Bob Bisbee Dies
Founder of one of the biggest tournaments in the world

By Carrie Duncan

Bob Bisbee Sr., 86, died June 14 in Texas. Bisbee created the Bisbee Black & Blue fishing tournament in 1981. The Bisbee family is currently producing two additional tournaments, Bisbee’s East Cape Offshore in Buena vista, and the Los Cabos Offshore Charity Tournament. Bisbee is survived by his wife Aina of 58 years and six children, some of whom now run the tournament businesses. Bisbee Sr. has been retired for more than a decade. Before starting the first tournament in Los Cabos 38 years ago, he owned and operated a fuel dock and tackle store on Balboa Island in Newport Beach, southern California.

But the big one is still the Black & Blue, which has grown from six teams with a total purse

How Mexico Organizes Its Polls
Similar, but different

By Maria Luisa

Back in 2000 when President Vicente Fox was first elected, it was a big deal in Mexico. People were expected to turn out in bigger numbers than ever before. The Mexican INE, the agency in charge of elections, was in a frenzy of preparations, made all the more difficult because Mexicans don’t have a culture of volunteering. So poll workers were drafted, chosen by the month they were born. This wasn’t such a good plan, because 40% of those drafted simply did not show up to the polls.

One of those selected was Maria Luisa, known to us as Sparky. She was our collector back then. (She has since retired and then passed away.) She said she was not going to do it. Why? Just because. After much weaseling by me, that “just because” turned out to have a reason: like most Mexicans she hated and distrusted the Mexican government and believed there was nothing she could do to change it. So why help them when they wouldn’t help her?

I put my foot down. She was to march down there and pick up her voting materials and then take the day off to work the polls. OK, so Election Day here is Sunday, but if it had been a workday, I would have given it to her. I was not open to arguments against her doing her civic duty, so she went to the central point of dispersal of voting materials and picked them up a few days before voting day – and brought them to the office. I was pretty freaked out by seeing Mexican ballots in a foreign owned newspaper so I told her to

CONTINUED ON PAGE 11
Park remodeling is here. After several years of requests to improve the Amelia Wilkes Park in downtown Cabo San Lucas, the state government has finally obtained funding from the feds to carry out the job. The outline of the project was proposed by the downtown business association, known as Amigos de Cabo San Lucas, and it included more trees, benches, trash cans and some general improvements to the park’s look.

Last week, Genaro Ruiz, the state’s secretary of urban infrastructure and planning, announced that $1.3 million USD had been allocated for the job, and that it would start right away. Next to it sat the first jail and local government offices. Cabo natives would like the park to be updated and improved without losing its historic essence.

The remodeling will include new marble stairs, new marble flooring, improvements to the bandstand and a sculpture honoring Amelia Wilkes, one of Cabo’s first elementary school teachers. A new structure for the whale skeleton will also be in place. Lots of new trees will be planted to add shade for visitors, and a total of 52 new benches, 19 trash cans, three bicycle parking stands, 10 ashtrays and 36 new light poles will be added as well. Electrical, sewage and water supply lines will also be renewed.

Oh, and the park will have a large water pila for the automatic irrigation system. Work should be going on by the time you’re reading this and is expected to be complete by the end of the year.

The Amelia Wilkes Park is a historic site, as it was the original civic plaza for commemorations and local fiestas, and flag-raising ceremonies on national holidays. Next to it sat the first jail and local government offices. Cabo natives would like the park to be updated and improved without losing its historic essence.

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Why Were We Treading Water In A Little Rain?
Why the city all but shut down

BY JUNE SCHAUER

When a big storm is predicted, local businesses and schools quickly need to decide how to proceed. In the event of a hurricane or a tropical storm such as tropical storm Bud that hit us a couple of weeks ago, the decision is usually to close up shop while the storm passes through. If you’re an expat or a tourist, and especially if you’re coming from a place where rain is a normal thing, you might wonder why the city all but shut down during Bud when it was little more than a rainy day. The answer is pretty simple: the infrastructure in Mexico is not meant to handle even a little rain.

If you haven’t noticed, there are a lot of dirt roads in Mexico. The highways and most of the tourist-heavy roads are all paved (albeit pothole-ridden, but we’ll take what we can get), but many of the barrio roads are not even paved. The roads going through the older and less glamorous neighborhoods are largely dirt roads, or paved roads with missing chunks that have been filled with dirt. When it rains in any quantity, navigating these roads becomes anywhere from a tricky inconvenience to downright dangerous, as the rain carves big canyons across or parallel to the roads. When a big rain is predicted to hit, many businesses shut down because people just can’t get to work or get their kids to school, or the people need to stay close to home to tend it.

Then there’s the issue of housing quality. Homes in Mexico are built quite differently from homes in the United States. Pretty much every home leaks here, but the less expensive a home, the more it leaks. In addition to staying home from work in order to avoid perilous driving conditions, many people need to stay home to stem the flow of water into their homes and try to limit the amount of damage. They also often have mud flowing into their homes and they need to clean that mess up. When we say every home leaks, we mean every home. From new million-dollar condos to old lean-tos in San Jose’s barrio, if you’re anywhere in Mexico during a storm, prepare to get wet.

This area is also lacking storm drains, which means instant flooding in the streets. During Bud, the streets of downtown Cabo were flowing like a river after just a few hours of rain. So even the paved roads can be dangerous for driving during a storm. Los Cabos is built on a slope. As rain falls, the water rushes down the slope to the ocean, as all water everywhere does. As we drive around town we need to cross that rushing water, which this time was several feet deep in places.

After the rain stops, it doesn’t take long for the roads to dry up. We have the arroyos, (dry riverbeds that become not dry at all), that catch water and open directly into the ocean, and that helps. When a storm is predicted, volunteers make an effort to empty any trash from the arroyos to prevent it from being washed into the ocean.

So there you have it. Sure, Bud was just a rainy day, but without proper infrastructure, a little bit of rain can cause a world of problems.

Did you see any of these bubbling manhole covers? When it rains, water seeps into the ditches dug for the fresh water and sewer water. Also pushed into these ditches is plenty of mud and sand. The ditches get full of that, and water is pushed up through any hole in the streets that the water can find.
We are not alone. In suffering terrible water shortages. Close to 1 million people in Mexico City have been left without running water and it’s being blamed on high temperatures, damage to the power grid by high winds, the diversion of water to aid farmers, and a spike in demand by as much as 20% because of the heat. And anything else they can think of.

The director of the city’s water system explained that the capital went through a similar dry spell 85 years ago. Well, hellowooo, we have better tech than 85 years ago, we don’t expect this anymore. But this is a nice touch: The government has deployed a fleet of 390 tanker trucks to distribute water. Each will make three trips per day, with which authorities expect to be able to deliver 12 million liters daily until the shortage is over. That’s more than our stumble bums running our water department will do for us. And they don’t even have plausible excuses for not delivering water.

Closing the barn door after the horse gets out. As of this writing there have been 113 candidates for various offices assassinated. That has motivated more than 1000 more candidates to resign their candidacy. Now the Ministry of Interior has assigned federal forces to protect the thousands of candidates running for various offices in 30 of the 32 states. The spokesman didn’t say where exactly these guards would come from, but they are probably going to have to be pulled from many different agencies.

The significant part to this announcement is the candidates will have no choice, they will have to accept security, so the thugs threatening them will not be put wise to their fear.

Eight journalist have also been assassinated, but who cares about us? Nobody, sigh. No more Coke or Pepsi. Mexicans are among the biggest soda drinkers per capita in the world, so people took it hard when first Coca-Cola then Pepsi closed their distribution centers in Southern Mexico due to extortion demands by organized crime. Let’s stop calling these thugs drug-gies, they are organized criminal operations that have diversified into any enterprise that profits them. They are robbing trains, robbing trucks on the highways, robbing fuel from pipelines, controlling merchandise traversing through ports, and extorting businesses.

FEMSA, (Coca Cola), complained of “a lack of rule of law and the prevalence of impunity” in the state. When Coca-Cola closed its operations, the only company that remained was Pepsi Cola, so they became the target of the criminal groups.

A local store owner said the gang is allowing two trucking companies to bring in soda from two nearby cities at 50% higher prices. Local stores can only buy from those firms. If they try to bring in their own soda from outside, it is confiscated at gang checkpoints on highways leading into the city.

He said there was an atmosphere of “pain and despair” in the city because the cartel has been extorting money from local business for years in the form of protection payments. For ex-
Blue Flag Beaches

Blue sand? No! The flags are blue, pay attention!

BY RYAN SCHAEFER

If you are any sort of beach enthusiast, you may have noticed some clear differences between the touristic beaches in the area (think Chileno Bay and Médano) and the more rustic, local beaches. The tourist beaches like Santa María and Palmilla are Blue Flag beaches, which means they’ve met a set of specific international standards that they maintain in order to keep this status.

The Blue Flag program is an international project directed by the Foundation for Environmental Education (FEE) headquartered in Copenhagen, Denmark. To be eligible, a beach or marina must first meet the program’s 33 requirements. They file their application with the National Operator. From there, the national jury evaluates the applicants for compliance with the Blue Flag criteria and gives an approval or rejection at the national level before going to the next level of approvals.

The 33 criteria that each beach must meet before approval cover a diverse range of issues. For example, beaches must promote and make available environmental education activities for the public on a regular basis. They must also comply with the water quality sampling and frequency requirements. But the criteria also include restricting camping and unauthorized motor vehicles from operating on the beach, providing facilities for the separation of recyclable waste materials, and restricting access of pets—all things that residents are less than thrilled about, especially those who have been frequenting the beaches since before this tourist oriented Blue Flag thing became a thing. For a full list of the criteria you may visit the Blue Flag website (http://www.blueflag.global) and click on “Tools and Resources,” then scroll down to criteria.

The Blue Flag program is international, linking a network of beaches and marinas around the world. Each location promotes the Blue Flag platform—mainly, sustainable management of coastal areas.

At the international level, there are 4,154 Blue Flag beaches and marinas in 49 different countries. The beaches and marinas participating in the program benefit from FEE’s guidance in improving and tightening environmental regulation. These benefits then help local municipalities implement practices that lead to increased recovery and restoration of coastal ecosystems.

Once a beach or marina has earned the Blue Flag certification, they must renew annually thereafter. To qualify for renewal, Blue Flag beaches must adhere to all 33 criteria and pass various inspections. This process is meant to ensure that these destinations remain committed to sustainability and safely manage not only their ecosystems, but their infrastructure as well. The net gain for the beach-goers in the area is beaches and marinas that are clean, safe, easily accessible, and provide amenities like clean restrooms and showering areas. Added bonuses like signage informing visitors of local flora and fauna and educational activities are designed to connect people to their surroundings, turning a visit to a Blue Flag beach into more than just a nice day at a clean beach.

Note, if you plan a visit to a Blue Flag beach in Los Cabos, be sure to use public access roads. Many of the locations in the area are situated inside of or nearby private housing divisions or hotels, which will not let you use their roads or parking lots to access the beach. I made that mistake a couple of weekends ago and was met with a less than friendly guard who made it his mission to make sure I found my way to the proper entrance and parking area.

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Médano Pueblo Bonito Cabos
Médano Pueblo Bonito Rose
Médano Riu Palace Los Cabos
Médano Riu Santa Fe
Médano Villa El Arco
Médano Villa La Estancia

Get ready to see a few more Blue Flag Beach logos around Los Cabos. The results of the latest Blue Flag International Jury are in, and 18 new beach destinations in Baja California Sur, Guerrero, Oaxaca and Quintana Roo were certified. This brings the total count in Mexico from 35 to 53, with 19 Blue Flag Beaches in Baja California Sur, plus the marina in La Paz.

Below is a list of current Blue Flag Beaches and Marinas in our state:

La Paz:
El Coromuel
The Marina
Los Cabos:
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How Much Does A Cardboard Cop Car Cost?
About $820 a copy

By Carrie Duncan

That’s what the government and local businesses have pulled together to build two pretty faky looking cop cars they’ve deployed at both ends of the tiny town of Pescadero.

The cop cars are the result of the program called Slowdown Pescadero that has lobbied our government for speed signs for nearly a year. It is led by Cyndi Williams, owner of Oasis bar and restaurant on the wide spot on the highway folks there like to call a town. She has collected funds from others who are tired of cars and double trailer trucks whooshing through the commercial zone at 70 miles an hour. There have been many accidents; Williams’ dog was run over, and her best friend’s truck was crushed while it was parked in front of her bar. Those are among other speed related calamities.

Cyndi was just going for signs with a lower posted speed. “People traveling through don’t realize they’re entering a town” she says, “So they don’t even think about lowering their speed.” She was hoping if there were a sign there, a cop would miraculously appear to enforce the speed limit.

But Williams’ wildest dreams were exceeded when local delegate Alma Perez showed up with 2 cardboard cutouts of cop cars and pounded them into the ground. Turns out they were financed with the money Slowdown Pescadero collected through a GoFundMe campaign. Committee members thought they were pitching in for signs, but here come those cardboard cop cars driving up. Well, you know what we mean. They didn’t really drive themselves up.

There are still no speed signs, so people still don’t have to slow down, but hey, the cop cars are funny.

The local delegate says she would like to help with speed limit signs, but currently Mexico is locked down in a 100 day period of inaction leading up to elections. This law was passed to discourage incumbent politicians from throwing big public works projects at voters at the last minute. Apparently these voters have short memories and need to be reminded of their politicians’ generosity just before going to the polls.

To while away that “quiet period” but still do something constructive, some locals have been driving through town with their flashers on and doing 25 mph, otherwise known as sleeping policemen. The big plan including topes as well as signs. Topes are speed bumps, otherwise known as speeding policemen. The big plan also included buying radar guns.

The committee has a quote for speed limit signs including installation for $2,009.00 USD. That price includes 2 - 60kph, 4 - 40 kph and two disminuya tu velocidad, (slow down), warning signs. The sign company won’t begin until they get 50% down. And anyway most of the money went to the cars. They could have bought those signs if the delegate hadn’t bought the cars. Currently there is no fundraising going on, and Cyndi thinks she may get her signs after the election.

For more information on Pescadero’s efforts to curb unsafe driving through town, check in with Cyndi Williams at Oasis, or visit their Facebook page Slow Down Pescadero.

The writer holds up the GG while standing behind a cardboard cop car in Pescadero. Well, if you’re going like a bat outta hell, you could mistake the car for real. And that’s the whole point: to make an impression on the bat outta hell drivers.

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Todos Santos Brewing Celebrates One-Year Anniversary

A weekend of trivia, music, and lots of beer

BY AMANDA BRUNO

The weekend of June 8th marked the one-year anniversary of Todos Santos Brewing, a small craft beer brewery in Todos Santos that opened last summer (if you didn’t figure that out based on the headline). Todos Santos Brewing is owned and operated by Australian couple Liz and Ted Mitchell, who decided to start the business after they noticed the absence of craft beer in the area. Now, one year after opening, the couple has been more successful than they could have imagined, and currently brew more beers than they originally intended.

The couple both worked in the beer industry and Australia, and Ted has been brewing his own beer for several years before they opened the brewery in Todos Santos. He crafts all of the recipes himself, and tries to tailor the beers to the vibe and the weather of the area. Most of the beers are lighter and will be refreshing in the Baja heat. As a very occasional beer drinker, I think Ted has done an excellent job of creating flavors that aren’t too overpowering. The Mitchells believe there is a beer for everyone and take pride in the variety they have to offer at their brewery.

They’ve also introduced a food menu since their opening last year. To mark the milestone, Todos Santos Brewery celebrated in true Australian fashion with a weekend-long party and the unveiling of a new flavor, the befitting Celebration Ale, a habanero and cacao flavored brew. They also hosted a beer-themed trivia game, music, tastings, and a special food menu.

The Mitchell have been pretty successful since their opening one year ago. They’ve crafted more beers than they had originally planned, introduced an impressive gastropub kitchen menu, and won several awards for their flavors. They hope to grow and get to a point where they can stay open six days a week (they are only open four days a week currently as they need the other three days to brew). For more information about Todos Santos Brewing, visit their website at todossantosbrewing.mx, or find them on Facebook or Instagram at @todossantosbrewing.

Todos Santos Brewing offers 22 beers on tap, all made in house. They also have homemade nonalcoholic sodas and an espresso for the non-beer drinkers.

Mexican nationals, they source many of their ingredients locally (including their hops), and they send their finished ingredients off as compost to local farms. Unlike many businesses in the area, they don’t limit their hours for the summer. Although, this might have something to do with the fact that they’re only open four days a week anyway. Their regular hours are Thursday-Sunday from 1-9pm. They host trivia every Friday night and local musicians on Saturdays. They also offer tours, tastings, and crash courses in craft beer. And if you stick around long enough, you’ll get to make friends with their dog, Hopsy, who’s usually happily waltzing around the brewery.

For more information about Todos Santos Brewing, visit their website at todossantosbrewing.mx, or find them on Facebook or Instagram at @todossantosbrewing.
Monday to Saturday: 8:00 am to 5:00 pm. Rancher's market in Todos Santos. Featuring home-made products from rural areas. Artisanal cheeses, organic chicken and eggs, liqueurs and virgin honey, as well as handicrafts such as furniture made with regional woods, leather goods and clay pottery all made by ranchers’ hands. The Mercado (market). Todos Santos on Calle Morelos between Rangel and Cuauhtemoc inside the San Diego Feed Store.

Every Monday: 8:30 am. Pickleball in San Jose. Contact ron.dumbarton@gmail.com.

Every Tuesday: 8:00 am. Rotary Club at the Sheraton Hacienda del Mar resort. In the Chapel. RSVP: 172-0009 or 172-0010

Every Tuesday: 9:00 am to 1:00 pm. Liga MAC’s used bookstore and thrift shop. El Chanizal (Passo de Los Marinos Street almost on the corner of Calle Goleta) in San Jose. Runs through until April.

Every Tuesday and Saturday: 8:00 am to 1:00 pm. El Pazo organic market. Postal Park, Constitucion and Madero streets. Free.

Every Tuesday: 6:00 pm. Musico Mexicanos Tuesdays. Downtown San Jose. Live music, mariachi band, and artisans.

Every Wednesday: 7:00 am to 12:30 pm. The Organic Market at Pedregal. Fresh, organic produce, coffee, fish, seafood, eggs, whole lamb (Little Bo Peep!), pigs (Porky? Is that you?) handicrafts, plus breakfast and lunch at Penny Lane’s Café.

Every Wednesday: 9:00 am to 1:00 pm. At La Esquina in Todos Santos. Organic eggs, honey, locally made jewelry and beauty products, traditional baskets and more! Info: mariamedlar@gmail.com, facebook.com/lasquisquitas.

Every Wednesday: 7:30 to 8:30 pm. Bike ride in San Jose. Free if you bring your own bike, or rent from Sportia bike store. Form up at Plaza del Pescador in San Jose, across from the Royal Solaris hotel at 7:15 pm. Call 624130-7159 or email info@sportia.mx for information.

Every Wednesday: 5:00 to 10:00 pm. Art Day. Art, paintings, books, live music. At El Merkado, in the Koral Center in Cerro Colorado.

Every Wednesday: 5:00 to 10:00 pm. Art classes at the Palapa Society campus in Todos Santos. Every Wednesday. Classes are free to children ages 7 up and classes is limited to 16 students.

Every Wednesday: 5:00 to 6:00 pm. “Vino Con Elena,” a weekly book club featuring the works of author Elena Ponia-towska. At Los Abades restaurant in Todos Santos.

First Thursday: 8:00 am to 2:00 pm. YoReciclo sets up tents to receive clear glass bottles, metals, plastics (except Styrofoam), thick cardboard, computer equipment (except monitors), small home appliances (except TVs of all kinds), cellphones and accessories, edible vegetable oil, ink cartridges and toners of HP, Samsung and Xerox only. Please, in San Jose at Centenario corner with Ildefonso Green. In Cabo San Lucas at the parking lot of the baseball stadium. Email info@yoreciclo.org.mx for more information.

Every Thursday: 8:00 am. Rotary Club Breakfast. At the Playa Grande Resort, above the Sports Bar, Cabo San Lucas.

Every Thursday: 12:00 to 8:00 pm. Artisans Market at Maco Rapsado (Vegetarian restaurant). On the road to the Hacien da Beach Resort (behind the Puerto Paraiso mall), across from the Marina Fiesta hotel.

Every Thursday: 5:00 to 11:00 pm. After Office. Live music and special promotions. At El Merkado, the Koral Center in Cerro Colorado.

Every Thursday: 6:00 to 9:00 pm. Art Walk. Visit different galleries, many serve free wine. Art district in downtown San Jose.

Every other Thursday. You guess which one. Los Cabos Tomatoe’s ladies’ social group. All women who aspire to be a tomato are welcome. Email loscabostomatooes@gmail.com for more information.

Every Friday: 5:00 to 10:00 pm. Los Cabos Products. Sale of products made in Los Cabos by residents from the rural areas. Fresh produce, jams, sweets, arts and crafts and furniture. At the main plaza in downtown Cabo on Hidalgo street, two blocks up from the Tesoro hotel.

Every Friday: 6:00 pm. Trivia Night, Todos Santos Brewing. English and Spanish with short rounds and prizes available each round. Alvaro Obregón (between Militar & Rangel). Facebook @Todos SantosBrewing. Ph 612 1452023 or email info@todos santosbrewing.mx

Every Friday: 5:00 to 9:00 pm. Todos Santos Farmers Market. Music and fun stuff. At The Distillery (but it moves around, so check where it is this week), Email James Black at merlo4u@hotmail.com or call (612) 134-8728 for more information.

Every Friday: 5:00 to 9:30 pm. Arts and crafts market “El Colibri.” Original handmade jewelry, homemade food, arts, and crafts and original live music. Nothing made in China here. Amelia Wilkes Plaza in downtown Cabo. For more info, or if you are a vendor, please contact Max at 624-108-2250 (Spanish), or email tmyrosa@gmail.com (English).

Every Friday: 11:00 a.m. Al-Anon Family Group. Next to Calvary Chapel Corner of Degollado and Margarita Maza de Juarez in San Jose. Call 624-165-3333 for more information.

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Every Friday: 10:00 am to 1:00 pm. First Thursday. Classes are free to children ages 6 and up, and the class size is limited to 16 students. Please don’t shoot the messenger, here does not go off when stated, please don’t shoot the messenger, this is Mexico, and every event is, well, fluid.
Community Reading Lounges

At AMELIA WILKES PLAZA Main plaza downtown CSL,
Every Saturday from 6:00 to 8:00. Herman Ita de Ysabela Reading Club has a different book to read and comment. Saturdays starting April 9. Spanish mostly. Book donations are welcome. More info and special activities with Nixania email: todossomosnuestro@gmail.com Free.

At PLAZA COTA
From Monday to Friday. From 7:00 am to 9:00 pm. Trocatumundos Reading Club. Spanish mostly. More info and special activities on Facebook: https://www.facebook.com/saladelecturatrotatunodos/timeline

At KINESIS GYM. El Chamillo barrio near the Convention Center.
From Monday to Friday. 6:00 pm to 8:00 pm. La Maroma Reading Club. Books available. More info and special activities on Facebook: https://www.facebook.com/Sala-de-legitura-La-Mar%C3%B8n-Kinesis-Fabulanda-9613937638083/timeline

At LA CIRCO. Libroteka Reading Club.
From Monday to Friday. From 4:00 pm to 8:00 pm. Books available and circus drama style reading on Thursdays at 7:00 pm. More info with Sara Flores on Facebook: https://www.facebook.com/LaCirco.5779705355573/timeline

Calendar of Performing Arts

Monday through Friday, 8:00 a.m. to 8 p.m. Saturdays and Sundays from 10:00 a.m. to 8 p.m. On permanent display: Man, Nature and Culture. A permanent photography show of cultural identity of Baja California Sur. Video also. Text is in English and Spanish. Free. CÔ-DÉX Peninsula salon at The Centro Cultural La Paz. The old city hall on 16 de Septiembre at the corner of Belisario Dominguez, across from the Sears store. Downtown La Paz.

Everyday. 5:00 to 8:00 pm. Live music. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Tuesday. 5:00 pm. Literature reading sometimes with the author, sometimes with special guests. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Tuesday from 6:00 pm to 10:00 pm. Garden of the Arts. More than forty local artists show and sell their works, including paintings, sculptures, photography and engravings. Open area. Spanish with some English. Mijares Main Plaza in downtown San Jose. More info on Facebook: Jardín del Arte Los Cabos.

Every Tuesday, 8:00 pm. Documentary Movie Club. A different documentary every week. In the original language with Spanish subtitles. Free. Alfredo Green Cultural House Downtown San Jose.

Every Wednesday. 6:00 pm to 10:00 pm. Danzon Afternoons. Traditional Mexican dance classes. Spanish. Free. Leon Cota Plaza next to the Red Cross. Cabo San Lucas.

Every Wednesday. 8:00 pm. Movie Club. Every month a different theme. In the original language with Spanish subtitles. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Wednesday. 5:00 to 10:00 pm. Art Day. Art, paintings, books, live music. Spanish and English. El Merkado at Koral Center, next to the H+ Hospital. Kilometer 24.5 on the fourlane to San Jose.

Every Wednesday, Thursday and Saturday. 6:00 to 10:00 pm. Art Fair. Food sampling and wine tasting at the restaurants and shops in the mall. Live music and local artists showcasing their work. Plaza el Pescador across from Cabo Azul resort in the hotel zone. San Jose.

Every Wednesday. 7:00 pm. Vagabond Movie Club. A different movie every week in the original languages with Spanish subtitles. More info: 612-145-1056. Free. Todos Santos, at La Posta Del Oasis. Zaragoza St And Rangel Streets

Every Thursday, 8:00 pm. Trova and Bohemian Latin-American music. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Thursday. 7:00 pm. Pavillon's Movie Club. A different movie every week. Sometimes in English, sometimes other languages with Spanish subtitles. Free. April features films from Spain. Cabo San Lucas' Cultural pavilion, downtown next to the marina.

Every Thursday. 8:00 pm. Vagabond Movie Club. A different movie every week in the original languages with Spanish subtitles. Short films and art videos before the movie. Free. La Rana Vegana. Playa Migrino St. up from Miguel A. Herrera St. Turn right 2 blocks before the gas station (Pueblo Bonito Sunset area)

Every Friday, 7:30 pm. Rock Bands Encounter. Different rock groups playing together, sometimes a real battle of the bands. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Friday, 8:00 pm. Theater night, by the GestoNoEsTeatro Company. Directed by Emmanuel Novelo. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Saturday, 8:00 pm. Jazz Night. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every Saturday. 6:00 to 10:00 pm. PlazArte. Four hours of arts workshops, music, dance show and family fun. Spanish. Main square in downtown San Jose.

Every Sunday. 6:00 pm to 10:00 pm. Danzon Afternoons. Traditional Mexican romantic dance. Everyone is invited to dance. Spanish. Main square in downtown San Jose.


Every Sunday. 1:00 pm. Movies for kids, storyteller, table games and more. Spanish with some help in English. At Macondo bookstore, Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. The building with a ship's bow coming out of it.

Every other Sunday. 6:00 pm to 10:00 pm. Every two weeks, four hours of PlazArte workshops with live music, dance and different artists. Spanish. Free. Leon Cota Plaza next to the Red Cross building.

All June. All day. All June Macondo Bookstore and Cultural Center will celebrate their third anniversary with music, theater, wine, discounts, and surprises. Cabo San Lucas, Hidalgo St., half a block up from the Tesoro hotel. It's the building with a ship's bow coming out of it.


Jun 25, Monday. 8:00 pm. The Greatest Showman: The Musical. Directed by Emmanuel Novelo, presented by Liceo Los Cabos Middle and High school students. Spanish with some help in English. 50 pesos. Cabo San Lucas' cultural pavilion, downtown next to the marina. More info: 624 156 7600.


July 5. Thursday. 7:00 pm. The Chorus. (2004). The new teacher at a severely administered boys' boarding school works to positively affect the students' lives through music. French or English, with Spanish subtitles. Cabo San Lucas' cultural pavilion, downtown next to the marina.

July 6 and 7. Saturday and Sunday. 8:30 pm. El Llano en Llamas (The Burning Plain). Adaptation from Juan Rulfo's novel. El Llano en Llamas is one of the short stories from the book of the same name. Adapted and directed by Emmanuel Novelo, presented by GestoNoEsTeatro Theater Group. Spanish with some English. Cabo San Lucas' cultural pavilion, downtown next to the marina. More info: 624 211 7362.

July 12. Thursday. 7:00 pm. The 400 Blow (1959). A young boy, left without attention, delves into a life of petty crime. French or English, with Spanish subtitles. Cabo San Lucas' cultural pavilion, downtown next to the marina.

July 19. Thursday. 7:00 pm. The Diving Bell and the Butterfly (2007). French or English with Spanish subtitles. Cabo San Lucas' cultural pavilion, downtown next to the marina.

From July 23 until August 3. From Monday to Friday. From 9:00 am to 2:00 pm. Summer art camp for kids. Art activities for kids from 6 to 12 years old. With painting, contemporary dance, theater, etc. Spanish. Free. Cerrito del Timbre Cultural House. Behind Aramburo's supermarket in downtown Cabo San Lucas. For more info and registrations go to the Cultural House's office from Monday to Friday, from 9:00 am to 3:00 pm. Cabo San Lucas.

Free Medical Care For Baja Children

By Amanda Bruno

Since 1991 Amigos de los Niños (that's Friends of the Children for you non-Spanish speakers) has provided quality medical care to children in Los Cabos. The creditted non-profit organization hosts five dental clinics and two audiology clinics every year, free of cost. Appointments are required, but any child is eligible for services. The clinics provide both preventative care and treatment of any detected problems.

Led by an American dentist, the ADLN dental clinic is run by volunteers from the US. The volunteers pay their own way down here and stay for about a week to assist at the clinic. The clinic is operated out of the ADLN office in Cabo San Lucas and has all of the necessary equipment to provide care that is equal in quality to what one would receive in the United States. They used to use local dentist offices but quickly discovered the equipment was unreliable and the space was inadequate, so they made additions to their office in their donated converted house and are now able to work directly from there.

ADLN audio clinics are also led by an American doctor, one who specializes in ENT (ears, nose, and throat). Just like at the dental clinics, the audiologists who come treat the kids as volunteers from the States. They buy their flights down here, work for a few days, enjoy the area for a few days, and then head back. Last year, ADLN gave about 500 pairs of hearing aids to Baja kids for free.

Amigos de los Niños began in 1991 when a group of people living in Cabo San Lucas wanted to help their less fortunate neighbors. They started by dressing up as Santa Claus and delivering Christmas gifts to neighborhood children, but soon realized that the problems these kids and their families faced were deeper than a lack of Christmas presents. Eventually, they began to take on projects that would improve the quality of life for children in Los Cabos, starting with the installation of water purification systems in public schools in Cabo San Lucas.

ADLN later made it their mission to provide free medical care to the children of Los Cabos up to the age of 18. They cover all medical costs for children who don't have sufficient medical coverage, including routine check-ups and more special cases for those who are severely ill or disabled. Their dental clinics are free, as are their audio clinics are also free.

ADLN has two major programs: ADLN Free Clinics and ADLN Special Case Children. ADLN relies on the support of physicians who donate their work or provide it at a discount. Many of the doctors who work with ADLN come from the United States, but local doctors have begun to participate as well. The Free Clinic Program supports pediatric dentistry, ENT and audiology, pediatric cardiology, and corrective eye surgeries. These are bi- and tri-annual clinics that serve children who would otherwise go without these services, or accept them out of necessity at far lower quality.

The Special Case Children supports children who are severely ill or disabled, and who require long-term medical aid. The largest population of children served by this program is cancer patients. ADLN supplies chemotherapy medication to the pediatric hematology-oncology (UHOP) unit at Salvatierra in La Paz, as well as transportation to and from La Paz for their treatments.

To make a donation or learn more about Amigo de los Niños, visit their website at adlncabo.com.
Los Cabos’ Newest Resort

The former Mar Adentro Resort just got a makeover

**BY AMANDA BRUNO**

The Mar Adentro hotel on San Jose’s hotel row opened in December of 2015 and quickly folded in December of 2017 just two years later. It was sold to the investment firm Rodina Group, who hired Viceroy Hotel Group to manage it. The property is part of Viceroy’s Icon Collection, and is their second property in Mexico. They have another one Playa del Carmen, over by Cancun.

Viceroy is known for their upscale hotels around the world, and all of their properties have a luxury feel. The Los Cabo hotel, designed by Mexican architect Miguel Angel Aragonés, has undergone some minor cosmetic renovations during the five months that it’s been closed but has largely remained the same. Former visitors of the Mar Adentro will notice changes.

A walk between the pools will lead you out onto the beach and to the four swimming pools on ocean, and new wooden walkways. The renovation, completed in December 2018, will add paintings, sculptures, and murals to the overwhelmingly colorless resort.

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A walk between the pools will lead you out onto the beach and to the four swimming pools on shallow pools that are connected by the new wooden walkways.

El Nido (the Nest, in English) is a restaurant made of woven twigs where guests can enjoy a drink while they take in the sunlight twinking through the twigs, making it magical. No, there is no A/C, but dappled sunlight makes you forget you’re sweating up your own storm.

Between the buildings are wide, connected by elevated walkways. The Dermiblast Plus Facelift uses fibroblasts and mesenchymal stem cells from clinically approved donors and is mixed with platelet-rich plasma obtained from the patient’s own blood. The combination of fibroblasts, stem cells and PRP are injected into the mid-structures of the face and below the skin surface with a micro-needling device. This achieves a diffused infusion of concentrated platelet growth factors, fibroblasts and mesenchymal stem cells throughout the dermis of the face.

After this, a specially prepared Bio-Filler of concentrat-ed platelets with added hyaluronic acid is strategically placed in the smile lines, crow’s feet, chin, cheeks, forehead, and corners of the mouth using a very tiny needle. The platelets contain numerous growth factors that stimulate the fibroblasts and stem cells to achieve total facial rejuvenation. It adds volume and smooth out the deep creases and wrinkles in the face. This is a single session treatment and the results will be long-lasting, depending on how the patient cares for their skin. A second application of PRP may be given 6 to 8 weeks later to stimulate the effects of the fibroblasts and stem cells to produce longer lasting results up to 18 months or more. Also included in the treatment is a facial cream containing numerous growth factors that will help maintain firmness, elasticity, and for hydration of the skin.

The procedure is performed by cosmetic surgeon Dr. Hector Cantu at the clinic in San Jose del Cabo and takes about 60 minutes and the effects are immediate. Why not schedule a free consultation with the doctors to discuss Dermiblast Plus, the most effective non-surgical facelift treatment on the market. Visit www.prmedica-inc.com for more info about stem cell procedures available at PRMEDICA.

For more information about the Viceroy Los Cabos, or to make a reservation, visit their website at www.viceroyhotelsandresorts.com.
Local Do-Gooders Fighting For The Environment

This year it’s plastic pollution

BY PAIGE TURNER

In honor of World Environment Day on June 5th, local organizations in La Paz held a community sustainability festival at the City Theater. Each year, the UN picks a specific issue to focus on for World Environment Day and makes it the day’s theme. This year they chose ‘beat plastic pollution’ — a worthy cause of course, but there are several other issues worth exploring as well, and that’s just what the locals did in La Paz. I went out to the festival to check out the local projects that are underway and to see how Paceños are tackling the variety of issues associated with climate change.

33 organizations are in the midst of running campaigns aimed at limiting plastic use, educating children, and raising environmental awareness. Organizations like Mar Libre, A Reef Reborn, Mar Vivo, and Espíritu Santo Es Parte De Ti focus on protecting our reefs, mangroves, and unique island environments. The protection of the reefs includes educating people on what fish are in season and which need to be released when caught.

Reefs and mangroves are essential wildlife habitats that cater to biodiversity. They are also very important barriers to tropical storms. At the sea level, plastics end up in these ecosystems and cause problems. Mar Libre and Espíritu Santo Es Parte De Ti are responsible for the colorful sign “Limpias tus Playas” (Clean your Beaches) on the hillside above Eréndira Beach heading out towards Tecolote and Balandra, which can be seen from the road. As some campaigns focus on ecology, others focus specifically on the ever-present problem of plastic pollution.

Unsurprisingly, the festival focused on an issue that directly affects Baja: water scarcity. Numerous school projects tried to tackle this problem with innovative ideas. One group of students used aquaponics, a reinvented Mayan and Aztec method that uses fish tanks (and fish poop) as a source to grow plants. Another student used fibers from a local tree to clean water, and another group used hydroponics.

Seriously, water scarcity is a big thing in Baja. The kids’ projects were great, and they all stressed the issue of water scarcity.

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Let’s Go to a Secluded Beach!

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There is no place in Cabo or San Jose as inviting, tranquil, and enjoyable as the Vidasoul Hotel and Crossroads Country Club on the East Cape. Me and my better half keep going back because just driving to Vidasoul is like taking a ride on the wild side of the peninsula. Unlike Cabo San Lucas, to locations North, Cabo Pulmo, or the fabulous sand dunes. Los Arbolitos National Marine Park has fabulous snorkeling and incredible rock formations and caves. Santiago offers falls and hot springs. To the South you can ride horses nearby or surf the popular breaks Punta Perfecta, 9 Palms and Shipwrecks.

Their restaurant The Crossroads Country Club is proclaimed to be some of the best food on the East Cape with fabulous complex flavors and presentations. Rooms are available starting at $120. Or try one of the large ocean front suites with bathtubs that overlook the Sea of Cortes.

Call/eMail and ask about their Summer, honeymoon and wedding packages. Look for them on Facebook for updates on the entertainment.

Reservations and information 624 142-1165 M-F 9-4 and Sat. 9-1, or Cell. 624 154-6966 or US 1-626-84-0485. Both numbers are also available on What’s App also. For a quick response info@vidasoul.com or joan@vidasoul.com. www.vidasoul.com.

The fight against plastic use is a mainstay of the campaign #Deplastificate. The organization uses social media and workshops at local schools to promote ideas on how to cut plastic out of your everyday life. They’re also petitioning the government of Baja Sur to change the current ecology laws so as to restrict the utilization of single use plastics. To put it into perspective, 500 million drinking straws are used each day somewhere on the planet, and the majority are not or cannot be recycled. The popular hashtag #SinPopote means “without a straw”, so use this as a way to practice your Spanish and say that phrase every time you order a drink. Deplastificate also focuses on cutting out any single-use plastic items, such as shopping bags, (are you listening Walmart?) and pretty much anything else that comes to mind, and they work with the local restaurants.

Capuchino Café, located a block off the Malecón on Calle Mutulismo, is also jumping on the bandwagon by offering vegetarian meals and cutting down on single-use plastics like straws. If you buy a combo meal at the cafe in the months of June and July, 10 pesos goes to the Deplastificate campaign. Other restaurants in the La Paz area participating in the campaign to cut out plastics are Hotel La Perla, Big Sur Café, La Miserable Mezcalería, Mi Cantina, Prana and Bagel Shop.

If you’re interested in pur-
We Have A Drone Convention
In La Paz on June 30

BY PAIGE TURNER

As prices come down on them, drones are growing in popularity. They are also getting easier to keep in the air as the software gets better, and they are coming down in size, as they are now foldable. The better ones can be kept in a pocket because they are the size of a smartphone when not in use. Camera quality is going up, and battery life is now up to a realistic 20 minutes. (Buy two batteries, keep one on charge).

Researchers use drones to explore new areas and even to identify plastic debris in the ocean. Photographers and videographers use them to get amazing shots that would be too expensive if using a helicopter. Drones are now a standard tool in real estate and the film industry.

In the northern Sea of Cortez, conservationists have used them in the fight to save the Vaquita porpoise from extinction. Well, that’s a losing battle, but at least they’re trying.

There are plenty of recreational flyers out there too. You don’t just fly around aimlessly, you need a camera on it to have fun with it. Most cameras are on a gimbal so your pictures are not shaky or influenced by the wind. Nowadays a big part of the fun is in editing the video and posting it on YouTube.

Another, more difficult aspect of drones, but the best part, is using the goggles. When you put these on you feel like you are riding in the drone. It is exactly like being in an airplane. I call it a poor man’s airplane.

So how much does all this cost? Anywhere from $100 for a kid’s toy, to about $1000 for a good amateur set. Drones go up from there, the high end usually used in industries like movies, structural engineers, to string power lines, de ice those power lines, and oh yes, to drop bombs and missiles on people.

I personally have a DJI Phantom 4, using the drone for landscape photography. I have some great lucky wildlife shots too. A few weeks ago, I found a great stretch of empty beach on the Pacific coast; I could not resist taking out the drone.

I took a video of the beach, the arroyo, and a patch of palms. Those palms were my demise. Just when my partner said, “look out for that tree,” I pulled a George of the Jungle in the middle of the desert. The transmission failed, and the buzz was gone. After rushing over to the trees, we found my forlorn drone crashed at the base of the tree.

Two broken propellers and a bent camera gimbal sent my mind into overdrive. How was I going to get this fixed in Baja? Fly to the States? Too expensive and too long to wait. Send it to Mexico City? That’ll probably take longer than flying to the States. So I decided to look at my local options.

A Facebook post suggested Drones Sudcalifornia (their Facebook page is “RC Dron’s”). The post said Manuel was a wizard. “That’s exactly what I need!” I thought. I drove to an area of La Paz where dirt roads are common, found the unassuming store front, and walked in. Manuel greeted me in perfect English. I explained what happened, and he gave me a receipt that he received my drone for service, an estimate, and then said it would be ready in the next couple of days.

The next day the drone was ready! A quick drive to the store and $50 later, the machine was back in my hands.

His shop has lots of really fun toys, like remote controlled boats and cars, and other toys with engines, making you feel like a kid. So, if you’re interested in grown up toys, there is a drone expo on June 30th from 12 to 5 at the Plaza Paseo La Paz. There will be drone demonstrations, workshops, and even some drone demonstrations, continue on page 23.
June 25th, 2018

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Disaster Readiness in Los Cabos and La Paz

BY CHERYL T. MILLER

As Tropical Storm Bud is passing by, a very early start to our hurricane season, I am reminded how important it is to be prepared.

Our “hurricane season” is technically from the beginning of June through the end of October. While Bud historically is early, it does remind us that anything can happen. Thankfully, it dumped a lot of much needed water on the desert, but, it was not a hurricane. The sea is still too cool for that, but it does demonstrate the need to be prepared.

Many of us are veterans of Baja California Sur and have been through one or more storms, and we may know many ways to protect our property, lives and our comfort after the storm, (and we learn from each storm that occurs), but, many new home owners are not familiar with hurricanes and tropical storms. Lately, globally, we are seeing here and in many parts of the world, extreme climates that have caused damage and destruction, cost lives, and has caused discomfort and distress.

So, it is an apt subject to let our new home owner’s and potential buyers to know what to do to prepare for a storm in the future. If you are ready, you will be fine!

Although most of the past damages here in Baja California Sur have been from hurricanes, as we saw in 2017, a strong tropical storm like Lidia can bring with it a new set of challenges and damage with water and mud. However, what is to our advantage, is that storms and hurricanes are something we have time to prepare for, unlike an earthquake, where there is no warning. Here are a few tips:

1. Never underestimate a storm or hurricane. As with Odile of 2014, the hurricane looked like it would miss us, and then within the last 6 hours or so, headed straight for us leaving many residents unprepared. Storms are fierce and vary, so be prepared. A few hours of work can save you thousands of dollars in damages and maybe your life.

2. Never buy a property in a flood zone or a low-lying area next to a flood zone. A good real estate agent who has experience here in Los Cabos and La Paz knows those areas prone to inundation. Heed their knowledge. When these forces occur, there is nothing humanly possible to thwart them. If your real estate agent is a newbie, you can also check with the government, who has maps of known areas of flood and inundation and that can be added to your offer as a contingency. Either you or a paid consultant can check those maps and secure more information about the area where you want to buy.

3. If you are not here year round, arrange with a property manager, neighbor, friend or worker to be on call to “hurricane proof” your property in your absence. To do so, in advance of any event, procure hurricane protections, bring in or strap down any item that is “loose” on your property, such as patio furniture, BBQs, potted plants or awnings. During a hurricane, literally anything not strapped down or put away will fly away or be moved from its original position. I once saw a 600 pound steel cabinet move 5 feet from its original position during a hurricane, something that took 4 men to move! If you have delicate trees, consider installing wooden poles and strapping them against the wind.

Another word or two about strapping and hurricane protections: Most of the failures I have witnessed of these systems were not the systems themselves, but failure of their connections to the building. Any bolts or connections installed into the building should be installed with an epoxy resinous compound in addition to the “pressure” from the lag bolt itself. This will insure that the lag bolts will not pop out from their holes in the block or concrete.

Hurricane protections: There are several systems on the market. Some come from the U.S. and carry a Dade County, Florida rating. Others do not. You can also build your own systems, as I did, from plywood and wood. Again, securing the connections with epoxy is paramount for any system to be fully secure. I store these in a place, numbered and identified as to where they need to go so it is fast to install when the time comes. Costs a little more, but well worth it.

Pre-Planning: During the early summer have the roof and walls of your home inspected. Even though most waterproofing applications are guaranteed for 3-10 years, I choose to have a coat applied yearly. The intense sun and heat can cause cracking and drying out of these liquid membranes and cause leaks. Check the surface and corners for any cracks, lifting or peeling. Repair these areas first. Apply sealant to all downspsout joints and openings in the roof. And always wrap the waterproofing system up the wall at least 4 inches. Do NOT wait until the rainy season to do this maintenance. First, waterproofing systems should not be applied in moist conditions. Second, it seems to be human nature to procrastinate until the last minute and then all of the installers are busy. Check for loose or cracked tile. Repair these are potential projectiles during a hurricane.

Check your drainage systems for clogging. It you have received water run-off in the

This is THE TIME to Invest in Los Cabos. Call me.

CASA MALKA 2320 DOWNTOWN CABO $850,000 12 Semi-Furnished Mediterranean style bedrooms, 12.5 bathrooms w/personal parking. Nearby 77,000 sq ft, walled property. Lush garden area with fruit trees. Plan to build mansions with an additional story. “Turn Key” for Bed & Breakfast or Hotel with 1 commercial unit. Recently remodeled. Located Only 5 min. from the Marina & 15 min. from the Beach. Financing available. MLS #18-507.

Maggie G. Woodward, Century 21 Paradise Properties, Cabo San Lucas. Cell. (624) 355-5622 • eMail: maggiewoodward@gmail.com

East Cape Featured Property
Santa Maria

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New homes available in the desirable private subdivision of Santa Maria, just 2 KM north of Los Barriles. The gated community with pool and patio is just steps to the shore of the Sea of Cortez and includes a private boat ramp to launch your SUP, kayak, or fishing boat. This project offers 3 floor plans (2BR, 2BR/Study, 3BR) up to 2316 s/f total construction area along with 3 different elevations: Santa Fe, Spanish and Contemporary. Built by a well-respected local contractor. Choice of colors, tiles, cabinets, and style. Single story but have an optional 2nd story ocean/mountain view patio. There are only 6 homes/lots available and no other new homes available at this price point. Starting at $250,000 USD

Contact Dede Bacon for more information at DedeBacon@msn.com • 624-142-8990 MEX Cell, or 541-603-0348 TOLL FREE, or www.cabohomesandinvestments.com
Which side to Buy
Part 3
You missed the first 2 parts? Your loss

BY TERRY GRAY CURTIS

We continue our journey around the southernmost tip of Baja from La Paz to Punta Pescadero. The goal is to provide valuable information to help you decide where the perfect slice of Paradise is for you. Just to recap, in part 1, we covered La Paz to Todos Santos and in part 2, we covered the Pacific side on into Cabo San Lucas. In this part 3 will cover the Cabo Corridor and San Jose. The next part 4 we will cover La Playita (Puerto Los Cabos) to La Ribera.

The Cabo Corridor as it is referred to runs from about where the bridge is over the arroyo at Cabo San Lucas Country Club to El Tule or just past Chileno Bay. This area is by far the busiest, fastest growing and most popular living area in all of Los Cabos. Not to mention it is our most necessary places to shop are; including Walmart, Costco and Home Depot.

This stretch of highway has seen some expansive growth over the last few years in terms of mega beachfront residential developments and some of our newest most expensive beachfront hotels, with more on the way. The mountain side of the highway hosts over 50 individual developments and currently there are close to 150 homes and condos for sale. Most all of these properties are in gated communities and range in price from just under $100K to over $2M. That is a pretty big spread but the majority of properties available are in the $200K-$400K range. Another wonderful point is almost everyone has either an Ocean View and or Land’s End View. This area of the Cabo Corridor offers golf courses from Mr. Nicklaus, Mr. Dye and Mr. Weiskopf.

Crossing the highway onto the Oceanside we fall into a little different category of properties, only about half as many available as mountainside of the four lane. And half of these are over $1M due to physical proximity to the beach, view, amenities and or size and finishes. There are some truly amazing properties here in Punta Ballena, Cabo del Sol, Santa Carmela and Chileno Bay for sale.

Moving right along into the San Jose Corridor we find the reverse of properties available with the majority Oceanside of the highway. The majority of these properties available can be found in Cabo Real (condos), Palmilla, Querencia and Cerro Colorado. It is in Palmilla and Querencia you will find the most spectacular homes in all of Baja California Sur. San Jose de Cabo is very underestimated for the very different lifestyle it offers in comparison to Cabo San Lucas. When visiting these 2 cities consecutively you will swear you are on 2 different planets. And the residents of San Jose would like to keep it that way I do believe. This is more laid back and a quieter, less party atmosphere. Although there is a time and place for everything I hear! None the less it also had more thought put into the infrastructure, planning and development than Cabo did from Fonatur (Government Sector of Tourism) as you can tell from a drive through. San Jose is more organized and a bit better taken care of as our state government offices are there.

The beaches of San Jose offer some world class surfing, international surf contest and beach concerts throughout the year.

Agent Profile
Leon Saenz

When León Sáenz moved to Baja in the early 2000s to manage his family’s land in La Paz it was only meant to be temporary—but he quickly fell in love with the people, lifestyle, culture, and land. Originally from Chihuahua, Mexico, León is the third generation of real estate investors and in 2009 he made his move permanent in Los Cabos and joined a local real estate team as a real estate advisor.

Wanting more control of his clients’ overall experience, León decided to open his own company in 2016 as a broker under LastRock Real Estate. As a real estate broker, advisor and consultant, León assists developers, vacation-home seekers, and renters among others. He has worked with ejido land, commercial properties, multi-million dollar luxury villas, and starter homes.

León loves taking advantage of what Baja has to offer, and when not helping his clients you can often find him camping on the beach or trying a new restaurant in town.

Contact León at 624-157-8661, leon@lastrock.com, LastRock Real Estate.

The municipality offers various fiestas and festivals in a nice clean new city facility. At the end of the day San Jose definitely caters to families more so than does Cabo San Lucas. This brings us to downtown and the Historic District. Older maintained buildings and a weekly Art Walk in the cooler months are a good way to see San Jose. There are some of the finest dining establishments in this area of SJ. This brings us into Puerto Los Cabos and La Playita which we will explore in part 4, next issue.

That is going to be it for today, thank you for tuning in and this will be continued next issue.

Terry Gray Curtis is a veteran Century 21 Paradise Properties agent and Property Manager, he operates www.caboresortproperties.com & www.cabossecrets.com & a blog at http://blog.caboresortproperties.com Drop him a note to receive his very informative, bi-weekly Newsletter. His e-marketing program can give you incredible exposure if you are a Seller. Terry can be reached at terry@c21cabo.com or USA Tel 310.272.9500 Mex Cell (011-521) 624.151.5530.

DISASTER READINESS IN LOS... continued from page 15

past from neighboring properties or streets, consider installing a retaining or diversion wall. When it rains, inspect your yard for any place during a heavy storm, that may cause flooding to the interior of your home, and rectify the situation before it becomes a problem. Changing the grade of the land, building diversion walls or installing drainage pipes and catch basins are not difficult to do, but can save the interior of your home during a heavy storm. Check the walls and exterior of your home for any possible point water can come in…. Exterior outlets, lighting fixtures, switches. All exterior protrusions or openings should be sealed with watertight covers, plastered and painted or caulked. Trust me, during high wind/rain situations, any small opening can cause severe damage to interiors….water will find it and get in, potentially spreading many feet from the actual opening.

Before a storm hits, turn off your gas lines.

When building new, use the connector systems and methods from the United States or Canada. A strong connection can save that palapa or carport.

You can also retrofit any existing construction

Always have on hand the following items:

a) Bottle water. Assume ½ gallon per person per day. Assume another extra ¼ gallon per pet per day. You should also

CONTINUED ON PAGE 17
Paying Utilities In Mexico
It’s a little more complicated

BY CONNIE MEYERHOFF

If you are in the process of purchasing property, have the utilities prorated to the close date so the seller fulfills their obligation to pay and you can take over on the closing date. You can also request a letter of utility transfer from the seller that you can take with you to the utilities company. After you purchase your property in Mexico you will want to have the utilities transferred into your name. It is important to know that only property owners may have water (Oomapas) and electric (CFE) in their name. You must have proof of your property ownership (copy of your registered Fideicomiso or Escritura) and ID. If you have just closed on a property it can take up to 60 days to receive your final registered deed from the public registry office. In this case the utilities will continue billing in the sellers name, they are not cut off at the close on a real estate sale and will bill until you have your documents to provide the copies required for name change. You will also pay a fee for the change of name on the utility account. CFE bills bi monthly and water bills every month. Billing is based on consumption and metered.

You may want to hire a property manager to help with the payment of these services in your absence. You can also pay a lump sum amount into your account for service to continue without the need to go and pay each billing cycle, but be sure to check your account so that you have enough funds there to cover consumption. You can also open up a Mexican bank account in pesos and have your CFE bill debit your account, you should receive a notice of the account billing each cycle from your bank by email. There is no over draft on bank accounts in Mexico so not enough funds means your utilities will not be paid and then cut off.

If you are an American citizen, foreign bank accounts must be declared on your US tax return. Note that in Mexico there is not a late fee if you do not pay your bill on time. CFE will send a service reconnect. Water cannot be cut off however they can limit the amount of water you receive by restricting service until paid. Paying utilities is just a little different here than in your own hometown.

It’s safe and it’s easy. Let me help you find your piece of paradise. Your Los Cabos real estate professional. Connie Meyerhoff of Engel & Volkers Snell Real Estate, US 480-393-0639, conniemex.com or c.meyerhoff@snellrealestate.com. ➩

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Buying Or Selling Real Estate In Baja California Sur?

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When buying or selling real estate in Baja California Sur, look for the MLS symbol & enlist an MLS agent.

Buying real estate in a foreign country is unlike any experience you may have had in your home country or state in Mexico. There are simply different laws, procedures and safe guards here in Baja California Sur.

Did you know that over 300 real estate professionals have organized in Baja California Sur to insure your success in dealing with Mexican real estate? We started in 1991.

We now call ourselves MLS BCS, and we operate a Multiple Listing Service statewide in Baja California Sur with over 3000 available properties. We cover Los Cabos, Los Barriles, Todos Santos, La Paz and Loreto. Any affiliate Broker or Agent can help you locate available inventory anywhere in the state, and can quickly connect you with the properties and agents in the area of interest.

WHY USE AN MLS BCS AGENT?

Our MLS BCS agents and brokers subscribe to the strictest set of local Operating Policies and Procedures in the Country. These OPP’s are the result of hammering out 41 years of dealings with foreign investment on the Anvil of Experience. Each member also agrees to follow the Code of Ethics of the Mexican Association of Real Estate Professionals (AMPI), and subscribes to the Standards of Practice and Code of Ethics of the National Association of Realtors in the USA.

In order to assure a safe and secure investment in Baja California Sur please be sure to work exclusively with an MLS agent. If for any reason you are not fully satisfied with their service you may inform the MLS at admin@mlsbcsmx.com.

To search all of the listings available in the MLS, visit: www.mlseinbajasur.com

DISASTER READINESS IN LOS...

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or margarine compartment. Because of the salt air, regularly check these battery devices for corrosion at the battery poles and the batteries themselves.

c) Having a small generator is advisable. This can run your refrigerator/freezer for your fresh food supply. Run it a few hours every 8-12 hours, and that should keep your food edible for some time. Have a supply of fuel always on hand. After a hurricane, electricity may be shut off for as much as 3 weeks, fuel deliveries halted for an extended period of time. So be prepared.

d) For a small amount of money, you can purchase a solar phone recharger. Although the phones may be down for a while, once service is restored, you will want and need your cell phone. A solar charger ensures that you can recharge, even if there is no electricity. Of course, a full solar system is your best bet against discomfort and lack of service, but that may not be possible for everyone!

e) Fill your washing machine with ice before the storm. This will give you about 2 days of cold capacity to store perishable foods, if you do not have a generator.

f) Obtain extra cash. After a hurricane the banks may be closed for extended periods of time. You will not be able to withdraw cash from the ATM…So place an emergency cash source in a safe place in your home and keep it for such emergencies. Do not depend on getting cash hours before the storm hits. The ATM’s supply often run out in a matter of hours.

g) Canned or dried foods. Always have on hand sufficient non-perishable food sufficient for at least 1 week. And remember your pets too!

h) Have on hand a whistle or horn to signal for help in case of major damages. Flashlights or lanterns, candles and a first aid kit.

i) Fill your car’s gas tank before a storm. Don’t wait until the last minute, your precious preparation time may be expended in a gas line for several hours.

8. Back up your electronics: The best way is a cloud service, or a detachable back up drive you can store in a plastic re-sealable bag in a safe during the storm.

9. Make copies of important documents and place them in a fire proof safe in plastic, re-sealable bags.

10. Insurance coverage: Various companies offer hurricane and flood insurance. Contact an agent well before a hurricane. Many policies require a 30-day waiting period to be in force.

11. If you are present during a hurricane, crack a window on either side of the house on all floors. This relieves pressure created by the forces of the wind and may save the windows in your homes. Contrary to belief, taping your windows does not save them from being broken. Stay in a safe place with your animals away from windows and potential shattering of the glass.

12. If asked to evacuate: Do it! Discuss an evacuation plan with your family members before it is necessary!

As with anywhere in the world, Mother Nature can provide its challenges. Earthquakes, tornados, hurricanes, drought, fires…there is something for everyone all around the world. Los Cabos and La Paz have been fortunate to not have had major disasters on a regular basis, but they do occur. So a little pre-planning, thought and supplies can get you through those rare occasions and save your investment.

By Cheryl T. Miller, Broker of Baja Realty and Investment/Architect. Contact her for more information at 521-624-122-2690 or at info@realestatebaja.com, serving Baja California Sur for 15 years.
New Spa Offering Killer Promotions

Get quality spa services without paying resort prices

BY AMANDA BRUNO

A new spa has opened in the El Tezal neighborhood of Cabo. Located across the street from El Matate on the dirt road before the arroyo, Avanti Health and Beauty Spa is a cost-effective alternative to the fancy resort spas. Cabo residents may know Avanti as a beauty school and spa where services were offered by students at low prices so they have the opportunity to practice, but the school shut down last year and prices have been adjusted accordingly.

Lucrecia Aguilar, a Guatemalan transplant who has lived in Cabo since the 1980s when the road to San Jose was dirt and the population was about 14,000. She was a regular attendee of Rotary Club meetings. When she died, she was barred from attending the meetings despite having been a regular attendee for 15+ years at that point. She refused to accept this, though, and joined forces with other women to join. This wasn’t the way in without husbands. In 1988, the club finally allowed women to join. There was no change in your habits, your electric bill can go up 500% or even more. The reason you want a digital meter is so CFE can’t bend you over on your consumption. Avanti has owned and operated a slew of spas between Mexico and the United States, and of course Los Cabos. In her business pursuits, Sra. Aguilar ran into several snags. She knew it would be work, but it was interesting nonetheless and thought, “It takes a long time to plant if you want a good harvest.” So she set out to learn the secrets of the beauty world, studying in Spain, New York, Miami, California, and of course Los Cabos. Today, Lucrecia Aguilar is slowing down, and her only operating spa is Avanti. She approaches business with an open mind and believes that, to be successful, you need to be adaptable and willing to change your practices when necessary. Avanti, she says, is currently one of the only spas in Cabo to offer regular promotions and discounts. At the moment, they’re offering a three for two special on massages, where you can get three massages (any kind) for the price of two in one month. They’re also offering a deal that allows you one service per month for a year for only $50 USD total. The services offered cover the full range of Avanti’s treatments, and can be shared with immediate family members.

Avanti takes care to appear to all of the senses. The building is a bright inside and out, but there are carefully placed flowers and artwork to create a calm, clean look. They play soft music during treatment and have a light floral aroma throughout the rooms. They offer water and wine while you receive your treatment, and if you aren’t there for a massage, someone will massage you during your manicure or pedicure. Of course, you can refuse the wine or the extra massage if that’s not up your alley. They’ve got three women on staff currently, all trained in massage therapy, facials, and nail services. The spa is currently missing a hair stylist, but hopes to get that side of things up and running as soon as possible. They accept walk-ins if they happen to be free at the time, but prefer and recommend appointments.

For more information about Avanti’s services, promotions, or to make an appointment, call them at 624-688-9586 or reach them via email at caboavanti@hotmail.com.

Save On Your Electric Bill

Well, we can put solar panels on our house, and defy the electric utility CFE. If you buy a solar system that jumps through CFE’s narrow parameters, you can even possibly generate so much solar power during the day you will have enough in the bank that you can draw from CFE when the sun goes down. Turning the meter back like that is the holy grail of home solar systems. CFE just blinked. They are now allowing bidirectional digital meters. Bi directional means when you don’t need anymore sunshine running through your house, the electricity you are generating immediately goes to CFE and you are credited.

The reason you want a digital meter is so CFE can’t bend you over on your consumption. Yes, they do that all the time. Suddenly, with no change in your habits, your electric bill can go up 500% or even more. You can call them, ask them to come out and check that meter one more time, but if the meter is incorrect, you’re screwed. You pay what’s on the meter or you’ll be cooking over candles.

If you have a smart solar system that allows you to see consumption digitally you have proof of your consumption which you can use to show their meter is whacked out. Upon this proof, they will back down.

Still, the cost is low compared to what resorts charge, and the quality is comparable to the resorts.

Avanti is owned by Cabo’s Lucrecia Aguilar, a Guatemalan transplant who has lived in Cabo since the 1980s when the road to San Jose was dirt and the population was about 14,000. Señora Aguilar has owned and operated a slew of spas between Mexico and the United States, but Avanti is her only active spa today. With a background in education, her business pursuits are diversified and include the El Tezal neighborhood of Cabo, located across the street from El Matate on the dirt road before the arroyo, Avanti Health and Beauty Spa is a cost-effective alternative to the fancy resort spas. Cabo residents may know Avanti as a beauty school and spa where services were offered by students at low prices so they have the opportunity to practice, but the school shut down last year and prices have been adjusted accordingly.

In her business pursuits, Sra. Aguilar ran into several snags. Before her husband passed, she regularly attended Rotary meetings with him. When he died, she was barred from attending the meetings despite having been a regular attendee for 15+ years at that point. She refused to accept this, though, and joined forces with other women to join. This wasn’t the way in without husbands. In 1988, the club finally allowed women to join. There wasn’t the end of her struggles with the Rotary Club here, she found that the women didn’t feel the same way— they were continuously cruel to her. She came out on top, though, and served as the first female honcha of the Rotary Club in Baja California and of course Los Cabos. In her business pursuits, Sra. Aguilar ran into several snags. Before her husband passed, she regularly attended Rotary meetings with him. When he died, she was barred from attending the meetings despite having been a regular attendee for 15+ years at that point. She refused to accept this, though, and joined forces with other women to join. This wasn’t the way in without husbands. In 1988, the club finally allowed women to join. There wasn’t the end of her struggles with the Rotary Club here, she found that the women didn’t feel the same way— they were continuously cruel to her. She came out on top, though, and served as the first female honcha of the Rotary Club in Baja California and of course Los Cabos.

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ample, taxi or van drivers might be forced to pay a dollar or two a day to operate. Payments are larger for bigger businesses. The extortion scheme has become so prevalent that the cartel recently sent market vendors and store owners a message saying that next year it would no longer demand payments from them, because so many of the snack and food products they sell werealready paying protection money at the distributor level.

They’re done with this country. Although about 13 million Mexicans live in the US, it appears they aren’t going to be motivated to vote in Mexico’s elections July 1. Among 4.2 million eligible Mexican voters in the U.S., only 181,000 had registered by the March 31 deadline for the mail-only election. This would be a turnout rate of less than 5 percent.

The Mexican government is moving toward broadening the expatriate vote. This year Mexicans abroad will be able to vote not just for president, but in national congressional elections, and lawmakers have proposed creating seats in the Senate and Chamber of Delegates for expatriates.\*\*

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HOW MEXICO ORGANIZES ITS... continued from page 11

but I was the super President of them all. There were 11 people and three little presidents. All us workers were choose to help because we were born in April or May.

Two days before the voting the IFE, (election agency), gave to me all the materials and supplies for voting, includes printed forms to paper clips, from voting tents to pencils, And also includes a strange piece of equipment to punch holes in the voting cards. I got a grand total of 61 items, all perfect counted in inventory

Indalecio, my husband, help me to transport all these materi-
als to the kindergarten the elec-
tion morning in the little car my boss gave me.

The voting booths were propped up pretty quick, thanks to the book of rules to assemble. You could only see the voters’ legs when they voted inside. The booths all said “IFe Your Vote Is Secret” on both sides so you feel pretty safe to vote.

My vote place must be ready at 8 A.M. un punto. To tell the truth, almost no voter place was ready on time, for one reason or the other, but voters started showing up around 7:30.

As soon as I arrive to the place I noticed a lot of political flyers and stuff hanging from the electricity poles outside. Displaying this is not allowed so I approached that party’s repre-
sentative and right away they removed everything, even their colored flags. I was the President and everyone had to obey me.

We were eight people sitting at each table. Each table had representatives from each politi-
cal party sitting with us worker, all of them watching all of our every move.

We counted the ballots we were given: 750 for President, same for federal senator, same for federal deputies. I was the only one authorized to touch the bal-
lots. Remember, I am the Head President.

CONTINUED ON PAGE 24
With the recent passing of Anthony Bourdain, the entire food world has suffered a great loss. But the Mexican food world is at a greater loss than anyone. As some of you may know, Mr. Bourdain had a love and a passion for this country, speaking the culture, and, most importantly, eating our food. He was more likely to be found in small street stands and humble joints than in fancy restaurants, and for that I will always hold him high in my heart. Known for trying the craziest dishes of a country, one thing he was a huge fan of in Mexico was tacos de lengua, or tongue tacos in English. Now I know many of you may be raising an eyebrow and shuddering as you read that, but cow tongue is one of the most exquisite types of meat you can get. All lean muscle, no fat, no nerves, just a huge piece of tender, delicious beef.

Why do Mexicans eat things like tripe, tongue, brains and eyeballs? Well, Mexicans are not ones to waste food, meaning every possible animal part will find its way into a recipe in some shape or form. And they are all delicious when cooked correctly. Arguably the tastiest snack on this list, tacos de lengua are tortillas stuffed with fried beef tongue. This may not sound appetizing—and the giant tongues on display at taco stands or ethnic markets do not look all that appealing to most gringos either—but once shredded or chopped into small cubes and sautéed in lard, the meat is very similar to regular beef in terms of its taste and texture. If cooked well, the tongue should be melt-in-your-mouth tender, although if you prefer a crispier finish it can be charred over the grill.

Bourdain had a love and a passion for this country, speaking the culture, and, most importantly, eating our food. He was more likely to be found in small street stands and humble joints than in fancy restaurants, and for that I will always hold him high in my heart. Known for trying the craziest dishes of a country, one thing he was a huge fan of in Mexico was tacos de lengua, or tongue tacos in English. Now I know many of you may be raising an eyebrow and shuddering as you read that, but cow tongue is one of the most exquisite types of meat you can get. All lean muscle, no fat, no nerves, just a huge piece of tender, delicious beef.

Tacos de lengua are cooked and served nationwide, but the recipe I have for you today is from the state of Jalisco in the western part of Mexico, famous for its mariachi, tequila, and beautiful women. Now, before we start with the recipe, there are a few pointers I would like to give to you:

When buying cow tongue, color doesn’t matter and neither does size. You will find it at any supermarket. They vary in weight from one to two pounds typically. It comes in a little Styrofoam plate wrapped in plastic, just like any other meat cut.

When you get home, allow it to come to room temperature and then beat it on the counter. I’m serious. Just make sure your counter is sturdy and the tongue is wrapped in the plastic still, or put it in a plastic bag. Why beat it? Well, rigor mortis is a thing, and more so when talking about tongue. When the animal takes its last breath, they stick out the tongue and it typically gets pretty hard, so soften it up with a little aggression.

Once you’ve taken out your frustration on it, with a sharp knife and carefully, remove the back part. If you look at it side-ways, there are two parts to it, the main cut and the back. The back is irregular and the meat and fats are not great. After you take the back off, you’ll have a long and slender cut of meat.

Okay, now let’s get started.

Ingredients
For the meat:
1 clean cow’s tongue (between 1 and 3 pounds)
2 spoonfuls of salt
½ onion
2 cloves of garlic
15 sprigs of cilantro, disinfected
3-5 serrano chiles (remember, the more chiles the more spice, so this is up to you)
1 small clove of garlic
¼ of an onion

For the green salsa:
2 pounds of green tomatoes
2 pounds of tortillas (weight from one to two pounds)
2 cloves of garlic
2 laurel leafs
½ onion
2 spoonfuls of salt
1 clean cow’s tongue (beef is the most commonly eaten meat)

These tacos don’t look bad at all.
Questions From Around Town
A brief Q&A from our readers

BY DAVID FLORES

From time to time our precious readers reach out to ask us what’s going on around here. As if we’re an information booth. Okay, that’s pretty much what we are, or like to think we are. Here are some of the questions we’ve received lately with answers to the best of our knowledge.

1. On the shoulder of Highway 19 just past the gas station and the Feliz Viajo sign heading towards Todos Santos, there are many semis and trailers parked alongside the road. What are they doing there?

   This area has some trucker dormitories where drivers can pull over to rest. Many of them are on their way down the peninsula or coming off the ferries.

2. The toll booth on the highway coming out of Cabo and San Jose has reopened for business. As in our money. Why did they stop charging in the first place, and what took so long for them to reopen? The cost has also gone up a few pesos.

   The federal government halts charging at toll booths on federal highways following natural disasters. This toll booth stopped charging after Lidia last summer, and remained free of charge for seven months following the storm because a portion of the road was still damaged. Now that the road has been repaired and the storm was last season, the government reopened the toll booths. As far as the price increase, this is routine and due to inflation which is pretty high this year, 3 or 4 or 5 per cent, depending on which government agency speaks which line.

3. On that same toll road, there are three new large and seemingly identical buildings under construction. They’re surrounded by what must be parking lots in development, just short of the Cabo interchange heading to the airport. It sort of looks like a prison. What are they?

   Not a prison! These buildings will serve as navy barracks and will accommodate up to 200 sailors. The Mexican Navy is now in charge of all police forces in Southern Baja; they’re over the city state, and even federal police. Up to now they’ve been living in hotels the downtown merchants’ ass. is paying for.

4. Again, same road. A few weeks ago, it looked like there was a drilling rig on one of the bridges for several weeks. They were on opposite ends of the bridge on different days, and then a little further ahead beyond the bridge. What were they doing?

   The sides of the bridge were probably eroding, so workers were filling them with concrete. This was probably thanks to Lidia. In the States, bridges are built with gutters on the sides to divert rainwater, but engineering in Mexico is often a little shakier, and many times cut rate.

5. There are some small, white structures on risers in the arroyo leading past the airport. What do they do?

   These are water wells. These wells are bigger than most because they supply water to the city of San Jose.

6. For several weeks, the feds had red cones on the four-lane just before San Jose that slow and even stop traffic on the corridor just past Zipper. The outside lane of traffic is sometimes stopped, and sometimes drivers are seen talking to officers. The traffic backups have typically been brief and don’t seem to affect the other side, but there’s always a police pickup parked there. What’s up with this?

   This is a drug checkpoint. They don’t stop everyone, but they’ll likely stop people who don’t have license plates, who have heavily tinted windows, or who look suspicious for any reason. Have you been stopped and questioned? Well, if so, you must be pretty suspicious looking.

   Got more questions? Send them to david@gringogazette.com.

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Chasing alternatives to plastic, Green Shop has a booth at the organic market in La Paz on Tuesdays and Saturdays. At that booth, you can find bamboo toothbrushes, produce bags, shampoo bars, and a variety of other reusable products that can replace that pesky plastic. Although you can find all of these items online, Green Shop is local and it’s always a plus to support local business.

La Paz is like a big community located in a very unique environment and the ocean is what calls most people to Baja, so it is absolutely worth protecting. For more information, visit the websites or Facebook pages of the 33 organizations working together to make a better future for La Paz, and remember, Sin Popote. Environmentally friendly businesses in La Paz:

- Ponguiguila
- Ecology Proyect International (EPI)
- Californios Verdes
- Cooperación Alemana al Desarrollo Sustentable en México, a través del Programa de Gestión Ambiental Urbana e Industrial-GIZ
- Niparají
- Como Vamos La Paz
- Mar Libre – Rescatando Nuestros Arrecifes y Manglares
- BCSiletos
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- Sea Cortes
- Mar de Cortez A.C.
- CEMIDA
- Children’s Foundation
- SINADES, A.C.

WE HAVE A DRONE...

continued from page 13

Races. It will be a good place to learn about these incredible tools/toys and see if this hobby could be for you. They’re kind of like jet skis—the bee buzz sound they make can be annoying when you’re on a tranquil beach, but they’re a lot of fun when you’re zipping one around on that tranquil beach.

After my experience with a broken drone, I’m looking forward to the expo, and I’m also very happy to have found a reputable repair shop in La Paz. His number is 612 170 4874. The shop is at The address is: Calle Licenciado and Adolfo López Mateos La Paz.

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Fishing

North for feeding, he just follows our fishing boats as the sailors and tourists toss him sardines and remnants of flleted fish to feed him. He is well known for jumping on boats and stealing their catch of the day. He’s got a sweet gig going.

What’s up with the malecon in La Paz? The first phase in renovations is about to end, said Genaro Ruiz, the state’s secretary of urban planning and infrastructure. The second phase will begin “soon,” at a cost of nearly $7 million USD. Vehicle traffic will be affected from Salvatierra street (just below the Las Gaviotas hotel), to El Molinito, a tad before the road to Pichilingue starts.

In a visit to the malecon last week, this reporter saw that the ugly concrete floor of the new sidewalks is slowly being polished. Very slowly, or course, but still revealing much prettier flooring. That was a surprise, as we were never told a polishing job was included. On the seaside, workers are also cutting and polishing, creating a cloud of dust on both sides of the street. And this will continue probably through the spring. Sigh.

Todos Santos gallery moves. The Galeria de Todos Santos, owned by painter Michael Cope and his wife Pat, has moved back to the downtown area, to a smaller location. When Pat decided to retire from their restaurant and gallery, she told us, “I knew the time had arrived.”

Cope and his partner Erick Ochoa decided to seize the opportunity to move. “Out of the blue an opportunity to move from...”

CONTINUED ON PAGE 28
June 25th, 2018

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 succeeding from page 20

WE handed out one ballot per each voter. Could not replace them even if a voter made mistake. Several did make mistakes. Tough luck.

At 8:00 we started to let people vote. We were un punto. I would look at peoples’ thumbs to make sure they hadn’t voted before somewhere else. Sure, that happens, if the voter workers aren’t real on the ball. We put their finger in ink after they vote so the sneaky can’t do that. Every voter is marked for several days after, to attest that they were good citizens. We also had to make sure their voter card was their own so we had to look close at their snap shot of their face. My President’s secretary looked in the book for everyone’s name. It was nice to see so many people lined up and I noted how nervous they were. I saw one guy in line trying to tell voters to vote for his guy, and I called the cops in. They actually showed up, (a miracle), and set him straight. The Los Cabos police report at the end of the day was of five people imprisoned basically because of electoral misdemeanors. They were all freed after a couple of hours. The reason there are no liquor sales on voter day is so things like this don’t get out of hand.

The watchers for the different political parties were like eagles, with their eyes everywhere. One even insisted on helping me but I had been told not to allow that, so as President, I told him to stop it. He said he could file a report to have me removed from my President job, but he never did.

Each party sent food to their reps, for us volunteers the IFE sent water, ice, toilet paper, and an envelope with $15 US in pesos inside, which was food money, but we couldn’t leave our post, especially me, so my hubby brought in a big salad for me. We did not get money for our time, it was a volunteer service for our country and I was glad to do it. Well, I was glad after I was made to do it.

At 6 PM un punto I closed the voting place and I told everyone to clear everything off the tables so we could count the votes. Only about six had to be tossed because of mistakes. I was impressed that even though some very poor people voted, they all seemed to know what to do. At CONTINUED ON PAGE 30
Colorado State University built a nice new building in Todos Santos in 2015 with a learning center for students to conduct research and get hands-on experience in their fields of study. The main areas of focus are veterinary medicine, sustainable agriculture, conservation biology, marine biology, human development and family studies, outreach, and service learning projects. This is their first international center, and CSU chose Todos Santos because of the close ties between the United States and Mexico and their interest in educational exchange between the United States and Latin America.

Since its inception, CSU has offered English education to over 100 residents of Baja California Sur, both kids and adults. They have also partnered with the University of Alaska to host fish necropsy workshops (this is where they dissect dead fish) to understand how marine life is affected by the current health of our oceans. During their fish autopsies, CSU students and staff were able to exchange insight and information about fishing and marine biology.

Additionally, they’ve taken steps to promote recycling and sustainability, and they’ve hosted veterinary clinics.

Their veterinary clinics give fourth year veterinary students a chance to gain hands-on experience in their field. There are two full-time professors permanently on staff at the Todos Santos Center, and a rotating cohort of students every ten days. They just wrapped up their spring semester last month and were able to perform over 1,000 surgeries on Baja critters in Todos Santos, with students working out of parks, garages, basketball courts, and anywhere else they could make work. Mobile clinics is what they call it, but if you’ve been in Mexico for any length of time, you’ll see that this sort of improvisation is common.

At the heart of their programs in Todos Santos is community outreach. In their English education program, they work directly with residents of the area to promote English education. These classes were free and open to anyone, and one part of the program was discussion with students about how learning English would impact the lives of participants. At their veterinary workshops, they were able to bridge some of the gaps created in pet care by cost and distance of local veterinary services, and by spaying and neutering, they actively help to reduce the population of unwanted pets and strays.

According to the university, “the Colorado State University Todos Santos Center’s mission is to cultivate generations of global citizens and thriving communities through collaboration, experience, and exchange of knowledge.” By developing programs to collaborate with local projects, CSU is focused on cultivating international study and service learning opportunities for students, faculty, and the community at large.”

So, in addition to being a great place to live, learn, and explore, Todos Santos is now a place where people from around the world can contribute to the community in meaningful ways! For more information about the program, visit their website at http://todos santos.colostate.edu.
How Come Mexicans Don’t Refrigerate Eggs?

And is this safe?

BY AL FRESCO

We see eggs at the local market sitting there at room temperature. Many of us want to rush over and sweep them into a fridge. But do we need to?

The question is about salmonella, a type of bacteria that lives in the intestines of many warm-blooded animals. It’s perfectly safe when contained within the animal’s intestinal tract, but it can cause serious illness if it enters the food supply. An infection from salmonella can cause vomiting and diarrhea and be fatal — for the very old, the very young or those with compromised immune systems.

The most common sources of salmonella are alfalfa sprouts, peanut butter, chicken and eggs. In fact, eggs have been found to be responsible for 77% of salmonella in the US. An egg can be contaminated with salmonella externally, if bacteria penetrate the eggshell, or internally, if the hen herself carries salmonella and the bacteria was transferred into the egg before the shell formed.

How eggs are handled, stored and cooked is essential for preventing salmonella from contaminated eggs. For example, storing eggs below 40°F halts the growth of salmonella, and cooking eggs to at least 160°F kills any bacteria that is present.

Eggs on sale in an Oxxo. You buy these by the onesies, this method is highly effective at killing the bacteria found on egg shells. Unfortunately, it does nothing to kill bacteria that may already be present inside the egg, which is often what makes people sick. The washing process may also remove the cuticle of the egg, which is a thin layer on the eggshell that helps protect it. If the cuticle is removed, any bacteria that come into contact with the egg after sterilization will more easily be able to penetrate the shell and contaminate the egg.

While refrigeration does not kill bacteria, it reduces the likelihood of you becoming sick because it keeps the number of bacteria that may be present limited.

However, there is another important reason that eggs are supposed to be kept in the refrigerator in the US. To keep bacteria to a minimum, the FDA requires commercially sold eggs to be stored and transported below 45°F, and once eggs have been refrigerated, they must always be kept refrigerated to prevent them from forming condensation if they warm up. The moisture makes it easier for bacteria to penetrate the eggshell.

Eggs don’t have to be refrigerated in Mexico, even though they are in the Largest insurer of Vehicles in Mexico and include:

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Fish Report

BY GARY GRAHAM

Cabo San Lucas
Here are the numbers at a glance: billfish 50%, tuna 31%, dorado 4%, other species 12%. Because of Tropical Storm Bud, the port was closed Wednesday through Friday. Before that, the fishing was pretty decent. Still a good marlin bite, and more tuna than seen previously. When the port opened, fleet boats caught a lot of fish, with tuna numbers continuing to grow immensely. We’re hoping this storm may bring a few more mahi-mahi around, as we’ve only seen one Sunday-Tuesday thanks to the moderate crowd of anglers in town and Tropical Storm Bud. Red flag conditions swiftly closed all port operations. There were scores of world-class surfers in San Jose for the Los Cabos Open of Surf, and even this professional surf contest was postponed due to the heavy storm swell conditions of up to 20 feet.

After the storm, fishing started out much the same with striped marlin action being the most consistent. This was near the Iman and Desteladeros. There were also scattered reports of tuna moving with purpose farther offshore from Cabo San Lucas—mainly smaller fish, but proving to be hit or miss. Before the storm arrived, there was a flurry of missed wahoo strikes on trolled lures reported, some lost right at gaff. Dorado were absent as well.

The fishing started off with sporadic shallow water bottom catches. Increasing swells and currents made this option more difficult, though a few were caught, including one 60 pound broomtail grouper, bared pargo weighing around 15 pounds, and leopard grouper of over 20 pounds. A mix of yellow snapper, pompano, and surgeonfish rounded out the structure bite.

We had early charters that released roosterfish in the 75 pound range. These were found near El Cardon. Some nice-sized amberjack were seen close to shore in the same area, but hookups were lost to the rocks. Expectations are high that the next few weeks could bring big opportunities for roosterfish, dogtooth snapper, and amberjack.

East Cape
Water: 75-78; the storm cooled the water down 5 to 7 degrees following Hurricane Bud.
Air: Clear, cooler and gloriously this week. Fortunately, Tropical Storm Bud, which passed directly over the East Cape, turned out to be a dud. There were light winds to 20 mph, and maybe an inch of rain. There were lots of billfish around before the storm, but afterward it has been all about yellowfin tuna and roosterfish.

Four boats went out, and all anglers caught limits of yellowfin tuna. One super panga fishing for live bait for roosterfish off the beach in front of the lighthouse took limits of yellowfin from 30 to 64 pounds. About 20 miles outside of Pulmo Park, anglers limited on football-sized tuna. Dorado were plentiful before the storm. They shall return.

We’re seeing big roosters together with huge pargo. Two pargo this week were more than 30 pounds! Roosters are along the beaches, at the lighthouse and all the usual places. Inshore fishing has been good, and fishing will likely get better as water temperatures creep back up to normal.

La Paz
The story of the week was “Hurricane Bud,” the storm that was...or was not!

The week started well with a continuation of some great fishing for both Las Arenas and La Paz Fleets. Nice sizeable 30 to 80 pound tuna from the north end of Cerralvo Island continued to bend rods, test wills, and break hearts at the same time. Marlin started to show including our first blue of the season, an estimated 300 to 350 pounder. Additionally, nice dorado, amberjack, and even yellowtail kept the variety going.

For the La Paz Fleet, inshore fishing for snapper, pargo and huge cabrilla continued unabated, plus legs to 25 pound schools of dorado were great for some of the families and newcomers.

Then, Tropical Storm Bud decided to crash the party. Everyone watched Bud as it slowly and ominously approached. Big

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Fish Releaser Of The Week

From Arkansas, Tim Weaver is a superior court judge. He had caught small tuna before, but “This one did a number on me! Had no idea they were this strong!” he said when he reeled it in. Note the rocks in the background.
Please, Please Me!

KIBA

If you are like the Beatles and need some pleasing, Kiba, this four-year-old lab cross, is your gal. She’s an absolute delight to handle, always attentive to your command and kindhearted companion should come to the LCHS and find out if Kiba is the one.

KENNEDY

There appears to have been a population explosion in the tabby cat gene pool. What are the chances someone will choose this little rapscallion over all the others? Should there be a five for the price of one promotion? All we know is that even tough tabbies may not be as flashy looking as some other gatos, they are smart and sweet natured felines.

We need volunteers
No one can do everything, but everyone can do something! Please call (624) 105 2209 or visit www.LosCabosHumaneSociety.com to help.

What Running Your DNA Can Do For You

The short answer: Plenty

Spa Cielo has for all of its 12 years in San Jose, been forward thinking in cutting edge preservation of youth and good looks. But now owner/manager Cathy Dammann is branching into the use of recent developments in DNA technology to guide us into being as healthy and feeling as good as she has made us look.

She can guide you into how to run your DNA, and the doctor who heads her program, Dr. Joseph Dib, reviews your entire DNA report with you, interpreting it for you so you know what you’ve got cooking in your genes.

But the value in knowing your DNA is, oftentimes the doctor can get into a gene that has run amuck compensate for it. It is a little scary to peek into the future and see your potentially gravely ill self, but wouldn’t it be worth that fright if it can be fixed? Or even if it can’t be fixed today, to know that technology is coming at us so fast, that it will probably be fixable in a few years, and that you will watch for that development?

You owe it to yourself to run your DNA now. Your future self, and your loved ones, will thank you.

Ask a Mexican

This week we asked: Do you like eating entrails and other less common parts of animals?

Jose Uriz, 43, driver
Oh no. I hate the fact that when you walk around at night, you can smell frying tripe anywhere you go. I don't understand how so many people love to eat those parts, but my father loves eyeball tacos! I have the worst image of him chewing it and grease coming down his chin, so maybe that's part of the reason. The most adventurous food I've eaten is crickets and I didn't hate them, but I don't think I would eat them again.

Mirna Madrigal, 42, housewife
Of course I do! They get a bad reputation because of the strong smell, but the taste is nowhere near as bad as the smell. I personally love menudo after a long night, and it is just the right thing to eat. It makes my stomach so happy and that makes me happy at the same time. The fact that entrails are so cheap, hearty, and healthy makes them even more appealing to me, which is why I don't understand why some people hate them. Maybe they have never really tried them.

Hugo Acosta, 43, manager
I do, but I have not always liked them. When I was young, my mother would cook a special dish that everyone loved and it had liver, heart and lungs all finely chopped together. So I ate that happily not knowing what was in it, until one day I saw my mom prepare it. That is when I started hating entrails. But she wouldn't let me hate them and she made me eat her dish and then started making me help her prep it until one day she took me to a taco place that only served entrails tacos and I had no choice. I can relate to those who hate them, and I can say for sure they should give entrails a second chance.

Miriam Juarez, 28, teacher
I do not like them at all. Plus, I have read that entrails are too fatty. I think the people who eat them are the same who don't care about their diet. When I see the entrails in the market, all I can think of is the functioning organ. But the thing I hate the most are feet. Pigs feet are the worst. I mean, pigs walk around their pens and they're not clean, you know? Even if you wash them and brush them, it just makes me nervous.

Luis Boris, 18, unemployed
I don't hate them, but I don't love them. I mean I can eat a meat taco that has something chopped in it, like lung or heart, and I won't pick it out, it tastes okay. I am a huge fan of cuernitos, though I suppose that is a little unconventional. The pigs skin is cleaned and then pickled, and it tastes so awesome and it's so crunchy. Mexico has a long-standing tradition with eating every single part of the animals we consume, and I think that is awesome.

Guadalupe Juarez, 22, student
Oh, I hate them. I can't even go near moronga which is a blood sausage. It smells great and my aunt is known for her moronga dish, but I just can't bring myself to eat it. Sometimes even eating meat is a little hard if I think about it too much, it feels a little ridiculous but that is honestly how I feel. My dad mocks me and sometimes grabs a pig's nose when we are at the market and puts it on his face like a clown. It just grosses me out.

Are Stem Cells Right For You?

Stem Cell Therapy.
Stem cell therapy is a treatment where stem cells that are derived from the patient's fat cells and bone marrow, or from a donor, are injected into the damaged area. These cells naturally supplement the body's stem cells to increase the body's potential to regenerate and repair diseased or damaged tissue and help the injury heal much faster.

People who may benefit from stem cell therapy include those suffering from osteoarthritis and other degenerative diseases of the joints, spinal cord injuries, diabetes, Parkinson's disease, Alzheimer's disease, facial rejuvenation and anti-aging, erectile dysfunction and many other conditions. Saint Luke's Hospital has researched and developed many procedures where they can apply stem cell therapy with significant results and have received numerous testimonials of excellence.

Degenerative Diseases of the Joints.
If you suffer advanced arthritis of one of your joints, chances are you may develop arthritis in other joints of your body. Depending on the severity of the condition, and if you are seeking a long-term or permanent treatment, we recommend the following procedure for treatment of degenerative diseases of the joints: 1 to 2 doses of 16 million stem cells combined with platelet-rich plasma injected into the affected joint, and 4 to 6 doses of 16 million stem cells given intravenously to provide relief of pain and to treat arthritic joints of the body.
Spanish for Gringos
If you can't get these, there may be no hope for you

Here's a sneaky way to learn a whole bunch of Spanish words: cognates! Cognates are words that look and mean the same thing in both languages, so these words are pretty easy to remember when you're learning a new language because you'll recognize its likeness to its English counterpart.

For example, adventure in English means the same as aventura in Spanish. Easy, right? Below is a list of common Spanish-English cognates and how to pronounce them properly, including which syllables to emphasize. (A-ven-tu-ra, with an emphasis on the third syllable, is the pronunciation for the example here)

Beware of false cognates. Nothing is going to make you sound sillier than throwing one of these tricky words into the mix at the wrong time. A false cognate is a Spanish word that looks or sounds similar to an English word, but means something entirely different.

Spanish. Easy, right? Below is a list of common Spanish-English cognates and how to pronounce them properly, including which syllables to emphasize. (A-ven-tu-ra, with an emphasis on the third syllable, is the pronunciation for the example here)

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Looking for an all-inclusive day pass to make you happy? Live Like a Tourist with an all-inclusive day pass.

BY SANDY CHEEKS

With summer hitting us full force, it may be tempting to stay inside and cling to the beloved A/C all day everyday, because what is one to do around here other than get a sunburn or sweat your you know what's off outside? For those of you looking to get out and do something but don't know what to do or where to do it, check out the list below (this is not an exhaustive list) with resorts in the area that offer all-inclusive day passes. All prices are in USD and include food, drinks, and pool access until sundown. Call the hotel directly to purchase a day pass, as they are not available for purchase online.

**Riu Palace** - $104, TEL: 624 146 716. They never shut off their beer taps, even in the middle of the night. Good place to go.

**Barcelo Gran Fato in San Jose** - $45, TEL: 624 142 9292

**Tesoro** - $50, TEL: 624 173 9300. That's the downtown kind of dumpy place but their pool and restaurant on the third floor over-look the marina is first class. **Bahia Hotel (SUR Beach House)**: $25 min consumption for the pool at the hotel and $50 min consumption for the beach restaurant they call Sur. This is a couple blocks away and is on Medano Beach. TEL: 1 866 224 4234

**Breathless** - $84, TEL: 624 104 9500. Loud DJ music, pool is a little crowded but there are fun pool games to play. Also, third floor overlooking the beach and arch.

**MEXICAN COOKING... continued from page 21**

**What’s It Take To Make You Happy?**

I can do that

**SHIVA**

Two-year-old Labrador-Pitbull mix with black and white chest waiting for her new home. Shiva was thrown out of her house after her owners moved out. She was found in pretty good shape but very thin, roaming the streets of San Jose. Shiva is at our shelter and getting along well with her fellow doggies, but she's ready to find her forever home.

**HULA**

Two-year-old Labrador-Pull mix with brown hair. Hula has been in a for-ter care program for the last two months and wants to find a new home soon. She gets along well with other dogs and still has puppy-like energy.

**FISH REPORT... continued from page 27**

**MEXICAN COOKING... continued from page 21**

looking the marina is first class.

Once the meat is cooked, allow it to cool enough to handle with your bare hands. This is when you remove the outer layer, which has a funny consistency and isn't very tasty. If this step is a little challenging or just grosses you out, you can use tongs. Finely chop the meat.

Boil the tomatillos in a pot with just enough water to cover them. The time depends on their size, but when they turn a little duller in color and are tender when picking up with a fork, they’re ready.

In a blender, combine toma-tillos, onion, garlic, cilantro, and chiles with a pinch of salt. Do not add water! We want this to be a serving salsa, and tomati-llos have a LOT of water in them naturally. Now, if you have a molcajete, and I would be so proud if you did, you can make the salsa there. I'd just chop the ingredients a little, to help you make it easier.

Heat up the tortillas (in a Comal it's always better, but really whatever flat pan you have will work). For lengua tacos I personally loooove my tortillas crunchy because the meat is so soft and tender! Assemble your taco. Add onion and cilantro, a little lime, salsa, and maybe just a sprinkle of salt and enjoy!

**Pro tips**: Feed this to your friends and, after they praise your cooking and are done eating, tell them it was tongue!

**HOW COME MEXICANS DON'T... continued from page 30**

orange. This color change and improved vitamin content is directly related to the quality of food the hen consumes, with chickens who are just tossed out of food the hen consumes, with chicken. The hens scratch for worms and bugs, while also eating vegetation, and grains. It's considered by many to be the best diet for chickens. And it makes the yolks orange.

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