families. What we don’t realize is that those grandmas who will take care of their kids might also make mistakes, and being older and not educated as child care givers, accidents could happen and even worse, families could fight beyond repair. I believe AMLO should do something else to appeal to those families, and maybe open more government daycare centers, after all they are paid for by taxes.

Laura Roman, 42, receptionist.

He’s out of his mind. Grandmothers don’t need to take care of anyone, they need to start living their lives, and going on vacations if they already took care of their kids. I think it’s the parents’ responsibility to know if they can not afford another kid and be realistic as to how to care for them. Ideally, we would have child care centers, but if we don’t, then maybe we should get access to day care centers at our jobs, paid for by our bosses and have one less thing to worry about.

Nadia Beas, 37, assistant.

AMLO has bigger things to worry about, and many Mexican grandmothers already care for the grandchildren. Why doesn’t he say anything about fathers or grandfathers? Are we now expected to be taken care by them? Should grandmas encourage people to have more babies and have a bigger income? Because if it were 800 pesos per child, then those grannies that have more grandchildren should have a bigger income.

Gonzalo Bautista, 62, researcher.

I think it’s a good idea as it sounds in his head and for some people, but not for all Mexican families. AMLO lacks train of thought, and he has not realized not all families have the same schedules or dynamics, maybe some families don’t even have grandmas, then what? Or maybe some of them have mean grandmas or some condition where they can’t take care of kids? Mexican families are all different and his team should have known better before encouraging him to say such stupid things.
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FISH REPORT... continued from page 23

in a bouncing boat and getting sprayed with white-water. A lot of the fishing relied on dragging Rapalas or lures trying to get a hook-up when we couldn’t get the bait.

However, what a difference when we did find bait...even when the weather was less than desirable. We had some exploratory boats we sent out of La Paz with some of our regulars who took a chance on the weather and hooked into some surprisingly decent dorado which aren’t very common this time of year. Each of our pangas got a handful and lost others.

Again, using bait, slow-trolling in shallow water in a churn line of sardina, fat yellowtail popped up and ripped some rods with some fish that couldn’t be stopped, especially with the rocks so close rising up from the bottom.

Cabo San Lucas Tracy Ehrenberg www.piscessportfishing.com
it. So my next plan was to put two small traps into the bottom of the sink with the brownie bait (the chocoholics), and hopefully I will have success. I set out a spatula; a square glass bread pan lid; and gloves, to capture one or both this time. I made sure it did not waft in the sink- it set perfectly on the bottom of the sink cavern. I was ready.

Well there are two outcomes to this story. Either I caught the mice in the goopy traps and disposed of them; or I re inspected the entire room for entrance/exit holes and sealed them preventing the mice from getting in. Right... the later was true. Embarrassingly enough I did not look close enough for holes and could have prevented the entire scenario. So perhaps you can learn from my mistakes.

A. Don’t let emotion control sound decisions and actions. (I had panicked.)

B. Utilize primary problem solving to find the root cause and a possibly simple solution.

C. Inspect, re-inspect and perhaps inspect again. It is hard to notice all clues the first time around (i.e. the small hole I found in the screen door)

Note: as the weather gets warmer the mice will attract snakes. Mice are snakes’ primary food source. It is still a bit chilly for most snakes now. If you trap in the garage; storage; or outside, be aware that snakes have been known to lie in wait for the bounty. They learn that the traps will have fresh mice and actually stake out the traps so keep them cleaned out or move them frequently. With simple problem solving skills; and a little education; you can live a safe and mice free life! Remember, you are a human being, you are at the top of the brains heap, and as such, you are smarter than a mouse.

**Mouse Patrol...**

**12 Puppies!**

LOTUS  
Female mix Labrador, 9 month old was rescued from a home with people who did not want the mother dog nor the 12 puppies she produced.  
We finally were able to spay Lotus, but only after spending quite some time to convince the family.  
Only 2 of the 12 survived, Lotus, and her sister Dalhia.

DALHIA FLOR  
This is the second female, 9 months old, black mix Labrador Sheppard, we think, sister of Lotus, and a proven survivor. Both were rescued at the same time and were only 2 months old.

Lotus and Dalhia, have been in our foster care program with Perla and they are very socialized, ready to leave their checkered past, and ready to be adopted.

Fully vet certified, of course.

**Los Cabos Rotary Club**  
Meetings at the Sports Bar at Sheraton Grand Hacienda del Mar  
Every Tuesday at 8:00 am

**Baja Safe Sociedad Humanitaria**  
San Jose Del Cabo, Mexico  
www.bajasafe.com

**Dog Attacks On The Increase**

Lately dogs have attacked people and other dogs on the La Paz Malecon, on the beach in Pescadero, and on the mainland 11 dogs attacked and killed a passerby.

If a fierce dog is coming toward you, the U.S. Humane society has these suggestions:

- Remain motionless, hands at your sides and avoid eye contact with the dog.
- If the dog loses interest in you, slowly back away until it has moved out of sight.
- If the dog attacks, feed it your jacket, purse, bike or anything else you can put between yourself and the animal.
- If you fall or are knocked down, curl into a ball with your hands over your ears and remain motionless. Try not to scream or thrash around.

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